



Arrowhead Ranch Outdoor Science School

MEDICATION AUTHORIZATION

ALL STUDENTS MUST TURN IN THIS FORM WITH APPROPRIATE SIGNATURE(S)

This form authorizes administration of medication while a student attends Arrowhead Ranch Outdoor Science School. The parent/legal guardian must have legal custody of the student named below to sign this form. See reverse for instructions.

Name of Student _____ School _____ District _____

Medication(s) to be dispensed daily
(Prescription and Nonprescription)

Name of Medication	Dosage	Purpose	8:30 AM	1:00 PM	5:30 PM	9:00 PM
1.						
2.						
3.						
4.						
5.						
6.						

The student will be given the nonprescription medication(s) approved by the parent/legal guardian that are on the reverse side of this form, if needed.

Reactions that need to be reported to the physician, special instructions for both prescription and nonprescription medication, and/or if the student needs their medication(s) other than the time indicated in the above box please document that here.

For student's that require an inhaler and/or epinephrine pen, the adult that is responsible for that student will have it on their person at all times. At no time will the inhaler and/or epinephrine pen be away from the student.

I, the undersigned, as the parent/legal guardian of _____ request that the medication(s), both prescription and nonprescription, indicated above be administered to my child in accordance with my physician's instructions. I will notify Arrowhead Ranch Outdoor Science School immediately if I change physicians or if the medication is changed.

Please sign ONE of the options below:

Option #1: My child will NOT have prescription medications at camp, but may receive OTC medicine from the camp medical officer if needed while under the camp's care:

Parent/Legal Guardian's Signature _____ **Date** _____

Parent/Legal Guardian's Name (Please print) _____ Phone () _____

Option #2: My child will have prescription medicine at camp and may receive OTC medicine from the camp medical officer if needed while under the camp's care:

Parent/Legal Guardian's Signature _____ **Date** _____

Parent/Legal Guardian's Name (Please print) _____ Phone () _____

Physician's Signature _____ **Date** _____

Physician's Name (Please print) _____ Phone () _____

Instructions Regarding Prescription and Nonprescription Medications

All medication (prescription and nonprescription) must be in the original container. The prescription container must be clearly labeled with the following information:

- 1) **Student's name**
- 2) **Physician's name**
- 3) **Name of medication**
- 4) **Dosage (how much and when)**
- 5) **Expiration date**

Please send enough medication for two extra days in case of emergency, accidental loss, or damage.

Give the medication(s) and this form to the school for delivery to Arrowhead Ranch Outdoor Science School health services technician. **Do not pack medication in student's luggage.**

Herbal or homeopathic remedies, and other similar supplements require the same written authorization, **including a physician's signature.**

It is not necessary to send the medications listed below unless the student takes them on a regular basis.

The following nonprescription medications are available at Arrowhead Ranch Outdoor Science School. A physician has authorized Arrowhead Ranch Outdoor Science School to administer these medications as needed. If you gave your approval on the Medication Authorization form, the student will be given these medications, if needed.

Arrowhead Ranch Outdoor Science School administers the generic equivalent of these medications unless otherwise indicated below.

ANALGESIC

Ibuprofen LIQ & TAB
Acetaminophen LIQ & TAB

INDIGESTION/DIARRHEA

Antacid/anti gas LIQ & TAB
Anti-diarrhea TAB

MOUTH

Oral Pain Reliever
Sore Throat Spray
Throat Lozenges
Dental Wax

TOPICALS

Antibiotic Ointment
Antiseptic Towelettes
First Aid Antiseptic Pain Reliever
Anti-itch Lotion
Cortisone Cream
Mentholatum
Rid (lice treatment)
Rubbing Alcohol
Burn Relief Cream
Sting Relief (Benzocaine)
Sun block
Petroleum Jelly

COLD/ALLERGY

Antihistamine LIQ & TAB
Decongestant LIQ & TAB
Cough Suppressant and/or
Expectorant

CONSTIPATION

Milk of Magnesia

EYE

Eyewash
Eye Drops

Outdoor Science School Information

Arrowhead Ranch Outdoor Science School operates out of two facilities in the San Bernardino Mountains. Site elevations range from 4,000 to 7,000 feet in typical forested and chaparral mountain terrain. Arrowhead Ranch Outdoor Science School involves students in a variety of activities in all weather conditions including rain, snow, and ice. Students stay at Arrowhead Ranch Outdoor Science School for four or five days. Access to a physician and/or hospital could be delayed in excess of one hour due to the remote locations of the school sites. Road closures due to adverse weather conditions could make access to a medical facility difficult or impossible. Arrowhead Ranch Outdoor Science School employs a licensed health care provider on site 24 hours a day. Medications may be administered by the nurse or other designated Outdoor Science School staff member. (Education Code Section 49423).

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