

HAYS CROSS COUNTRY

First day of mandatory, Monday through Friday workouts is Monday, July 29, 2019. Practice will be 6:30a – 8:30a until the first day of school. Then the practices will remain before school but will times will be adjusted to accommodate the school bell schedule.

There will be optional summer group runs. Those dates, times & locations are TBA.

Feel free to contact Coach Hightower at traci.hightower@hayscisd.net to let her know your child's interest in cross country. She will be holding an informative parent meeting in May, so it would be a good idea to get on her email list.

HAYS SWIMMING

Please note that tryouts for Rebel Swimmers for 2019/2020 school year will be at the Y on May 17th.

As soon as Coach Clary has outlined the criteria, I will pass it on.

If you would like to be added to the email roster for notifications, please forward your current email to me: trish@tdg-texas.com and I'll add you to the list.

Kind regards,
Trish Miller

HABC Swim Coordinator

SUMMER CALENDAR OF IMPORTANT DATES FOR HAYS REBEL FOOTBALL!!!

REBELS POWER CAMP

JUNE 10– JULY 26 HAYS REBELS POWER CAMP
(MON-THUR; Also Fri July 12 & 26) 7:45 – 9:45 a.m.

10th, 11th, 12th. 9:45 – 11:45 a.m. 7th, 8th, 9th

(Excluding July 4,8,9,22,23) *** FOR ALL ATHLETES GRADES 7-12 ***

REBELS FOOTBALL CAMP

JULY 29 – AUGUST 1 FOOTBALL CAMP
(MON-THUR) 8:00 – 12:00 a.m.

*** FOR INCOMING 7TH, 8TH & 9TH GRADERS ***

EQUIPMENT PICK UP & LOCKER CHECK

AUGUST 1 EQUIPMENT PICK UP & LOCKERS
(THUR)

*** MANDATORY PARENTS MEETING***

AUGUST 1 6:30 P.M.
(THUR) ALL PARENTS OF FOOTBALL PLAYERS GRADE 9 - 12

HIGH SCHOOL FOOTBALL PRACTICES

*** FIRST DAY OF PRACTICE – AUGUST 5th ***

GRADES 9 – 12

SEE PRACTICE SCHEDULE FOR DETAILS

PICTURE DAY & SCRIMMAGES

AUGUST 10 (SAT) INTER-SQUAD SCRIMMAGE: 9:00 a.m. – 12:00 a.m.

AUGUST 16 (FRI) SCRIMMAGE at SEGUIN: Times TBA

AUGUST 17 (SAT) VARSITY, JV & 9th PICTURES: 9:00 a.m. – 12:00 a.m.

AUGUST 21(WED) RED & BLUE: 7:30 – 9:00 p.m.

AUGUST 23 (FRI) SCRIMMAGE at HENDRICKSON: Times TBA

GAMES BEGIN

AUGUST 29/30 (Thur/Fri) *** FIRST GAME vs SAN MARCOS ***



HAYS REBELS FOOTBALL 2019



2/11/19

SCRIMMAGES

Aug. 10 (Sat)	Inter-Squad Scrimmage		9:00 am
Aug. 16 (Fri)	SEGUIN	Seguin	4:30 pm
Aug. 23 (Fri)	PFLUGERVILLE HENDRICKSON	Pflugerville	4:30 pm

VARSITY

<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
AUG. 30	SAN MARCOS	Home	7:30 P.M. *Senior Parent's Night
SEPT. 6	DRIPPING SPRINGS	Away	7:30 P.M.
SEPT. 14	OPEN		
SEPT. 19 (Thur)	*AUSTIN ANDERSON	Away (Nelson)	7:30 P.M.
SEPT. 27	*AUSTIN BOWIE	Home	7:30 P.M. *Future Rebel Night
OCT. 3 (Thur)	*AUSTIN AKINS	Away (Burger)	7:30 P.M.
OCT. 11	*AUSTIN HIGH	Home	7:30 P.M. *Homecoming
OCT. 18	*LEHMAN	Away	7:30 P.M.
OCT. 25	*AUSTIN WESTLAKE	Home	7:30 P.M. *Band-O-Rama
NOV. 1	*AUSTIN LAKE TRAVIS	Away	7:30 P.M.
NOV. 8	*DEL VALLE	Home	7:30 P.M. *Armed Force / Public Service / Faculty Night

FRESHMEN

JV

AUG. 16	(Scr) SEGUIN	4:30	(Scr) SEGUIN	4:30
AUG. 23	(Scr) HENDRICKSON	4:30	(Scr) HENDRICKSON	5:30
AUG. 29	SAN MARCOS Home	5:30 & 7:00	SAN MARCOS	Away 5:30 & 7:00
SEPT. 5	DRIPPING SPRINGS	Away 5:30 & 7:00	DRIPPING SPRINGS	Home 5:30 & 7:00
SEPT. 13	OPEN			
SEPT. 18 (Wed)	** ANDERSON	Away 5:30 & 7:00	** ANDERSON	Home 5:30 & 7:00
SEPT. 26	** BOWIE	Home 6:00 & 7:30	** BOWIE	Away 6:00 & 7:30
OCT. 2 (Wed)	** AKINS	Away 6:00 & 7:30	** AKINS	Home 6:00 & 7:30
OCT. 10	** AUSTIN HIGH	Home 6:00 & 7:30	** AUSTIN HIGH	Away 6:00 & 7:30
OCT. 17	** LEHMAN	Away 5:30 & 7:00	** LEHMAN	Home 5:30 & 7:00
OCT. 24	** WESTLAKE	Home 5:30 & 7:00	** WESTLAKE	Away 5:30 & 7:00
OCT. 31	** LAKE TRAVIS	Away 5:30 & 7:00	** LAKE TRAVIS	Home 5:30 & 7:00
NOV. 7	** DEL VALLE	Home 5:30 & 7:00	** DEL VALLE	Away 5:30 & 7:00