



MEALS ON WHEELS OF CHESTER COUNTY FOOD FOR THOUGHT

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Meals on Wheels of Chester County

404 Willowbrook Lane
West Chester, PA 19382
610-430-8500

Email: meals@mowcc.org
Website: www.mowcc.org



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Commissioner Marian Moskowitz (above left) joined local students and parents in a day of service creating snack boxes to distribute to our homebound neighbors in need.

Martin Luther King, Jr. *Day of Service*

This past MLK Day, Meals on Wheels of Chester County had the honor of receiving 100 snack packages for our senior neighbors, organized by the teachers and parents in the Unionville-Chadds Ford School district at Hillendale Elementary School. Students, teachers, families and friends gathered to decorate and fill senior snack boxes. Included with the crackers, cookies and treats were notes of encouragement from the crafters. MOWCC welcomes many types of donations year-round, including specific senior friendly food items, holiday themed notes of positivity, as well as cash contributions towards the cost of meals for those seniors who cannot afford to pay for groceries.

SPRING — 2025

How About A Bear Hug!

Recently, Oxford-area neighbors got a special delivery from a friendly "bear," MOWCC volunteer **Dick Fox**.

Luckily this teddy was all smiles.



What do you call a bear with no teeth?
-A gummy bear

Check Out Thrive Pharmacy

Thrive Enhanced Care Pharmacy has served long-term care residents for over 40 years. And now this pharmacy care is available to qualifying seniors living in their own homes. Thrive offers medication therapy management and reviews, care coordination, insurance reviews and billing assistance, vaccines and medical equipment in – home delivery. Call today at:

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Food Safety WEBINAR—April 4th at 11:00 am



Food illnesses can be devastating, especially for an older person or someone whose immune system is challenged.

Yet, it can be easily **PREVENTABLE**. Join an online ZOOM webinar from your phone or computer on **Friday, April 4th at 11:00am** to learn how to protect yourself and others from foodborne diseases. To join, either:

1. Go to this link from your browser on your phone or computer:
<https://bit.ly/433lm6O>

2. Or, go to our website www.mowcc.org and click on the Food Safety Webinar button on **April 4th at 11:00 am**.

This webinar presented by registered dietician and nutrition consultant for Chester County Department of Aging, **Barbara Myers, RD, LD/N**. Joining Barbara will be **Carey Snow, Director of Culinary Operations of the Chester County Food Bank**. MOWCC is proud to have the Food Bank as a food provider partner.

We will record the webinar and make it available from our website. If you have any questions, contact MOWCC 610-430-8500.

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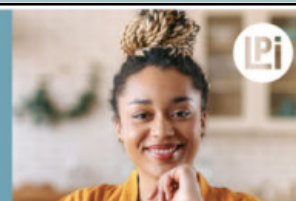
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*Offer is valid on new Advance Planning purchases only and cannot be combined with any other offer. Previous purchases are not eligible. Vault and Opening/Closing is required for burial spaces. Opening/Closing is required for mausoleum crypts. Not all burial spaces or crypts may be available for discount. Please consult cemetery for section, building availability and exact pricing. Offer ends 07/31/2021.

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Property Tax and Rent Rebate for Seniors

Eligible seniors and residents with disabilities can now apply for a rebate on property taxes or rent paid in 2024.

The Property Tax/Rent Rebate Program benefits income-eligible seniors 65 or older, widows or widowers 50 or older, and residents with disabilities 18 or older.

To start your application process, please visit <https://www.pa.gov/agencies/revenue/incentives-credits-and-programs/prr.html> or call State Rep. Dan William's office at 484-200-8256.

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Property Tax / Rent Rebate Applications

Giving money back to PA renters and homeowners

Homeowner & Renter Income	Max Rebate
Up to \$8,270	\$1,000
Up to \$15,510	\$770
Up to \$18,610	\$460
Up to \$46,520	\$380

