

Artist's Bio
Angela Bern Castagnola

EDUCATION, FINE ART STUDIES & PROFESSIONAL ART ENDEAVORS

2011-Current

Creator and Instructor:

Creating a Work of Art Workshops, Creative Journey and Creators Quest Workshops. Workshops designed to take C-level executives and small business owners and adults who are “art phobic” from inspiration, creation and critique to a public group art show in 1-2 month’s time, as well as art workshops using yoga and hypnotherapy experts.

2013-17

Live Painting Performances:

Archangel Gallery, Palm Springs, CA (2017)

Frederick Holmes & Company Gallery, Seattle, WA (2015-16)

Private event with Johnathan Moreno (writer) and the Empty Chair Exercise, Seattle WA (2016)

Green Lake walking path, Seattle WA (2015)

Brik Boutique, Seattle WA (2013)

2005/11

Planned and sponsored art shows and benefits for local musicians and artists:

Sue Quigley Band (Seattle)

Theresa Stirling - encaustic art (Port Ludlow, WA) Zuzana

Korbelarova - fine jewelry (Vashon Island, WA)

2003

Designed and taught 2-day workshop on creativity, image and self-esteem-building to teenage girls at Forest Ridge High School, Bellevue WA

1993

Taught Art & English to Leaders (newscasters, CEO's, Doctors and Scientist) in Buenos Aires, Argentina

1992

Taught Art/Design/Art Criticism at West Seattle H.S., Seattle, Washington

1991

Teaching Certification in Art & English, University of Washington

Graduating Class Speaker

Lambda RHO (Art Honorary of University of WA)

PI Lambda Theta (National Honor Association in Education)

Phi Beta Kappa (National Academic Honorary)

Dean's List

1990

BA in English, University of Washington

Magna Cum Laude

Dean's List: 1984-1990

1986

Advanced Art Courses University of Arizona, Tucson

INDEPENDENT ART STUDIES

2013 – Rome, Italy

2012 – Maui, Hawaii

2012 – Palm Springs, CA & Laguna Beach, CA

2010 – Seattle, Washington

1999 – St. Croix, USVI & Sydney, Australia

1998 – Key West, Florida

1993/4 – Buenos Aires, Argentina

1992 – Brande & Albertslund, Denmark

1990 – Parts of England, France and Italy

1986 – Tucson, Arizona

1983 – Parts of Greece, England, Sweden, Denmark and Italy

SOLO SHOWS

- 2016 - Archangel Gallery, Palm Springs CA
- 2016 - Koffee (South), in affiliation with Archangel Gallery, Palm Springs CA
- 2014 – The Vivid Dimension, Frederick Holmes & Company Gallery, Occidental SQ., Seattle WA
- 2012 – Fremont’s First Friday Art Walk, Seattle WA
- 2011 – The Woodhouse Wine Estates, Woodinville, WA
- 2010 – Guardian Cellars, Woodinville, WA
- 2010/11 – Red Gallery, Seattle, WA
- 2009 – Red Loft Studio, Seattle, WA
- 2003 – Mode Studio, Seattle, WA
- 2003 – Olympic Athletic Club, Seattle, WA
- 2002 – Café Javasti, Seattle, WA
- 2002 – Trine Studios, Seattle, WA
- 2001 – Caffe Vita, Seattle, WA
- 2001 – Caffe Ladro, Seattle, WA
- 2000 – Caffe Ladro, Seattle, WA
- 1998 – Bret Kelley Studio, Pioneer SQ., Seattle, WA
- 1998 – Genesee Restaurant, Seattle, WA
- 1997 – Elliott Bay Brewery, Seattle, WA
- 1996 – Triangle Tavern, Seattle, WA
- 1993 – Applause Gallery, Seattle, WA
- 1993 – Prints and the Pauper Gallery, Pioneer SQ., Seattle, WA
- 1992 – Café Europa, Copenhagen, Denmark

GROUP SHOWS

- 2018 - Fogue Studios and Gallery, Georgetown neighborhood in Seattle, WA
- 2018 - Seattle City Hall, with Fogue Studios and Gallery group, curated by Pattie Curtis-Hair
- 2016 - participated in a group of traveling shows, curated by Michael Fiacco (formerly of Archangel Galleries - Palm Springs,

CA) taking place in McMinnville, Oregon; Portland, Oregon and Seattle, WA

2014 – Rational/Irrational, Frederick Holmes & Company Gallery, Occidental SQ. Seattle, WA

2013 – Creating A Work of Art, Cristy Carner Spa Gallery, Fremont First Friday, Seattle, WA

JURIED SHOWS

1994 – Caminito Art Walk, Buenos Aires, Argentina

1993 – Belltown Inside/Out, Seattle, WA

1993 – A Celebration of Women in Art, Seattle, WA

CD COVER

1993 – The Pedestrians, *Lisa*, Minneapolis, MN

PERMANENT COLLECTIONS & COLLECTORS

Cristy Carner Salon, Seattle, WA

Swoop Salon, Seattle, WA

Anonymous Executives from Microsoft, Starbucks, Adobe, Amazon and Boeing, among others

COMMUNITY & CHARITABLE WORK

- Treehouse for foster kids
- Forest Ridge High School
- Chidamoyo Hospital (Zimbabwe)
- Assistance League of Seattle
- Consistently offer “no cost” tuition in Creating A Work Of Art Workshops for: Single Moms, unemployed or under-employed men and women and people with traumatic brain injuries.