

## MEALS ON WHEELS OF CHESTER COUNTY FOOD FOR THOUGHT

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#### Meals on Wheels of Chester County 404 Willowbrook Lane

West Chester, PA 19382 610-430-8500 Email: meals@mowcc.org Website: www.mowcc.org





Habitat for Humanity's New Critical Home Repair Initiative

H abitat for Humanity of Chester County has expanded its mission to address health and safety issues in the homes of seniors and people with disabilities, as well as managing safety concerns and housing code violations. Providing home repairs helps to alleviate substandard living conditions and preserve existing affordable housing inventory throughout Chester County. The repairs are considered critical when they improve the health, safety, accessibility, and/or energy efficiency of residents and their homes. It is proven that seniors who age safely in their own homes are more likely to live happier, healthier lives and have a higher quality of life, for longer.

While the program is open to all households that meet eligibility guidelines, the program typically serves seniors, lowincome families, and people with disabilities who have limited resources to complete the repairs themselves. Habitat for Humanity is able to perform repairs on owner-occupied homes only. This program is not meant for cosmetic changes; its purpose is to improve the safety, accessibility and health of residents and their own homes.

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## WINTER — 2022

## Habitat's Critical Home Repair, continued

#### **Continued from Page 1**

#### **Repair examples include:**

• Installing smoke & carbon monoxide detectors;

- · Roofing repairs/replacement;
- Electrical repairs & upgrades;
- Plumbing;

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- Exterior siding;
- Bathroom & accessibility modifications, such as installing grab bars & ramps, shower conversions, widening doorways;
- Drywall & flooring repairs;
- Replacing windows to meet fire and safety codes;
- Heating & cooling;
- · Carpentry relating to structural integrity;

• Diminishing common causes of respiratory illness, including cockroach infestations, dust mites in old carpeting, mold, and improperly vented fuel-burning appliances.

Habitat for Humanity offers critical home repair nointerest loans for up to \$5,000 (higher for roof repairs). Loans can also be used for home preservation activities, such as exterior painting, fence and porch repair, and property clean-up and maintenance. All loans are offered by HFHCC at 0% interest and will vary in terms of repayment and forgiveness.

### Find out more at <u>www.hfhcc.org/homeownership/</u> <u>critialrepair</u>

If you do not have internet access, call Brooke Seeger directly at (610) 384-7993, and an application can be mailed.





## West Chester Downtown Foundation Supports MOWCC



West Chester Downtown Foundation President Matt Holliday (center) with grant recipients for 2022. We are grateful for this new partnership and support! Clockwise from left: Peter Guman, John Grillo, Caroline Cupp, Patrice Stilley (MOWCC), Terry Potrako, Tracy Sammarone, David James, and Keith Cochran.

Heads up! It's Medicare Enrollment Time

The Open Enrollment for Medicare is October 15—December 7, 2022

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Log onto Medicare.gov or call: (800) 633-4227

Extra time to sign up for Medicare is available for anyone who wasn't able to contact the Social Security Administration because of problems with Social Security's telephone system between January 1, 2022 -December 30, 2022.

## **NEVER MISS OUR NEWSLETTER!**

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Visit www.mycommunityonline.com



Not all burial spaces or crypts may be available for discount. Please consult cemetery for section, building availability and exact pricing. Offer ends 07/31/2021.

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## **Winter 2022**

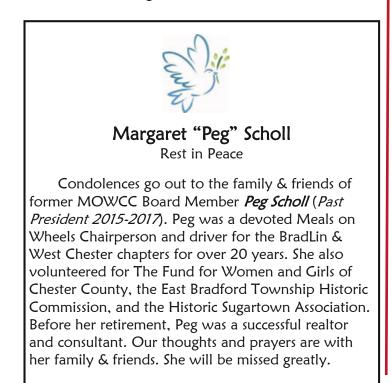
## Phoenixville Hospital Receives Prestigious Certifications

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Meals on Wheels congratulates the Phoenixville Hospital on its recent certifications for its stroke center and hip & knee replacement facility. The hospital prepares meals for three of our 21 chapters in the county and we greatly appreciate their help in serving homebound residents of Phoenixville, Spring City and East Pikeland!

