



MEALS ON WHEELS OF CHESTER COUNTY FOOD FOR THOUGHT

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Chester County
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West Chester, PA 19382
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Email: meals@mowcc.org
Website: www.mowcc.org



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A VERY SPECIAL BIRTHDAY



From left to right, Julie (UWSCC), Elise (our birthday girl) and MOWCC volunteer Katy.

“Be kind and love animals.” So says Kennett Square Meals on Wheels neighbor Elise, who turns 100 this fall. Recently we had the good fortune of chatting with Elise and she kindly shared some inspirational wisdom gained during her almost 100 trips around the sun. Born on Labor day in a hospital in New York City across from the George Washington Bridge, Elise’s mother was the secretary to the president of the Waldorf Astoria Hotel (which was torn down to make way for the Empire State building). Her Father was a member of the Swedish Royal Naval Academy in Stockholm. The two met when he was performing in a gymnastics extravaganza at Madison Square Garden. Elise was their only child and went on to graduate from the Harvard Radcliffe School of Business Administration, “long before women were allowed in the front door,” she says. She was one of 45 women in a class of 4,500 students, “one of a small group of pioneer women,” she shared proudly. Among her greatest accomplishments is having raised three children – who have gone on to become a doctor, a nurse and an engineer -- after being widowed at a young age in 1980.

(Cont. Page 2)

SPRING 2026

HAPPY 100TH BIRTHDAY

(Cont. from Page 1)

“You do what you have to do, you play the hand that was dealt you,” Elise shared. Having played her cards wisely, Elise is grateful for every day and shows her appreciation by caring for the world around her. “Waste not the pig... I was taught to use everything but the squeal!” she said emphatically.

“There is no shred of Meals on Wheels delivery that doesn’t go unused in my house,” Elise shared. She rinses plastic containers to later be donated to a local preschool for paintbrush cleaners and paper bags that hold bread & butter and desserts are set aside, later twisted into kindling for her daughter’s wood burning stove. These days, cataloguing generations of family archives keeps her busy.

None of this would be possible without Elise’s daily hot meal delivery and friendly visit from Meals on Wheels volunteers. “If I don’t come to the door when the volunteer arrives, they call in the National Guard,” she laughed. “They make it possible for me to stay home, I couldn’t possibly exist without Meals on Wheels.” *Happy birthday, Elise!*



MaryJane Pennoyer 1932-2026



Condolences to the family and friends of longtime MOWCC volunteer and employee, MaryJane Pennoyer. MaryJane grew up in West Chester and graduated from Henderson HS. She was a tenured bookkeeper for the Chester County Department of Aging, volunteered and worked-

for Meals on Wheels for many years. MaryJane also shared her time and treasure with the March of Dimes, ministry at Chester County Farm Prison and many other community events. MaryJane was an active member of United Methodist Church of Marshallton, Em- aus Community, Business and Professional Women of West Chester, and the Northbrook Grange. MOWCC wishes her family peace and comfort, with gratitude for her contributions to our community.



MEALS ON WHEELS of Chester County



\$45.00

Available in multiple sizes colors and styles!

\$35.00



Comfy shirts to show your support and help feed seniors.

\$30.00



Scan QR Code or go to:

<https://www.bonfire.com/meals-on-wheels-of-chester-county/>

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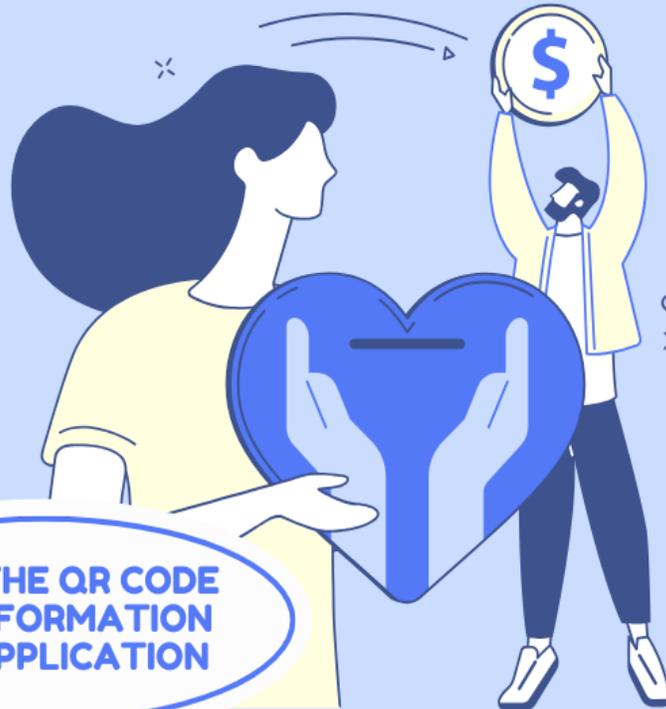


MEALS ON WHEELS OF CHESTER
COUNTY



DONATE A CAR OR BOAT!

