



Demographic & Insurance Information Child Intake

Name: _____ Phone(h): _____
Age: _____ DOB: _____ Sex: _____ Phone (c): _____
SSN: _____ - _____ - _____
Address: _____

Email (parent): _____
Emergency Contact: _____ Phone: _____
Email: _____
Address: _____

Relationship to Patient: _____

Tranquil Healing Center, PS requires that ***all*** insurance coverage be pre-verified (3 business days) prior to providing insurance billing service for you. If verification has not been completed ahead of your appointment time, we will provide documentation of your visit to submit to your insurance company.

Insurance Information (primary)

Insurance Name: _____
Subscriber #: _____
Group #: _____
Plan Name: _____
Insured Name: _____
Relationship: _____ SSN of Primary: _____ - _____ - _____ DOB: _____

Insurance Information (secondary)

Insurance Name: _____
Subscriber #: _____
Group #: _____
Plan Name: _____
Insured Name: _____
Relationship: _____ SSN of Primary: _____ - _____ - _____ DOB: _____

Name: _____ DOB: _____ Date: _____

Guarantor (person who is financially responsible):

Name: _____ DOB: _____ Gender: M F other

Phone: _____ SSN: _____ - _____ - _____

Address: _____

Email: _____

Relationship to Patient: _____

Financial Responsibility Agreement

Please initial each statement on the line provided in addition to signing and dating on the lines at the bottom of the page.

I understand and agree to the following general responsibilities:

- I am responsible as the patient or patient's guarantor for full payment of services rendered at the time of service, including office visit fee, in-office lab test or procedures, medications administered, send-out labs, outstanding balances from previous visits/ services, and the \$3.00 insurance billing fee (if Tranquil Healing Center, PS is billing your insurance). _____
- I am responsible for providing all accurate and thorough documentation required to support any discounts I am receiving. _____
- I acknowledge that I am financially responsible for all charges. If it becomes necessary to effect collections of any amount owed on this or subsequent visits, the undersigned agrees to pay for all costs and expenses, including reasonable attorney fees. I hereby authorize Tranquil Healing Center to release information necessary to secure payment. _____
- I am financially responsible for a flat fee of \$30 for any appointment not cancelled within 24 hours of the appointment time and date, and will keep an up to date credit or check card on file to fulfill this responsibility. _____

I understand and agree to the following with regards to insurance billing:

- The pre-verification by Tranquil Healing Center, PS of my insurance benefits is used to determine if there is coverage for services through my insurance carrier and is NOT a guarantee of payment by my insurance carrier. _____
- I understand that Tranquil Healing Center, PS can require presentation of proof of insurance at any time. _____
- I understand that my insurance may need to be re-verified for specific coverage details as often as every six months. _____
- I am responsible for providing all accurate and thorough documentation required to verify my insurance coverage and / or bill my insurance carrier. _____
- I am responsible for full and timely payment of all insurance co-pays, deductibles, and co-insurance balances due, including any and all services not covered or paid by my insurance carrier. _____
- I forfeit the privilege of billing my insurance carrier if I do not comply with any of my financial responsibilities or documentation requirements. _____

I authorize release of information in my medical history to my insurance carrier and assign all benefits for unpaid services to the Tranquil Healing Center, PS and Dr. Terra Sowinski. This release applies to support of the insurance billing process only, records will not be released for any other reason without written consent of the patient. _____

I have fully read and understand the above statements of financial responsibility, and by signing below, agree to abide by and authorize the actions stated there in.

Printed Name: _____
(patient 18yo or older)

Guarantor Printed Name: _____

Signature: _____

Guarantor Signature: _____

Initials: _____ Date: _____

Initials: _____ Date: _____

Name: _____ DOB: _____ Date: _____

 Drug Allergies: _____

Current Medications

*Please itemize all medications your child is currently using or has used recently.
 Please be sure to include all over the counter medications and hormones.*

Drug Name	Reason for Use	Dose	How Long?	Prescriber

Current Supplements

Please list all vitamins. Minerals herbs, and other natural products your child is currently using or has used recently

Product Name	Reason for Use	Dose	How Long?	Prescriber

Name: _____ DOB: _____ Date: _____

Height: _____ Weight: _____ Wt. 1 year ago: _____

What health concerns would you like Dr. Terra to help your child with? : _____

Rate your commitment ability to your child's healthcare needs. How long do you think it will take you to get well? Why? _____
 Low 1 2 3 4 5 6 7 8 9 10 High _____

Early Health History

Where there any problems during this child's pregnancy? Yes _____ No _____
 If yes, please describe: _____

Was he/she: breast fed? _____ mo / yr bottle fed? _____ mo / yr
 Please check if he/she has had any of the following childhood illnesses:
 frequent ear infections colic eczema recurrent colds
 bronchitis pneumonia meningitis other
 Where you on frequent or prolonged antibiotic therapy? Yes No

Immunizations

I have chosen not to vaccinate my child
 Did he/she receive standard immunizations? Yes No
Please provide a copy of his/her immunization record.
 Did he/she experience adverse reactions from immunizations? Yes No
 If yes, what was the reaction? _____
 Does he/she receive a regular influenza vaccination? Yes No
 Does he/she have additional immunizations? (if yes, please list) Yes No

Name: _____ DOB: _____ Date: _____

Health Procedures:

Please check if you have had the following health maintenance procedures within the last 5 years, and please provide dates.

