

Message from God's Life-Giving Word

December 29, 2019
New Year, New Habits

One thing...

How does the end of December effect you? What distracts you from Jesus?

Notes on Luke 10:38-40:

*She (Martha) said to him, "Yes, Lord; **I believe** that you are the Christ, the Son of God, who is coming into the world."* John 11:27

Where should your focus be in 2020? What are some tools to help?

*I will **recount** the **steadfast love** of the Lord, the **praiseworthy deeds** of the Lord, according to all that the Lord has granted us, and the great goodness to the **house of Israel** that He has granted them according to His **compassion**, according to the **abundance** of His **steadfast love**. For He said, "Surely they are **My people**, children who will not deal falsely." So, **He became their Savior**. In all their affliction He was distressed, and the angel of His presence **saved** them; in His **love** and in His **mercy**, He **redeemed** them; He **lifted** them up and **carried** them all the days of old. Isaiah 63:7-9*

* A *habitus* for 2020!

Next Steps

1. Journal about 2019. What was good? Bad? Why?.
2. Read Isaiah 63:7-9. How do these verses describe God's love for you in Jesus? In what ways can you recount His work in your life over the past year?
3. We suggested some ways to remember Jesus and create a *habitus*: Word, Sacrament, devotion, prayer. How might you use these or other Biblical practices to move into 2020 without fear in the freedom of Jesus?