

# H1 2026 Monthly Learning Menu SLACK Messaging

## Send Out First Monday of Each Month

### What Learning Menus Are

Our monthly Learning Menus are bite-sized, “pick what you need” collections of resources designed for busy teams. They focus on one practical theme at a time, so you can quickly find something relevant & put it to work the same day.

### Why We Do Them

Each menu is timed to support real activations & priorities in the business, giving you ideas, tools, & skills you can use right now. They’re built for all levels, from early-career to leaders, to make continuous growth feel doable & straightforward.

### How To Use Them

Skim the menu, click into 1–2 resources that catch your eye, and try one idea in an upcoming meeting, project, or conversation. No long courses, no sign-ups - just quick, focused learning to keep you sharp & inspired.

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### 2026 Calendar of Learning Menus | When to Share

| Q1 2026         | Q2 2026          | Q3 2026           | Q4 2026         |
|-----------------|------------------|-------------------|-----------------|
| Monday, Jan 5th | Monday, Apr 6th  | Monday, July 6th  | Monday, Oct 5th |
| Monday, Feb 2nd | Monday, May 4th  | Monday, Aug 3rd   | Monday, Nov 2nd |
| Monday, Mar 2nd | Monday, June 2nd | Tuesday, Sept 8th | Monday, Dec 7th |

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### January 2026 | Feedback:

Link: <https://talentlablive.aflip.in/Jan2026OSLearningMenu>

- This month's [Learning Menu](#) is all about **FEEDBACK**: why people crave it, how to give it (up, down, & laterally), & how to use it to grow.
- Take 5–10 minutes to click into the resources, save your favorites, & try one idea in your next project or conversation.

### February 2026 | Career Conversations:

Link: <https://talentlablive.aflip.in/feb2026OSLearningMenu>

- February's [Learning Menu](#) focuses on better **CAREER CONVERSATIONS**, from questions to ask your manager or your direct report to getting more from year-end reviews.
- Dive into the links, pick one or two resources, and use them to spark an important career conversation this month.

### March 2026 | Career Conversations:

Link: <https://talentlablive.aflip.in/March2026OSLearningMenu>

- March's [Learning Menu](#) is centered on making your **1:1s MORE EFFECTIVE** (for both managers & their direct reports), with templates, conversation starters, & quick tips.
- Open the menu, explore the resources, & test one idea in your next 1:1.

### April 2026 | Emotional Intelligence:

Link: <https://talentlablive.aflip.in/Apr2026OSLearningMenu>

- This month's Learning Menu is all about **EMOTIONAL INTELLIGENCE**: building self-awareness, reading the room, & responding (not reacting) under pressure.
- Skim the menu, click into a resource like the *Insight Quiz* or “Top 11 Signs of Emotional Intelligence,” and try one idea in your next meeting or client conversation.

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### May 2026 | Trust:

Link: <https://talentlablive.aflip.in/May2026OSLearningMenu>

- This month's Learning Menu focuses on **BUILDING TRUST**: from the "Speed of Trust" principles to practical tools like the Trust Battery Exercise & Action Plan.
- Browse the menu, click into one or two resources, and apply an idea to strengthen team dynamics in your next project or interaction.

### June 2026 | Active Listening:

Link: <https://talentlablive.aflip.in/June2026OSLearningMenu>

- This month's Learning Menu is all about **ACTIVE LISTENING**: noticing non-verbal cues, staying present, & making people feel genuinely heard.
- Skim the menu, click into a resource like "4 Signs of a Great Listener" or "Mehrabian's Model of Communication," and apply active listening in your next meeting or client call.