



# MEALS ON WHEELS OF CHESTER COUNTY FOOD FOR THOUGHT

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**Meals on Wheels of  
Chester County**  
404 Willowbrook Lane  
West Chester, PA 19382  
610-430-8500

Email: [meals@mowcc.org](mailto:meals@mowcc.org)  
Website: [www.mowcc.org](http://www.mowcc.org)



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## The Chester County Department of Aging is Here to Help



CCDAS Director Heidi Carlson delivers a handmade quilt from the *Quilts for You Club* to client, Eleanor D.

The mission of the Chester County Department of Aging (CCDAS) is to provide home and community-based protection, advocacy, information and assistance to people aged 60 and over.

This agency is available to support your goal of living independently, leading an active life with dignity and respect and be free from abuse or neglect. Here's what to expect when you call CCDAS or when they contact you:

A Specialist will ask about your needs and concerns. They offer referrals and suggestions on numerous support resources in our community including housing, financial assistance, transportation, counseling, meal programs, nursing facilities, visiting doctors and more. **You decide if any of these services are right for you.**

Talking with CCDAS or scheduling a visit is completely voluntary but we encourage you to allow a CCDAS representative to visit your home. It is **only** meant to help our homebound seniors. Call **610-344-6350** or visit. [www.chesco.org/aging](http://www.chesco.org/aging).

## SUMMER — 2025

## Volunteers: Text Reminders



Because we realize everyone is **BUSY BUSY BUSY** and calendars fill up quickly, we thought a reminder text to each driver the day before they are scheduled to deliver meals would be mutually beneficial.

On your cell phone, you will receive a reminder text from **833-841-3191** the day before you are scheduled to drive. That's from US! Make sure you are not blocking this number. Please respond as soon as you see it with a **"C" (confirm)** or a **"No."** A "no" indicates to office staff that a replacement driver needs to be scheduled for that day.

**\*\*\*NOTIFY us by phone or email AS SOON as you know you need a sub. Please don't wait until the day before.\*\*\*** Thank you!

## Rest in Peace



Volunteer driver and former MOWCC Board member **Kenneth J. Swart**, 89, of Elverson, sadly left our world on April 13, 2025, after a life richly lived in service and kindness.

He was a proud 50+ year member as well as the most senior member of the Coventry Lions Club and enjoyed participating in the Lions KidSight USA program where he created handmade wooden animals for the children. He was also a member of the Masonic Sticher Lodge #254 in Pottstown and coached for the Middle Atlantic Blind Golf Association.

Ken always looked forward to family fishing trips, vacations with family and friends, and enjoyed traveling with his wife Nancy. Ken will be deeply missed.

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## Striving to Make the Tastiest Meals Possible



*One important part of our work is making sure the meals we deliver are healthy, enjoyable and meet our clients' needs, so volunteer and client feedback are very important!*

**Volunteers**, as someone who sees and hears directly from the people we serve, you have a unique perspective. Your observations help us understand things such as:

- Are the meals arriving fresh and on time?
- Do clients seem satisfied with the taste and quality?
- Are there recurring issues — like packaging problems, missing or expired items, or special dietary needs not being met?

When you have the opportunity to chat with a client, please ask them, from time to time, what they think of the food. And, **clients**, if you have feedback, please share it with volunteers or call our office. When you let us know your thoughts, you help us improve the meals.



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## Spotlight On ... Volunteer, Mary Anne Keen



**M**ary Anne Keen just turned 97 in April and remains active as the volunteer coordinator for the East Coventry Chapter. Born and raised in Pottstown, PA, Mary Anne has dedicated over four decades to serving her community through Meals on Wheels! She has been the driving force behind the East Coventry/Vincent chapter, overseeing volunteer coordination, training and client interviews. Mary Anne gets out her calendar and phonebook every weekday and calls the volunteer for that day to make sure they have everything they need for their deliveries, especially the most current delivery list which can change daily.

“The purpose of my call to the volunteer is to remind them that they’re on the schedule for that day, but really it’s just a nice way to check in with them and catch up like friends do.” MOWCC delivers hot fresh food, but more than that. It’s about the connection between the volunteers and their senior neighbors. Wonderful volunteers like Mary Anne go above and beyond the delivery — many forge friendships that last. Her efforts have enabled individuals to remain in their homes surrounded by cherished memories, exemplifying the profound impact of dedicated volunteerism. Thank you Mary Anne!

## PA Grants Funds to Improve Senior Centers



**T**he Pennsylvania Department of Aging announced a \$3 million investment in 436 Senior Community Centers (SCCs) across the Commonwealth to help ensure older adults are supported in familiar, local places with services to stay healthy and connected to their communities.

