

Message from God’s Life Giving Word

September 8, 2019

Guilt and Grace

For my iniquities (guilt) have gone over my head; like a heavy burden, they are too heavy for me.
Psalm 38:4

- Where have you or are you experiencing guilt in your life? Why?

God’s way of handling guilt: _____

God’s Guilt Solution

1. _____

If we **confess** our sins, He is **faithful and just** to **forgive** us our sins and cleanse us from all unrighteousness. 1 John 1:9

2. _____

O God, You know my **folly (guilt)**; the wrongs I have done are **not hidden** from You. Psalm 69:5

3. _____

Therefore, **confess** your sins to one another and **pray** for one another, that you may be healed.
James 5:16

4. _____

Let us **draw near** with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil **conscience (guilt)** Hebrews 10:22

5. _____

Whoever **believes in Him** is not condemned. John 3:18

Then I acknowledged my sin to You and I did not cover up my iniquity. I said, ‘I will confess my transgressions to the Lord’ and **You forgave the iniquity (guilt) of my sin**. Psalm 32:5

- The removal of my guilt, by God in Christ Jesus, frees me to:

Next Steps

1. What does John 8:2-11 reveal about how grace functions in opposition to the law? Read Romans 5:20. In the *Message Paraphrase*, this verse describes God’s grace as “aggressive.” How was Jesus encounter with the woman an example of aggressive grace? Have you experienced aggressive grace? Have you seen it in others? How?
 2. Read Romans 8:1-4. Even though the passage assures us of forgiveness in Christ, we struggle with guilt from the past? Why? How can we reject shame and focus on our assurance in Christ?
 3. What is the difference between good guilt (given by God) and the destructive accusations spewed by Satan? Read 2 Corinthians 7:11. How can we recognize the source of our guilt?
 4. Read Psalm 86. What do these verses reveal about the relationship between grace and forgiveness? How does this help you to seek God’s forgiveness and help?
- REMEMBER:** Your time in daily devotion and prayer is not just for your benefit. It’s also for the benefit of others. Share what God is teaching you.