



MEALS ON WHEELS OF CHESTER COUNTY FOOD FOR THOUGHT

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Meals on Wheels of Chester County

404 Willowbrook Lane
West Chester, PA 19382
610-430-8500
Email: meals@mowcc.org
Website: www.mowcc.org



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We Couldn't Deliver Without Our Volunteers!

On Friday, July 21, volunteers from the Coventry area gathered for a celebration of their time and commitment to Meals on Wheels at the Inn at St. Peter's Village. Among the 15 gathered, there were more than a combined 175 years of volunteering with Meals on Wheels of Chester County! So many of our volunteers develop deep friendships with clients and memories that last a lifetime. It proves that Meals on Wheels is ... So Much More Than a Meal. ®

If you know someone who would be a great fit for volunteering with us, please visit our website or call the office. On Page 2, there are some important reminders for our volunteers and helpful news for our clients.

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FALL — 2023

Volunteers Are Special

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For our valued volunteers ... please review these important reminders!

- **ALWAYS** read and follow the instructions for delivery on your route. We often have last minute changes, so it's critical to check your email before setting out to deliver. If you ever have any questions, don't hesitate to call the office. We're here to support you and clarify any question or receive any comments you may have.



Together We Deliver

- In the office, we have Meals on Wheels nametags and car signs. If you do not already have a **Volunteer Name Badge** or a **MOWCC sign** to put in your car dash, just send us an email, and we will mail them to you.
- When delivering, follow these basic rules:
 1. If the client has fallen and appears critical, call 911 and wait until help arrives.
 2. Never try to lift a client yourself. You may further injure them or yourself.
 3. If the client does not answer the door, try to call their number. If still no answer, give the meal away to the next client and notify the **MOW office at 610-430-8500**. The office will follow up to make sure the client is okay and someone checks on them.

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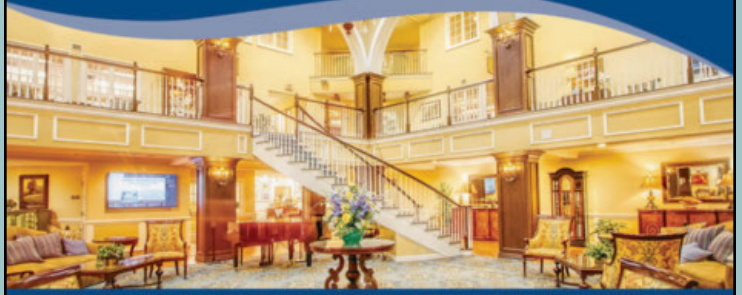


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Meals On Wheels, West Chester, PA

06-5362



Senator Andy Dinniman's *Henry's Helping Paws* Program Continues to Feed



We would like to thank Senator Andy Dinniman for initiating this wonderful program to provide free pet food to seniors in Chester County who struggle to purchase food. No one should have to choose between a meal for themselves or a meal for their beloved pet.

The *Henry's Helping Paws* program is still available in Chester County and provides free pet food assistance to pet owners living below poverty level. To find out more or see if you're eligible, call the MOWCC office at (610) 430-8500.

Pet food is also available at Senior Centers.

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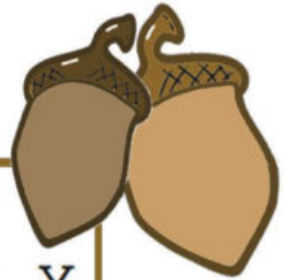


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Vision Corps Offers Free Eye Exams and Eyeglasses

*D*o you or someone you know have trouble with everyday tasks such as reading, writing, independent travel, or adjusting to routines or activities because of vision loss?

VisionCorps is a nonprofit organization providing free services to people who are blind or have impaired vision in Chester County and can help them determine which services best support their needs. It also has a voucher program for free services to those who qualify.

VisionCorps helps with daily activities, and its services include occupational therapy, transportation to appointments, help with groceries or prescription drug pick-ups. It offers mobility and orientation training for safe travel around your house and outdoors.

They also provide kitchen safety guidance — easing the use of knives — and can label your stove, oven, microwave, washer and dryer and more for easy operation. For other assistance around the house, large button TV remotes or telephones are available. VisionCorps provides tools such as handheld or desktop magnifiers, along with the technology support to make set-up easy. To find out more:

Call 610-738-3008 or visit
www.visioncorps.net

Brandywine Elder Care Helps to Plan for the Future



Brandywine Elder Care Management

(BECM) was founded with the primary goal to relieve the stress families face when caring for their aging loved ones. BECM helps navigate the maze of medical, legal, financial, and other challenges associated with aging.

Its philosophy combines expert care management services with the compassion of a trusted family member. Everyone on their team has also served as a caregiver to an aging loved one, which provides a specific insight as they arrange for medical and non-medical visits from nurses, therapists, social workers, and home care aides.

They offer proactive senior planning, home care coordination, memory care support, living options and more. They also offer caregiver resources. BECM serves Berks, Chester, Delaware, and Montgomery counties in Pennsylvania and New Castle County in Delaware. Located in Chadds Ford, they serve the surrounding towns of West Chester, Kennett Square, and Glen Mills, PA and Wilmington, DE.

If interested, call (888) 721-1975 for a complimentary phone consultation. They are also on the web at:

www.brandywineeldercare.com



Kennett Area Community Service

Kennett Area Community Service (KACS) is a nonprofit charity that provides essential life-sustaining services to our neighbors in need. Its focus is food and housing insecurity. KACS houses the largest food cupboard in Southern Chester County. Once a month, KACS' volunteers deliver a 7-10 day supply of food, which includes boxes of non-perishable items, as well as dairy, produce, and meat, which is a great fit for those able to cook. If you are unable to visit the KACS Food Cupboard in person and are in need of food, please contact us at **610-925-3556** or info@KACSImpact.org.

In addition to a food cupboard, KACS also hosts services and community events in and around the Kennett Square and Avon Grove areas, as well as offering other valuable resources!

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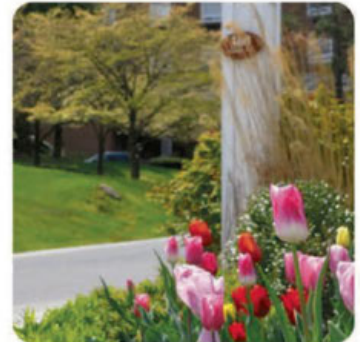
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Meals on Wheels Appreciates Its Donors

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Use your phone to scan the code to
visit our website & learn more!





Meals on Wheels of Chester County
404 Willowbrook Lane
West Chester, PA 19382

Stamp goes
here



TOGETHER WE DELIVER

Here are our accomplishments from
last fiscal year (7/1/22—6/30/23):

# OF MEALS DELIVERED:	98,460
# OF PEOPLE SERVED:	800
# OF VOLUNTEERS:	576
COST OF FOOD:	\$452,725

Please consider DONATING to help feed
homebound seniors either by:

1. sending a check to:

MOWCC

404 Willowbrook Lane
West Chester, PA 19382

2. **Going Online:** www.mowcc.org

Meals on Wheels of Chester County (MOWCC) is a registered 501 (c) (3) charitable organization. MOWCC receives partial funding from the Chester County Department of Aging Services. Other funding is provided by contributions from foundations, businesses, individuals and clients. MOWCC's official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1.800.732.0999. Registration does not imply endorsement . EIN# 23-2636379.