

# Writing Your Personal Mission Statement

Do you have a clear mission or purpose in life right now? Do you know who you are and what is important to you? What your values are and how you define success?

Writing your personal mission statement is an excellent way to generate a framework for defining what you want out of life. It will act as your life's roadmap and can positively influence all of your thoughts, decisions, habits and goal setting.

Your mission statement should be short...only one sentence and should reflect your greatest passion and what you believe your long term life purpose is.

## A few prompts to get you started:

\* What brings me happiness in life?

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\* What major goal(s) am I trying to achieve?

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\* What are my priorities, interests and passions in life?

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\* What is really important to me?

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\* What three words describe my ideal self...the three words that define the best of who I am?

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## Now write out your personal Mission Statement using the answers from above:

Example: I want to live a happy life filled with love, surrounded by people who love me equally.

Need more help? Let's set up a 30 minute introductory call.

\* *be terrific*

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