

# 2026 Miss US Italia Pageant Judges Interview Form Tips

July 26, 2026 | Providence Marriott Downtown, Providence, RI

## WELCOME — THIS IS YOUR MOMENT

Take a deep breath... this is meant to be fun.

This experience is about celebrating who you are, where you come from, and what makes you unique. You are not expected to be perfect (none of us are)—you are simply invited to show up as yourself.

We are here to guide you every step of the way. Here are a few tips are here to help you feel confident, be prepared, and excited for what's ahead.

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## WHY YOUR APPLICATION & BIO MATTER

Your application and bio are simply a way for the judges to get to know you *before* they meet you. They help create thoughtful, personalized questions so your interview feels natural, easy, and even fun. Think of your bio as your introduction—not a test. **There are no right or wrong answers... this is simply YOUR story.**

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## KEEP THIS IN MIND

Only include what you feel comfortable talking about. Keep everything positive, appropriate, and true to who you are. Anything you write may become part of your interview, so choose topics you *enjoy* talking about. This is your opportunity to guide the conversation in a way that feels natural to you. There is no “perfect contestant.” No one mold. No one personality. **What makes you different... is exactly what makes you memorable.**

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## WRITING YOUR BIO (KEEP IT SIMPLE)

Write the way you speak—simple, natural, and real always works best. Choose two or three things you'd genuinely enjoy talking about. This might be your hobbies, your heritage, your community involvement, or something unique about you. **The key is not just *what* you share—but *why* it matters to you.**

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## YOUR HERITAGE

This pageant is a celebration of Italian American culture—and your story is part of that celebration. Think about traditions, family memories, food, holidays, or connections that mean something to you. Every family is different. **Every story is different. And that's exactly what makes this special.**

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## ACCOMPLISHMENTS, ACTIVITIES & HOBBIES

Accomplishments are not just awards. Showing up, helping others, being part of your school, church, or community—these things all matter. The small things matter just as much as the big ones. When listing hobbies, keep it focused. Two or three things you truly enjoy and are excited about will always feel more authentic than a long list.

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## THE INTERVIEW (YOUR TIME TO SHINE)

This is not a test—it's a conversation. The judges are simply looking to meet you, hear your story, and enjoy genuine interaction with you. **You don't need perfect answers. You don't need to memorize anything. Just be real.**

If you feel nervous, that's completely normal. Take a breath. Smile. Pause if you need to. Ask for a question to be repeated. You are allowed to take your time. **This is your moment—enjoy it.**

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## FINAL THOUGHT

You don't have to become someone else to do well here. The most powerful thing you can do... is be yourself. That's what people remember. That's what people connect with. And that's what makes you stand out.

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**You don't win by being perfect... you win by being *real*.**

**Show up as yourself—that's where the magic happens.**

