



MEALS ON WHEELS OF CHESTER COUNTY FOOD FOR THOUGHT

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Meals on Wheels of Chester County

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West Chester, PA 19382
610-430-8500
Email: meals@mowcc.org
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Partner Spotlight On ...

*Carey Snow,
Director of Culinary Operations
Chester County Food Bank*



Carey moved to Pennsylvania from Massachusetts at the urging of her twin sister in August of 2020 in the midst of the pandemic. Feeling isolated and adrift, she was looking for a fresh start. Carey's culinary journey started at the Pine Street Inn, the largest shelter for the unhoused in New England. She walked in the door in 2012 as a cook, and walked out the door in 2020 as Executive Sous Chef. While at Pine Street, she served 2900 meals a day at 29 different city sites, while managing the production side of its job training program. When she landed here in Pennsylvania, the Chester County Food Bank (CCFB) was a perfect fit. CCFB provides more than 50 meals daily for our Glen Springs, Downingtown and Uwchlan chapters.

On a typical day, Carey can be found nurturing the CCFB's workforce development program. She heads up their job training program, whose annual goal it is to graduate nearly 30 fully-trained individuals with culinary aspirations, and launch them into the workplace.

"I really enjoy this job, Carey shared. "The people here are inspiring and mission driven. Everyday is something different. I might be doing inventory, packing meals, giving tours, working with students or whatever. The mission is to *get the food out*. And getting the food out is what we at CCFB do so well."

(Con't page 2)

SUMMER — 2024

(con't from page 1)

Carey is most proud of the CCFB's initiative to provide underserved children with lunch throughout the summer months when schools are closed. She worked diligently with agencies servicing families to collaborate on a kid-friendly menu. The first year of the program they served 12,000 lunches and are currently up to 20,000 meals each summer from June to August.



We are grateful for Coatesville volunteer **Marcie Walker**, who recommended MOWCC to BJ's Charitable Foundation for a grant opportunity. Marcie works as a customer service representative at the BJ's in Downtingtown. Opportunities for grants such as this one keep our doors open and our drivers on the road. Thanks Marcie!

Volunteer reminders...

- ♦ ALWAYS check your email before delivering to make sure you have the most up-to-date list of clients. If in doubt, do not hesitate to call the office—that's what we're here for!
- ♦ If a meal is left behind from the day before, please **dispose of it** and call the office.
- ♦ With the arrival of warm weather, remember that we ask all clients with coolers to include an ice pack or frozen water bottle to maintain food safety.
- ♦ Many of our chapters, where we lack extra drivers, now receive a text message to remind you that it is your day! You can reply to the text or if you have a last minute emergency and can't drive, please **call the office**. THANK YOU!

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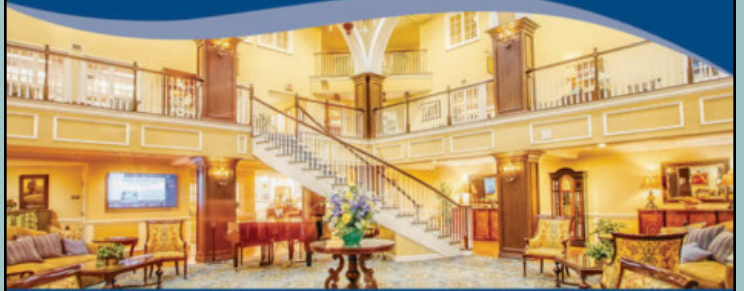


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Meals On Wheels, West Chester, PA