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almost any motorized vehicle no matter the condition!**



**SCAN THE QR CODE
FOR INFORMATION
AND APPLICATION**

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 meals@mowcc.org

Taxes Done for FREE: Call 211 or go to www.MyFreeTaxes.com



VITA A UNITED WAY COLLABORATIVE

GET YOUR TAXES DONE FOR FREE

United Way's Volunteer Income Tax Assistance (VITA) program provides free income tax assistance to individuals and families with a household income of less than \$60,000 a year.

WHAT YOU NEED:

- ✓ Social Security cards and/or ITIN cards for taxpayer, spouse and dependents listed on the return
- ✓ Photo ID for taxpayer and spouse (if married filing jointly)
- ✓ Birth dates for taxpayer, spouse and dependents
- ✓ All income statements: W-2, 1099, 1099-R, Social Security Benefits Statement and other income sources
- ✓ Tuition Statement (1098-T) and related expenses from college or technical school
- ✓ Statement from Child Care Provider (includes total paid and tax ID number)
- ✓ Affordable Care Act Statements: Form 1095-A, B or C
- ✓ A copy of last year's return, if available
- ✓ Bank account number and routing number (for direct deposit of any refund)

To schedule an appointment, call 2-1-1
Or toll free 866-892-9211

To complete your taxes online for free, go to www.MyFreeTaxes.com

Above Photo: Elementary and middle school students from the **Unionville-Chadds Ford school district** once again partnered with MOWCC to generously donate over 150 snow snack packages for donation to our senior neighbors. We are grateful to PTO parent Leigh Foppert for coordinating this event in recognition of MLK Day of Service and look forward to an even bigger event in 2027

Photo at Right: Thanks to newly elected Chester County Controller **Nick Cherubino** for delivering the Uwchlan/Whitelands route with us recently. In his role as Controller, Nick is a CPA with over 15 years of experience in both the public and private sector and has built his career as a trusted leader. Nick will oversee funding to MOWCC by way of the Chester County Department of Aging.



Self-Management Resource Center



Millions of adults live with one or more chronic health conditions. How these people manage their conditions on a day to day basis greatly determines their symptoms and quality of life. **SMRC Self-Management Resource Center** programs help people and their caregivers manage their symptoms, improve quality of life, and reduce healthcare costs.

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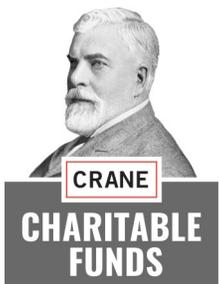
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THRIVE LOCALLY



Word Twist Green Things

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words.

Hint: Each puzzle has a common theme!



etcutel _____
 mrlaaed _____
 eaps _____
 sasgr _____
 occilbor _____
 caphisn _____
 yvi _____
 osms _____
 gofr _____
 tuscac _____

©LPi

ANSWER KEY:

Letuce alarmed peas grass broccoli spinach ivy moss frog

TOGETHER WE DELIVER

Our accomplishments from last fiscal year (7/1/24—6/30/25):

# OF MEALS DELIVERED:	105,393
# OF PEOPLE SERVED:	815
# OF VOLUNTEERS:	569
COST OF FOOD:	\$494,672

Please consider DONATING to help feed homebound seniors today

1. Send a check to:

MOWCC
 404 Willowbrook Lane
 West Chester, PA 19382

2. Go Online: www.mowcc.org

Meals on Wheels of Chester County (MOWCC) is a registered 501 (c) (3) charitable organization. MOWCC receives partial funding from the Chester County Department of Aging Services. Other funding is provided by contributions from foundations, businesses, individuals and clients. MOWCC's official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1.800.732.0999. Registration does not imply endorsement . EIN# 23-2636379.