

Informed Consent

Please note that this form *must* be signed prior to your first appointment.

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Dr. Bryce Healy, and/or Dr. Kelsey Becker, collectively Global Conscious Solutions, LLC will take your thorough case history, perform a physical examination and perform laboratory tests as needed. If required, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams. It is very important that you inform the doctor/s immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise the doctor/s immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis, prognosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

I _____ understand that the methods of treatment may include but are not limited to: nutritional counseling, botanical medicine, homeopathy, IV therapy, oral or IV chelation therapy, hydrotherapy, soft tissue manipulation, chiropractic manipulation, Chinese medicine, acupuncture, lifestyle counseling, mental health counseling, hygiene counseling and energy healing. There are health risks associated with naturopathic treatments which include but are not limited to:

- ✓ Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. If this occurs it is usually short lasting and can be part of the homeopathic healing process.
- ✓ Some patients experience negative or allergic reactions to certain supplements and herbs. Please advise the doctor/s of any allergies you may have.
- ✓ Pain, bruising or injury from venipuncture, acupuncture/cosmetic acupuncture or parenteral therapy.
- ✓ Fainting or puncturing of an organ with acupuncture needles
- ✓ Muscle strains and sprains or disc injuries from spinal manipulation.
- ✓ There is a very small potential for stroke in neck manipulation. Patients are thoroughly screened prior to manipulating the neck.

The staff, if needed, are trained to handle emergencies should the need arise. However, emergency services will be called as necessary.

With this knowledge, I voluntarily consent to treatment to be determined based on my particular needs, realizing that no guarantees have been made by the doctor/s regarding my health and wellness. I understand that I am free to withdraw my consent and to discontinue treatment at any time.

Accordingly, I sign this Informed Consent, to express that it is my own decision without undue persuasion to be treated by the doctor/s with naturopathic medical care. I hereby release Dr. Bryce Healy, ND and Dr. Kelsey Becker, ND, and its employees from liability for any results that may occur to me thereafter.

Patient Name: _____

Signature of Patient or Guardian: _____ Date: _____

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HIPPA Notice of Privacy Practices

Patient Consent Form for Collection, Use and Disclosure of Personal Information

Privacy of your personal information is an important part of our clinic, and while providing you with quality naturopathic care, we understand the importance of protecting your personal information. We are committed to collecting, using and disclosing your personal information responsibly. We will try to be as open and transparent as possible about the way we handle your personal information.

Your Naturopathic Doctor is aware of the sensitive nature of the information that you have disclosed to us. Your Naturopathic Doctor is trained in the appropriate use and protection of your information.

Global Conscious Solutions, LLC acts as the Privacy Information Officer regarding your personal and medical information.

Our privacy policy outlines what we are doing to ensure that:

- ✓ Only necessary information is collected about you
- ✓ We only share your information with your consent
- ✓ Storage, retention and destruction of your personal information complies with existing legislation and privacy protection protocols
- ✓ Our privacy protocols comply with privacy legislation and standards of our regulatory body, the Board of Directors of Drugless Therapy – Naturopathy

How our Clinic Collects, Uses and Discloses Patients' Personal Information

We understand the importance of protecting your personal information. To help you understand how we are doing that, we have outlined how we are using and disclosing your information.

The clinic will collect, use and disclose information about you for the following purposes:

- ✓ To assess your health concerns
- ✓ To provide health care
- ✓ To advise you of treatment options
- ✓ To establish and maintain contact with you
- ✓ To send you newsletters and other information mailings
- ✓ To remind you of upcoming appointments
- ✓ To communicate with other treating health-care providers
- ✓ To allow us to efficiently follow up for treatment, care and billing
- ✓ To complete claims for insurance purposes
- ✓ To invoice for goods and services
- ✓ To process credit card payments
- ✓ To collect unpaid accounts
- ✓ To comply with all regulatory and legal requirements including court orders, statutory requirements to advise authorities of child abuse and reporting diseases and individuals who may be an imminent threat to harm themselves or others

We are legally required to maintain the privacy of, and provide individuals with this notice of our legal duties and privacy practices with respect to protected health information. By signing this Patient Consent Form, you have agreed that you have given your consent to the collection, use and/or disclosure of your personal information as outlined above.

Patient Consent

I have reviewed the above information that explains how the clinic will use my personal information and the steps that the clinic is taking to protect my information. I agree that Global Conscious Solutions, LLC can collect, use and disclose personal information about me as set out above in the information about the clinic's privacy policies.

Signature of Patient/Guardian

Print name

Date

What to expect when visiting a holistic Naturopathic Doctor

When you see a holistic naturopathic doctor, you should expect quite a different experience than any other practitioner. The doctor works with the principles of Nature, including:

Do No Harm

We utilize effective, natural and powerful forms of outlined previously. In certain situations more precise nutritional or herbal supplementation, or pharmaceuticals may be recommended.

Understanding and Working With the Whole Person

We are complex, multidimensional beings; we are our Soul/Spirit, mind and emotions, and we have a body. Because of this complexity we are easily thrown out of harmony with our true Self, and out of harmony with healthy living as a result of our mental-emotional hurts, wounds and pains. The way we live our lives becomes a reflection of this. When working with the doctor/s, together we become investigators to the *theme* or *thread* woven into the fabric of your being that is your *problem*. With this awareness you become empowered to make changes in your life that reflect becoming healthier, you heal yourself! In addition to this you may be given a homeopathic remedy or other specific therapies that gently and effectively help you as it corresponds to your whole being, or *totality*.

Addressing the Fundamental Cause of Illness

When working with the doctor/s, you will be working to understand the cause of your illness that is the disharmony in body, mind, emotions and spirit/ soul. This involves an in depth intake and conversation of simple questions geared to help you make a deeper understanding of and connection between the mind and the body and your present state of health. You will get to share your struggles, fears, anxieties, weaknesses, issues, pain, hurts and wounds that you have been carrying your whole life. Sharing these and coming to understand yourself better through this dialogue can be healing in and of itself.

Doctor as Teacher

It is essential that you recognize that helping yourself and the power to heal yourself lies within you. The doctor/s acts as a guide to this process, to help you see what your *problem* is and how to heal yourself. By seeing the doctor/s you recognize and agree to this most important principle- *the responsibility for your health is in your hands!* The power of healing through The Healing Power of Nature will always reside in the person. Not accepting this fact can lead to becoming divided between two models, one that seeks to heal lastingly, with patient empowerment, and the other that undermines the ability heal while deflecting the responsibility for health. We are dedicated to helping people to the best of our ability, and thus, **the doctor/s will help patients willing to come off their drugs.** You must be willing to come off the drugs, and to accept responsibility for your health and well-being.

- In rare or extreme conditions, as in trauma, advanced pathology, or in the very young, it may not be possible to work through these healing principles. In such times, the doctor/s is/are dedicated to helping a person to the best of his ability through other techniques, and referrals to outside support or even emergency help if it deems necessary.
- Coming off of drugs is mostly done slowly and with gentle care. It is difficult to recognize or even obtain results if drugs are used that act in the opposite of the disease needing to be healed. Please consult your prescribing doctor for the best method to remove these drugs or the doctor/s can help you to come off of these drugs providing support to make it as safe as possible granted we can prescribe those drugs.