- | | | | |
|--|-------------|-----------------|--|
| <input type="checkbox"/> Full Physical Exam | date: _____ | Findings? _____ | |
| <input type="checkbox"/> Dental Exam | date: _____ | Findings? _____ | |
| <input type="checkbox"/> CBC, Chemistry, thyroid | date: _____ | Findings? _____ | |
| <input type="checkbox"/> Eye Exam: | date: _____ | Findings? _____ | |
| <input type="checkbox"/> EKG: | date: _____ | Findings? _____ | |
| <input type="checkbox"/> Other: _____ | date: _____ | Findings? _____ | |
| <input type="checkbox"/> Other: _____ | date: _____ | Findings? _____ | |
| <input type="checkbox"/> Other: _____ | date: _____ | Findings? _____ | |

Surgeries

Date	Procedure	Reason	Outcome
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Hospitalizations

Date	Reason	Outcome
_____	_____	_____
_____	_____	_____
_____	_____	_____

Diet: Please list a typical day's diet.

 Breakfast: _____
 Lunch: _____
 Dinner: _____
 Snacks: _____ Beverages: _____

Name: _____ DOB: _____ Date: _____

Review of Systems

Please Circle all that apply.

Y = present condition **N** = never had the condition **P** = past problem **F** = Family member

General

Dizziness Y N P F Night Sweats Y N P F Fatigue Y N P F

Head:

Headaches Y N P F Migraines Y N P F Jaw/ TMJ Y N P F Vision Y N P F
 Hearing Y N P F Smelling Y N P F Tasting Y N P F Dental Y N P F

Skin

Rashes Y N P F Eczema, hives Y N P F Color Changes Y N P F Moles Y N P F
 Skin Cancers Y N P F

Musculoskeletal

Joint pain Y N P F Muscle spasm Y N P F Weakness Y N P F Brakes/ Sprains Y N P F

Neurologic

Fainting Y N P F Numb/ tingling Y N P F Weak muscles Y N P F Seizures Y N P F
 Paralysis Y N P F Loss of memory Y N P F Neuropathy Y N P F

Emotional

Mood swings Y N P F Nervousness Y N P F Tension/ stress Y N P F Anxiety Y N P F
 Depression Y N P F

Endocrine

Excessive Thirst Y N P F Cold intolerance Y N P F Thyroid issues Y N P F Diabetes Y N P F
 Excessive hunger Y N P F Heat intolerance Y N P F

Cardiovascular / Respiratory

Cough Y N P F Short of Breath Y N P F Asthma Y N P F Chest Pain Y N P F
 Abdominal pain Y N P F Blood clots Y N P F Heart disease Y N P F Low / high BP Y N P F

Gastrointestinal

Diarrhea Y N P F Constipation Y N P F Abdominal pain Y N P F Blood in stool Y N P F
 Nausea / Vomiting Y N P F BM per day _____

Urinary

Incontinence Y N P F Infections Y N P F Painful urination Y N P F Stones Y N P F

Males

Hernias Y N P F Testicular mass Y N P F Trauma / injury Y N P

Female (if menstruating)

Age of 1st Menses _____ Age last Menses _____ Length of Cycle _____ Duration Bleeding _____
 Number of Pregnancies _____ Number of live Births _____ Number of Miscarriages _____ Number of Abortions _____
 Birth Control Y N P If yes, what type? _____ How long? _____

Name: _____ DOB: _____ Date: _____

Lifestyle Habits

Please provide the following information:

Does your child smoke? yes no

If yes, Packs per day? _____ How many years? _____

Smoker in your household? yes no

Does your child use recreational drugs? yes no

Former drug use? yes no If yes, please list: _____

Alcohol Use: none Type: _____ Amount/ frequency: _____

Schooling: home public other: _____ Grade: _____

Difficulty concentrating for long periods of time?: yes no

Difficulty learning certain subjects? yes no

If yes, please list: _____

Sleep Schedule: Time to bed _____ Time to wake _____ Naps _____

Sleep Quality: well rested tired when waking awake during night

sleep in total dark sleep with some light in the room

Has he/she experienced physical, emotional, sexual or verbal abuse? yes no

If yes, is he/she under the care of a psychologist? yes no

My child's stress level is:

Minor 1 2 3 4 5 6 7 8 9 10 Severe

His/her main stressors in life are: _____

He/she relieves stress by: _____

What do you do to support your child's health: _____

My child's obstacles to health are: _____

Name: _____ DOB: _____ Date: _____

Environmental Sensitivities/ exposures

Does your child have adverse reactions to any of the following:

- Odors: yes no reaction: _____
- Smoke: yes no reaction: _____
- Soap: yes no reaction: _____
- Fumes: yes no reaction: _____
- Perfumes: yes no reaction: _____
- Dust: yes no reaction: _____
- Grasses: yes no reaction: _____
- Pollen: yes no reaction: _____
- Animals: yes no reaction: _____
- Mold: yes no reaction: _____

Has he/she been exposed to chemicals, now or in the past? yes no

If yes, which ones?: _____

Has he/she been exposed to heavy metals, now or in the past? yes no

If yes, which ones?: _____

Are there multiple electronic devices in his/her bedroom? yes no

Do you live near power lines or a power substation? yes no

Additional Information

Please provide any additional information that you would like the doctor to know :

By signing below I confirm that the information provided on this form is truthful to the best of my knowledge. I give Tranquil Healing Center, PS and Dr. Terra Sowinski permission to use this information to assist in providing healthcare to me only (or the patient if guardian is signing) and securing payment from my insurance company if requested.

Signature _____

Date _____

Printed Name _____