

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			_	-	10am
					Specialty
					Seminars
					(when Scheduled)
	2:15pm		2:15pm	2:15pm	Scheduled)
	2.136		2.136	Striking	
	Adult All Levels		Adult All	Class	
			Levels		
5:30pm		5:00pm			
Teen Krav Maga		Teen Krav			
6.00	5.20	Maga	6.00	6	
6:30pm	6:30pm	6pm	6:30pm	6pm	
Intro Class	Adults All	Striking	Adults	Striking	
IIIII O Class	Levels	Class	All Levels	Class	
Color Codoo:	Striking Class	Kids Class	Cnarrina	Specialty	Adult All
Color Codes:	Striking Class	NIUS CIASS	Sparring Class	Specialty Seminars	Levels
Sparring Class	Intro Class	Women's	Teen	Beginner	Advanced
Internal Sign-ups		Self-	Krav	KravMaga	Krav Maga
Only		Defense	Maga	- Adults	Adults