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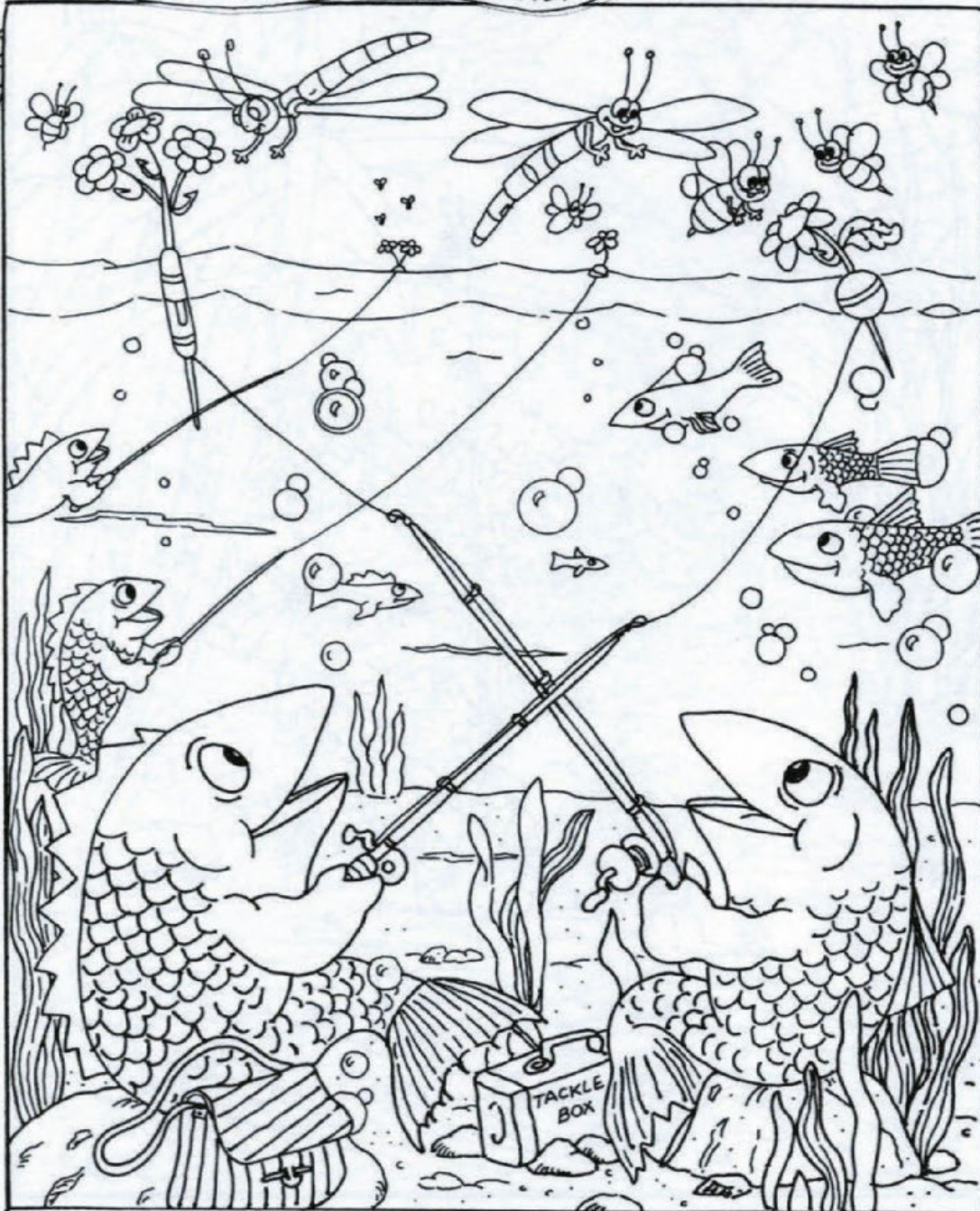


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Puzzle Fun

PAGE 4

HOW MANY HIDDEN OBJECTS DID YOU FIND?



I like hidden picture puzzles!

Have a FUN summer!



Did you know?