Phoenixville Hospital-Tower Health received the "Gold Seal of Approval" and the American Stroke Association's "Heart-Check" mark for its Primary Stroke Center. The accreditations are awarded for a two-year period.

To learn more about Phoenixville Hospital's Total Joint Replacement Program, please visit <u>towerhealth.org</u> or call 610-983-1208.







You can choose Meals of Wheels of Chester County as the recipient of your Amazon Smile rewards! Every time you make a purchase on Amazon, a portion of the proceeds will go to Meals on Wheels of Chester County. Visit the "Gifting and Charity" tab in your Amazon account to make this designation. *Thank you!* 

## Seniors ... did you know?





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Meals on Wheels of Chester County (MOWCC) serves nutritious supplemental meals to the homebound residents of our county. But some of our clients need help with more than meals alone.

The Chester County Department of Aging Services (CCDAS) is here for you! Their mission is to protect vulnerable adults and help them live safely and independently. If you are age 60 or older and you need help or have questions about...

- Home care
- Repairs
- Benefit counseling
- Long-term services
- Financial exploitation
- Abuse
- Health insurance
- Reduced legal services
- Voter registration
- And much more

... you can call the CCDAS at **610-344-6350** or email: <u>ccaging@chesco.org</u>

CCDAS contacts a random group of our clients a couple times a year. You can always call them for assistance, however care managers are automatically assigned to a selection of people in the county to visit twice a year. These friendly and helpful visits allow CCDAS to personally assess the health and well-being of seniors across our Chester county. They provide community information and resources that may be of interest and discuss the possibility of supplemental services, in addition to receiving meals from MOWCC.

Meals on Wheels is a separate organization from Department of Aging but we work together to help seniors age in place with the support they need to stay safe and healthy. We encourage you to schedule an appointment if they reach out to you. You are also encouraged to call the Department of Aging if you have questions.



*You are not alone* If you have needs or questions about available benefits, please call:

CHESTER COUNTY DEPARTMENT OF AGING SERVICES 610-344-6350

## **Be Careful Out There!**

## Winter Weather Advisory

<u>To our clients</u>....A friendly reminder as we approach winter ... if you look out your window and see lots of snow or icy conditions, our volunteers probably will not be able to deliver that day. Also, if your driveway is unplowed, we may need to skip delivery until it is safely passable.

# <u>And to our dedicated volunteers</u>, if a client's driveway or walkway isn't salted or shoveled, delivery is at your discretion. You should skip a client if it seems unsafe and let us know you were unable to deliver to them. **Stay safe!**

## SMILE Smiling is infectious You catch it like the flu When someone smiled at me today I started smiling too I walked around the corner And someone saw me grin When he smiled I realised I had passed it on to him I thought about the smile And then realised its worth A single smile like mine Could travel round the earth So if you feel a smile begin Don't leave it undetected Start an epidemic And get the world infected by Spike Milligan



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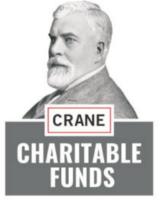
## **Meals on Wheels Appreciates Its Donors**

GENUARDI FAMILY

POTTSTOWN AREA HEALTH & WELLNESS FOUNDATION Phoenixville Community Health Foundation



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The

**GIANT** Company





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Meals on Wheels of Chester County 404 Willowbrook Lane West Chester, PA 19382 Stamp goes here



Here are our accomplishments from last fiscal year (7/1/21—6/30/22):

 # OF MEALS DELIVERED:
 94,167

 # OF PEOPLE SERVED:
 834

 # OF VOLUNTEERS:
 627

 COST OF FOOD:
 \$388,662

 DONATIONS FROM CLIENTS:
 \$168,538

Please DONATE to help feed homebound seniors either by:

1. Sending a check to:

MOWCC

404 Willowbrook Lane West Chester, PA 19382

2. Going to our website and donate online: www.mowcc.org

Meals on Wheels of Chester County (MOWCC) is a registered 501 (c) (3) charitable organization. MOWCC receives partial funding from the Chester County Department of Aging Services. Other funding is provided by contributions from foundations, businesses, individuals and clients. MOWCC's official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1.800.732.0999. Registration does not imply endorsement . EIN# 23-2636379.