

Mental Health Resources – Sacramento Area

Access Team 916-875-1055

CalWORKS Wellness Team 916-875-3309 (CalWORKs recipients)

Community Support Team (resource team) (916) 874-6015

Emergency Crisis Intervention (916) 732-3637

Genesis (Homeless Psych Services) (916) 669-1536

Guest House (Homeless entry point) (916) 440-1500

Hope Cooperative (TLCS) Respite Program (available 24/7) (916) 737-7483

Mental Health Treatment Center Main / Information (916) 875-1000

Mental Health Urgent Care Clinic (Walk in clinic) 2130 Stockton Blvd. building 300
(916) 520-2460

NorCal Mental Health America: info@norcalmha.org (advocacy and peer support)
(916) 855-5427

Wellness & Recovery Center: www.consumerselfhelp.org

North: 2500 Marconi Ave., Ste 100. 916-485-4175 (ask for Janna or J) or 333-3800 –
Orientation every Monday at 10:30 am in the clinical services side.

South: 7171 Bowling Dr. Ste. 300. 916-394-9195 or 916-333-3800

www.sacloaves.org/programs

Sacramento County Mental Health (916) 875-1055

Sacramento Mental Health Treatment Center 2150 Stockton Blvd., 916-875-1000

St. Johns' Mental Health Respite Program (women with or without children) (916)
383-1804