



Lawton Office: 580-248-6450

2501 SW E. AVE
Lawton, OK

Duncan Office: 580-606-6719

725 W. Walnut
Duncan, OK

Administrative Office: 580-250-1123

317 SW C Ave
Lawton, OK

Outpatient Mental Health and Substance Abuse Services

Clinical Director: Linda Gillispie, MS, LPC-S

- We offer ***Individual and Family Counseling*** for mental health. We accept Medicaid or SoonerCare. Counseling is free to children, 18 and younger, and their families. For adults, we have a sliding scale based on income that starts at 10.00 per session.
- Anyone can call to set up counseling. No referral from a doctor or anyone else is needed.
- An additional service we offer is our APSB group which stands for ***Adolescents with Problem Sexual Behaviors Group***. This is a program accredited by the Child Study Center in OKC.

****Marie Detty Duncan office only****

- This location covers Jefferson and Stephens Counties.
- **Individual Outreach** is provided to children ages 5-18 to address social skills, coping skills, or anger management skills.
- We offer substance abuse counseling at this location.
- **UA Drug Testing** is offered for a \$20.00 fee.
- **Substance Abuse Assessments** are offered for a fee of \$100.00.
- **Drug Court** is offered and is only available by referral from the Stephens/Jefferson County Drug Court Judge.

Prevention Classes *Lawton & Duncan*

- **Parenting Classes:**
 - The curriculum is called "Active Parenting."
 - It is five weeks long at 90 minutes per week.
 - \$20.00 registration fee to sign up for the class. This is nonrefundable.

- ***Anger Management Classes:***

- This is from a curriculum that came from SAMHSA (Substance Abuse & Mental Health Services Administration)
- It is five weeks long at 90 minutes per week.
- \$100.00 cost for the class.
- \$20.00 registration fee for those who are being funded through OJA (Office of Juvenile Affairs)

CARS (Community At Risk Services) *Lawton & Duncan*

CARS counselors provide counseling to kids who are on probation or in OJA custody.

- All referrals only come from the Juvenile Bureau or OJA
- CARS counselors work on issues like decision making, substance abuse prevention, goal setting, improving family and peer relationships, coping skills, and anger management.

In Step Program *Lawton & Duncan*

It is a very successful, evidence-based program designed to reduce risky behaviors by teens.

- This program is also offered free of charge through funds provided by OJA.
- It is a curriculum-based program that must include a teen and a parent, guardian, or responsible adult.
- The program takes place over the course of 12 hours,
- Typically held 2 Saturdays at 6 hours each

True North Mentoring Program *Lawton & Duncan*

Our mentors try to instill positive values in kids by acting as examples. They advocate for kids with schools, parents, teachers, OJA workers, and DHS workers. The main goal of the program is to connect kids to people or activities in their communities to strengthen in order to continue positive behavior and decision-making after the client is discharged from the program.

- Mentoring is a free service and is paid for by funds from OJA.
- We have mentors for both males and females, ages 11-18.
- Mentors work with kids on positive activities like music, crafts, sports, etc. Mentors also assist kids in getting ID cards, studying for permit tests, getting back into school, getting a job, etc.

Botvin Life Skills Classes *Lawton & Duncan*

Botvin Life Skills is an evidence-based curriculum used to provide life skills classes in the schools covering topics like tobacco and alcohol use, violence, drug use, nutrition, health, and bullying.

- These classes are paid for by funds from OJA.
- Botvin Life Skills curriculum is used to provide life skills classes in schools mostly in Jefferson and Stephens Counties. We have had two classes at the alternative schools in Lawton and classes at JDC in Lawton as well.

RFA (Resource Family Assessments)

Central to Southwest Oklahoma involving 22 Counties

These comprehensive assessments are completed by contract workers for Marie Detty from different counties all over Southwest Oklahoma.

- We are contracted by DHS to provide these assessments to DHS for them to make informed decisions about who can become a foster parent.
- We can only accept referrals for these home studies through DHS. We do not do private home studies.
- These studies are extremely thorough and cover all aspects of the applicants' lives including physical and mental health, finances, state of home, marital history, etc.

Gang Intervention Program *Lawton*

Gang Intervention Street Outreach Professional: Brian Pack, BS

Office: 580-250-1123 ext. 111 Cell: 580-917-3075

Encouraging youth to make better decisions about life choices and avoid gang activity. Creating safer neighborhoods begins with information and awareness. Marie Detty Youth and Family Service Center and the City of Lawton have teamed up to develop a program designed to help the youth of our communities to avoid the negative consequences of gang involvement.

- Offering and connecting youth with healthy activities.
- Enhancing opportunities for education and employment.
- Mentoring youth to empower and motivate them to be successful.
- Informational presentations designed to inform parents, educators, pastors, employers, and any other interested community member.
- Reach out to Brian Pack for information or to make a referral to the program.

TSET Successful Futures *Lawton & Duncan*

The Oklahoma Association of Youth Services (OAYS) partners with the Tobacco Settlement Endowment Trust (TSET) through their Healthy Future Initiatives to provide support to children and youth grades three through eight in making healthy life choices through tobacco prevention, healthy lifestyles/nutrition, activity, life skills, and character education.