Applications due by June 30, 2025



Coatesville Masonic Lodge Helps Our Homebound Seniors

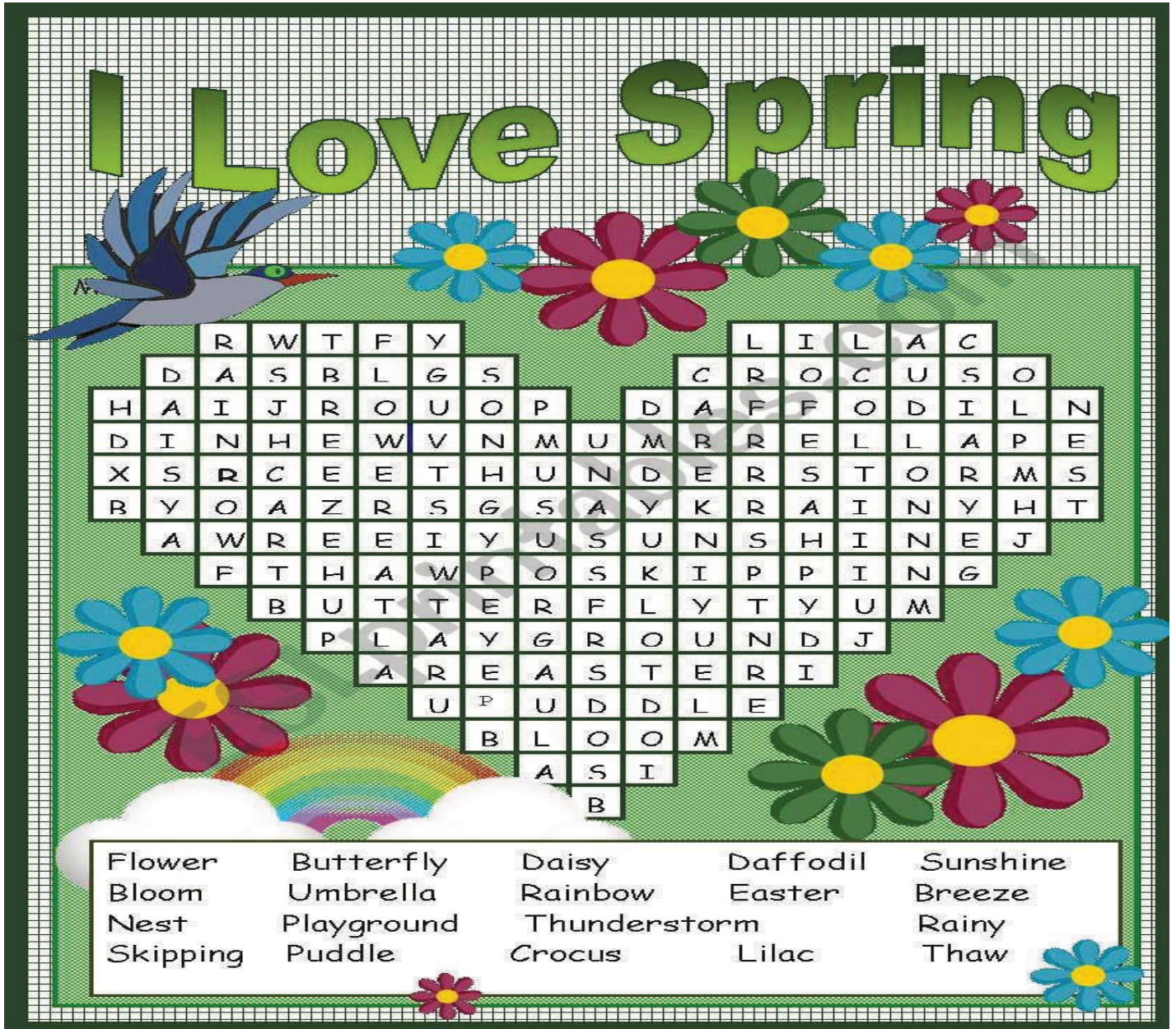


MOWCC would like to thank the Coatesville Masons for inviting us to a recent meeting to share information about one of the greatest areas of need within Chester County, the Coatesville community.

Coatesville is one of our biggest chapters with three large routes and lengthy a waitlist of clients. There is always a need for volunteers in Coatesville, The Masons very generously offered to organize a rotating group of drivers and made a

substantial donation to help pay for meals for those clients who struggle financially. Every dollar of every donation goes directly to pay for food.

Pictured Above: Coatesville Masons Tim Daland, Eric Downs, Ron Sweigart, Barry Finnefrock and Steve Guthrie.



Caln Township Police Announce New "Are You O.K.?" Telephone Calling Service

Designed for older adults, disabled persons, people who live alone, or anyone residing in Caln Township who needs a daily check, this computerized calling service can give relatives and friends piece of mind that their isolated loved ones are O.K.

The service can be started or stopped at any time. If someone is unreachable, a police cruiser will swing by to check on the individual.

The system is now in use throughout the United States and has saved a number of lives and reduced worry and anguish for countless citizens and their loved ones. Questions? Contact Tracey Laws in Caln Township at 610-383-1821.

Volunteers: If you find a client on the floor...



IMPORTANT REMINDERS WHEN YOU FIND A CLIENT

- * On the floor
- * In pain
- * Unconscious

1. **NEVER** try to move or lift the client. You could hurt the client, or yourself.
2. Don't panic. You are a volunteer and your main job is to seek help.
3. Call 911. Even if client does not want to go to the hospital, you can call 911 and ask for **Lift Help** to get a person off the floor. Stay with client until help arrives.
4. Call MOWCC 610-430-8500. Office staff will help you with further instructions and can get someone else to finish your deliveries until help arrives.

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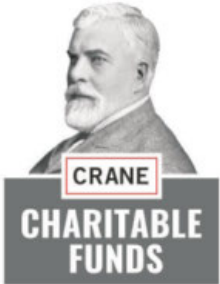
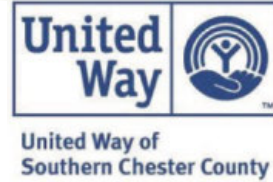
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Meals on Wheels Appreciates Its Donors



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Meals on Wheels of Chester County
404 Willowbrook Lane
West Chester, PA 19382

TOGETHER WE DELIVER

Here are our accomplishments from
last fiscal year (7/1/23—6/30/24):

# OF MEALS DELIVERED:	102,444
# OF PEOPLE SERVED:	807
# OF VOLUNTEERS:	612
COST OF FOOD:	\$474,666

Please consider DONATING to help feed
homebound seniors today

1. Send a check to:
MOWCC
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2. Go Online: www.mowcc.org

Meals on Wheels of Chester County (MOWCC) is a registered 501 (c) (3) charitable organization. MOWCC receives partial funding from the Chester County Department of Aging Services. Other funding is provided by contributions from foundations, businesses, individuals and clients. MOWCC's official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1.800.732.0999. Registration does not imply endorsement . EIN# 23-2636379.