Test your knowledge on this Presidential Food Tastes quiz, brought to you by FoodProcessing.com

1. Which president's favorite meal was Squirrel Stew?
 - A. William Henry Harrison
 - B. John Quincy Adams
 - C. Theodore Roosevelt

2. Whose favorite food was bacon?
 - A. Richard Nixon
 - B. George H.W. Bush
 - C. Abraham Lincoln

3. George W. Bush absolutely loved this food while he resided in the White House.
 - A. Cheeseburger Pizza
 - B. Roasted Broccoli
 - C. Pretzels Chips

3. Who can we credit with being the 'beignets' president?
 - A. Bill Clinton
 - B. Zachary Taylor
 - C. Rutherford B. Hayes

5. FDR's White House housekeeper claimed what sandwich was his favorite food?
 - A. Peanut Butter & Strawberry Jelly
 - B. Grilled Cheese
 - C. Liverwurst

(Answers on page 6)



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☆ FOR OUR CLIENTS ☆

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- Grab a seat next to the door, if possible
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- If leaving out a cooler, please keep it clean to keep your food safe
- Please place an icepack or frozen water bottle inside the cooler on a hot day to keep your food safe to eat

These things help make delivery quick and easy for everyone. Thank you for helping us help you!

Answers to presidential Food Facts quiz from Page 5

1. **William Henry Harrison.** Harrison loved nature so much, it's quite possible it contributed to his taste for squirrel, which was a common protein at the time.
2. **Abraham Lincoln.** Lincoln cited gingerbread cookies among one of his closely held favorites, but he was also very fond of bacon.
3. **George W. Bush.** Former White House Chef Cristeta Comerford told reporters after the president left office that Bush loved what staff called "homemade 'cheeseburger pizzas' because every ingredient of a cheeseburger is on top of a margherita pizza."
4. **Zachary Taylor.** Taylor's taste for Southern and Creole food led him to calas, which are similar to the treats consisting of fried dough covered in powdered sugar now known as beignets.
5. **Theodore Roosevelt.** According to Henrietta Nesbitt, Roosevelt's White House housekeeper, FDR loved grilled cheese sandwiches in addition to other classic American foods, including scrambled eggs, fish chowder, hot dogs, and fruitcake.



Meals on Wheels of Chester County is a proud recipient of a grant award from the Kennett Square Mushroom Festival. Enjoy all things mushroom-related from **September 7-8, 2024** for the **annual Mushroom Festival**. This family-friendly event draws mushroom enthusiasts from all over the world. Rides, games, crafts, contests and, of course, food. The Festival is conveniently located in picturesque downtown Kennett Square. Visit: mushroomsfestival.org for schedule details or to find out how you can get involved. Many thanks to the folks at the Mushroom Festival for the generous grant!

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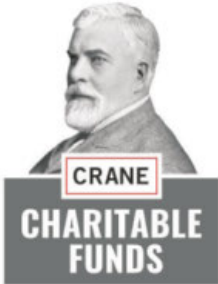
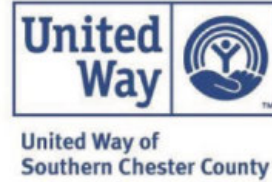
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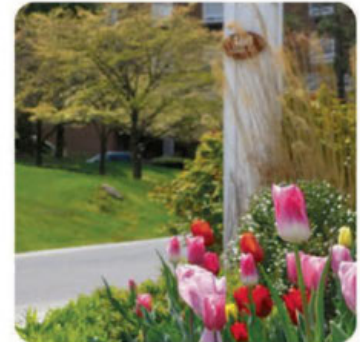
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Meals on Wheels of Chester County
404 Willowbrook Lane
West Chester, PA 19382

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here



TOGETHER WE DELIVER

Here are our accomplishments from
last fiscal year (7/1/22—6/30/23):

# OF MEALS DELIVERED:	98,460
# OF PEOPLE SERVED:	800
# OF VOLUNTEERS:	576
COST OF FOOD:	\$466,710

Please consider DONATING to help feed
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1. sending a check to:

MOWCC

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2. **Going Online:** www.mowcc.org

Meals on Wheels of Chester County (MOWCC) is a registered 501 (c) (3) charitable organization. MOWCC receives partial funding from the Chester County Department of Aging Services. Other funding is provided by contributions from foundations, businesses, individuals and clients. MOWCC's official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1.800.732.0999. Registration does not imply endorsement . EIN# 23-2636379.