

**Message from God's Life-Giving Word**  
March 15, 2020  
**Be Anxious for Nothing – Watch the Birdie**

***Rejoice** in the Lord always; again, I will say, rejoice. Let your reasonableness be known to everyone. **The Lord is at hand**; do not be anxious about anything, but in everything by **prayer** and supplication with **thanksgiving** let your requests be made known to God. And the **peace** of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.*  
Philippians 4:4-7

Decisions, decisions...

\* The things you are most devoted to \_\_\_\_\_ the things you worry about the most.

**Matthew 6**  
**Facing Uncertainty Without Worrying**

What are you tempted to worry about the most?

*Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?* Matthew 6:26

\* Jesus is \_\_\_\_\_

**Next Steps**

1. Journal about your decision-making process. Do you like making split-second decisions, or do you prefer to think before you leap? Are there any simple decisions you have trouble making, like where to eat? Why do you think simple decisions sometimes seem so difficult? Do you find decision-making complicated because we have too many choices and we are afraid of making costly mistakes? Why or why not?
2. Read Proverbs 14:12 and Matthew 6:24-34. Has there ever been a time you thought you made the right choice, only to later discover you were wrong? Why did you think you were right? What did you learn from that experience? In what ways could a posture of prayer and a perspective of praise prepare you for making a right choice?
3. Are you facing a difficult decision? If so, how can you use prayer and praise to seek God and His will? Do you know anyone struggling with a hard decision? How can you encourage them this week?