The Successful Futures Program is based on the 40 Developmental Assets Framework, an evidence-based model widely used nationally for developing strong and healthy youth. Created by Search Institute, a national non-profit organization, the framework focuses on cultivating healthy relationships, opportunities, and personal strengths.

Services include but not limited to:

- Leading activities and games in gym classes to promote physical health.
- Stepping into classrooms, utilizing lesson plans that focus our core metrics with relevant learning opportunities.

- Providing specialized support in both special education and regular classrooms to foster decision-making skills.
- Designing and implementing programs to improve educational success and strengthen student's connection to the school.
- Providing stimulating camps for children during winter, spring, and summer breaks.

These initiatives are not just about academic achievement; they are about shaping well-rounded, emotionally intelligent individuals who can navigate the complexities of today's world with confidence and empathy. We are excited to collaborate and tailor our approach to meet the specific needs of Oklahoma's educational community within the scope of our contract. Rest assured, there will be no financial burden on the school or district for these services. We are confident this initiative will significantly benefit the students, families, and community of our local schools statewide.

Parents as Teachers (PAT) *Comanche County*

Parents as Teachers Program Manager: Amy Arceneaux LaFleur, MS

Office: 580-250-1123 ext. 105 Cell: 337-302-0720

Parents as Teachers is a home visiting program. We believe parents are their children's first and most influential teachers. PAT provides free home-based services to families designed to reduce parental stress, promote health, improve parent-child relationships, and offer child developmental screenings.

The PAT program serves families from 28 weeks prenatal through age 6. We provide two home visits per month and resource connections including help with diapers, formula, wipes, and food box deliveries.

Services include but not limited to:

- Flexible, In-Home and Virtual visits
- Child Development and Caregiver Health Screenings
- Referral Network to Community Partners
- Activities to Promote School Readiness
- Opportunities to Connect With Other Families

Residential Services – All Located in Lawton

Children's Emergency Resource Center (CERC)

Phone: 580-248-6450

Location: 2501 SW E Ave

Program Director: Dwight Shegog, MS

Provides emergency supervised care 24 hours a day, 7 days per week for males and females ages 12-17 years old. **Referrals are accepted from DHS and Law Enforcement.** LPD may also refer families who are in crises if a "cooling off" period is needed for up to 72 hours. While at CERC the youth will have access to individual and group counseling, case management, recreation activities, health screenings, life skills training, and crisis intervention services. Every young person staying at the shelter attends public school. Can be utilized by law enforcement as a temporary safe place (up to 24 hours) for juvenile offenders until a parent or guardian arranges pickup.

Parker Pointe Girls' Group Home

Phone: 580-248-6470

Location: 811 SW 17th Street

Program Director: Roxanne Wiseman, BS

Parker Pointe is a Qualified Residential Treatment Program (QRTP) for teenage girls between the ages of 13-17 that need long-term care and treatment. These girls are in states custody and **all referrals come from the Department of Human Services.** Collaboration with family and encouraging their involvement is a core component of the Parker Pointe program. While in the group home, the girls are engaged in individual and group counseling, recreational activities, Independent Living Skills, social and basic living skills groups. Education services are provided on site for those not enrolled in public school. Our goal is to help transition the teen into foster care or reunification with family. Teens are eligible for services until they turn 18 and age out of states custody.

New Directions Domestic & Sexual Violence and Stalking Services

Location: Not Given out for Safety

Phone: 580-357-6141

Program Director:

Hotline: 580-357-2500

ESG : 580-250-1794

36 bed shelter for women, men and their children who are survivors of domestic violence, sexual assault, and stalking. New Directions also has a climate-controlled **pet shelter** on site that allows survivors to bring their pet to a safe place. While in shelter, survivors have access to **individual and group counseling, advocacy, legal aid services, and case management.** The **Youth Advocate** offers resources and services to the children in shelter that promote safety, understanding, and healing. New Directions has a **Court Advocate** in the Comanche County Courthouse that provides advocacy and support for protective orders. Non-residential services are also available to survivors, free of charge that include case management and counseling.

Marie Detty New Directions has a **Sexual Assault Response Team** that consists of staff and volunteers that offer crisis intervention, advocacy, and support 7 days a week 24 hours a day to those that have

been victimized by sexual violence. These advocates go directly to the hospital, etc. and meet rape survivors to provide support, referrals, and information to survivors and family members.

Emergency Solutions Grant (ESG) funds allows New Directions to help shelter clients moving into their own housing. **Rent, deposits, and utilities** (current and previous balances) can be paid with ESG funds. These same funds are also available to any person living in our community that is at risk of eviction (becoming homeless) or having their utilities disconnected. Guidelines and requirements that are set by the Oklahoma Department of Commerce (ODOC) and HUD (United States Department of Housing and Urban Development) must be met to be eligible for this assistance. The Case Manager at New Directions conducts an intake to assess for eligibility. Call 580-250-1794 for ESG availability and questions.