These grants help SCCs fund larger-scale projects such as updating and modernizing facilities, providing new health and entertainment programs, upgrading technology, and enhancing nutrition services. The Phoenixville Senior Center

is among those awarded a grant for improvements and enhancements. Among the other grantees are the Kennett Area, West Chester and Oxford Senior Centers and Brandywine Valley Active Aging’s Coatesville and Downingtown campuses.

For more information about all the ways PA takes care of seniors, log on to [www.pa.gov/agencies/aging](http://www.pa.gov/agencies/aging).



# 2025 Strawberry Festival—June 6 & 7

The Strawberry Festival is returning in 2025 and has been reimagined and relocated to the heart of Downtown Coatesville.

*The Rotary Club of Coatesville*, in partnership with *Coatesville 2nd Century Alliance*, is bringing this family-friendly tradition back in an exciting new format while continuing its mission to benefit the greater Coatesville community.



The Strawberry Festival will take place on Main Street between 1st and 3rd Avenues, celebrating the kick-off to strawberry season. The event is free to attend and features pay-as-you-go activities. Opening night is **Friday, June 6, from 6 p.m. to 9 p.m.**, and continues into **Saturday, June 7, from noon to 9 p.m.**



Festival-goers can expect a mix of nostalgic favorites and new attractions, including games, amusement rides, live entertainment, a strawberry drop zone, and plenty of delicious strawberry shortcakes. Coatesville 2nd Century Alliance will also feature vendors, crafts, and a diverse selection of food throughout the downtown area.

“Bringing the Strawberry Festival back is an exciting opportunity to revive a beloved tradition that has been a cornerstone of our community’s summer celebrations for decades,” said **Greg Krajewski**, President of the Rotary Club of Coatesville. “The Rotary Club of Coatesville, which helped start the festival years ago, was eager to see it continue in a fresh and meaningful way. Through collaboration with Coatesville 2nd Century Alliance, known for launching First Fridays in Downtown Coatesville, and the City of Coatesville, we saw a perfect opportunity to reimagine the festival and bring new energy to this cherished event.”

**Proceeds from the festival will help support local community organizations.**

For more information and event updates, follow on social media or visit [www.strawberryfestivalcoatesvillerotary.org](http://www.strawberryfestivalcoatesvillerotary.org).



**REMINDER TO OUR CLIENTS....** Please call the office at **610-430-8500** if you are not going to be home so we can hold your meal for that day. When you do not tell us you won’t be home, it wastes the meal **AND** the volunteer drives extra miles to deliver to you when you are not home. Plus, then we spend time making calls to make sure you did not fall or are hurt.  
***You help us, and our volunteers, when you let us know you won’t be home.***

# Rebus Puzzle Pictures. Guess Each Clue.

**Rebus puzzles**  
Can you guess the words and expressions?

MY LIFE	Get it Get it Get it Get it	Try $\frac{\text{stand}}{2}$
TRAVEL CCCCC	FAST	T O W N
EYE EYE	father	ONCE
POT	D movie D movie D movie	SECRET ← SECRET SECRET

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## Puzzle Answers

1. For once in my life
2. Forget it
3. Try to understand
4. Travel overseas or overseas travel
5. Breakfast
6. Downtown
7. Eyeshadow
8. Steptather
9. Once upon a time
10. Potatoes (pot 8 O's)
11. 3D movie
12. Topsecret

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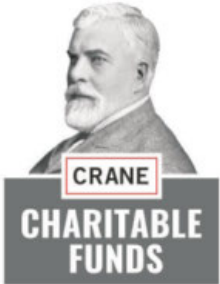
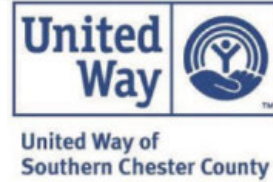


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# TOGETHER WE DELIVER

Here are our accomplishments from  
last fiscal year (7/1/23—6/30/24):

# OF MEALS DELIVERED:	102,444
# OF PEOPLE SERVED:	807
# OF VOLUNTEERS:	612
COST OF FOOD:	\$474,666

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Meals on Wheels of Chester County (MOWCC) is a registered 501 (c) (3) charitable organization. MOWCC receives partial funding from the Chester County Department of Aging Services. Other funding is provided by contributions from foundations, businesses, individuals and clients. MOWCC's official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1.800.732.0999. Registration does not imply endorsement . EIN# 23-2636379.