



December 2024 Newsletter

Our next Gathering is:

Saturday, December 21, 2024

Meet at 3 pm at the home of Jim and Norma Brabb

Website

<http://fourseasonswingsandthings.org>

Facebook

<https://www.facebook.com/groups/587996265048173/>

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Cook's Night Out

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Chapter Director *ENJOY THE RIDE!!*

WOW!!! Has this year flown by??? As I write this Bob is leading our last organized ride of the year with a Toy Run in COLD weather, about 24* when I looked at the thermometer! I have been looking forward to our Ride Plan Meetings in the upcoming months to see what exciting adventure we have for next year. Please give any ideas to Dale, Bob or myself, or better yet attend the meetings and provide some good input!!!

We have had a successful year (despite a hurricane) as a chapter with good quality growth and getting to know and ride with all our new members is awesome! I'm looking forward to next year with great expectations and hoping that everyone will be at Jim and Norma's for the Christmas Party!

We start the NEW YEAR with a great time at Binions for good grub and fellowship at noon on January 1st!!!

We normally have a ride after, weather permitting!!! I am humbled and proud to have been chosen to be your Chapter Director this year and hope everyone is just as excited about next year as I am!!! We will be having an Officers' meeting very soon after the first of January so any and all ideas for the upcoming season is appreciated!

Looking forward as well to EWMA changes that are coming, they are being forward thinking about growth and benefits for its members so stay tuned for those as well.

Well let's see what comes down the road? See ya soon!!

Let's Enjoy the Ride Together!!!

Marty & Debbie Wood

EWMA NC-M2 Chapter Directors

NC Assistant District Directors

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A View From the Top

Reflections of Assistant Chapter Director

Bob Topper



So, December is here, along with the very cold weather. Not so unusual for this time of year, and it's not surprising that we don't have a lot going on, as far as riding and get togethers. This is the time for family and friends, Thanksgiving, as well as getting ready for true celebration around Christmas.

Our November began with our group's Annual BonFire at the Yager residence. We actually could not have asked for nicer weather, especially for November. A huge thank you to Dale and Michelle for welcoming us again, to your home and backyard. As usual, there was plenty of wood to burn and fun conversations to

be had.

Cooks Night Out was held on the 7 th at Mike's Pizza & Pasta in Hendersonville. We had a pretty good showing, and everyone had a good time and enjoyed the good food. Thanks again to Rusti & Gerry for setting up our CNO and really "taking care of business" for us. In December, on the 5 th , we will be dining at Sol Y Luna in Laurel Park. This is a Cali-Mex Bar & Grill, so come out and give your taste buds a different experience. Be sure to RSVP to Rusti & Gerry! Watch for the emails.

The Chapter Gathering for November occurred on the 16 th of the Month. We had a great turnout with 22 members joining us, some for breakfast and all for good times and updates on our chapter and the regular goings on. Typically, following our November Gathering, we ride over to the Henderson County Toy Run, but this year, with 5 Saturdays in November, the Toy Run was held on the 4 th Saturday instead of the 3 rd . So, following our gathering this month, 5 of us were led by Joe Taylor down to South Carolina, around Paris Mtn and then on to the Lil' Rebel Family Restaurant in Taylors. As this is the Toy Run season, around all of the nearby counties, Chapter M2 did make an appearance at the Henderson County Toy Run on November 23 rd , as well as the Polk County Toy Run on November 30 th . The latter ride was certainly much colder than most folks like, with the morning temperatures in the 30's and the day's high right at 50. Still, the children are what's important, and both rides were very successful. Thanks to all of you that joined me in this effort.

December 7 th is the scheduled date for Gifts on Cycles at the J. Iverson Riddle

Developmental Center in Morganton, and more details will be coming out about that. I truly hope to see all of you at our Christmas Party at Jim & Norma's in Rutherfordton on December 21 st . Watch for more details! And do not forget about our I-Cycle Ride on January 1 st , preceded by lunch at Binion's Roadhouse! Always a great way to start the New Year.

Merry Christmas to you all and let's have a fantastic New Year!

Bob



Safety and Ride Coordinator

By: Dale Yager

Two months after Helene and we have gotten in a few good rides. Most all the trees have been cleared, power lines restored, and some of the businesses that were affected have recovered and re-opened such as our breakfast location, Eggs Up. Although there are still signs that they suffered damage, the businesses on either side are still "works in progress" and have not opened. There are many that are still recovering and will be for some time. I have been glad to get out on a few really good rides but there are areas still not accessible as a result of landslides, wash outs and loss of bridges. They are being worked on diligently. Most of the riding season has come to an end except for a few of the hardier riders. There are no scheduled rides for December. We will still meet for breakfast at Eggs Up on Wednesday mornings at 9:00 am except for Christmas Day. Weather provided there may be a ride planned. These decisions are typically made on Tuesday as to

where, how far, and how long and are based on conditions and leaders availability. Watch both your email and Facebook for announcements. Our newest style of ride appears to be quite popular is the Knot 2 rides. We will definitely be including them in our schedule for next season.

Speaking of next season!

We will be meeting in January, February and March to plan the season for 2025. Location date and time yet to be determined. This is where every member, did I say every member? I sure did! Every member can bring ride ideas that we can plot on a calendar for 2025. We are looking for short day rides, Knot 2 rides, and long day rides. We also need destination and event rides, as well as overnight rides. Our ice cream rides and Cooks Nights Out are set on the calendar but destinations are determined during the month of the event. We are probably one of the few clubs that try to plan different types of rides so something can appeal to all types of riders. We want to provide you with the rides you want.

The Sullenberger Aviation Museum tour will be rescheduled for spring of 2025.

We will set a date at the tour meetings this winter.

<https://www.sullenbergeraviation.org/>.

I would like to thank all those that came to our season closing bon fire on November 2 nd , and especially for Brian O'Brien for helping me rebuilt the fire pit and Ken and Karen Weglarz for coming early to help me set up. Although the crowd was smaller than in the past, we had a great time and some fantastic warm weather for it.

1936 Harley Knucklehead. Didn't win this bike? Yeah, me neither.

Tech Tip: Damn it's cold out! If you still ride in the cold, it takes some extra preparations. First double check your tire pressure. In the cold, tire pressure drops and it's not because of a leak. It may have dropped several pounds. Having a monitor for your pressure is great. Some bikes have a low pressure warning light but don't actually tell you the pressure. By the time the light comes on, you are already several pounds low. Others actually tell you the pressure in each of your tires. The aftermarket industry offers options as well but is not cheap.

Unfortunately, some people ride oblivious to the tire conditions.

Low tire pressure wears out tires prematurely and at the cost of tires, it's not a good thing. It also can be a safety issue as the tires don't handle the way they are designed. The odds are in cold weather the integrity of the road surface is not the same as the warm road. As a rider, if you are extremely cold it also affects your ability to respond and control the bike. There are several ways to combat the cold. Heated gear is wonderful and can keep you toasty. It's a bit expensive, but if you plan to ride a fair amount in the cold, well worth it. Start with a jacket, ask someone for it as a Christmas present. After the jacket you can add on heated pants, gloves and socks. If you don't have that, maybe you have heated grips and seat. I find that also helps for the days when it cold but not cold enough for the heated gear. The down side is not that many bikes are equipped with that. You still can layer up but I find the more bulky you get, the harder it is to ride. Sometimes the best decision is to just stay home where you are warm and dry.

Dale Yager
Chapter Safety and Ride Coordinator
Chapter M2

Birthdays

DECEMBER		
	4	Debbie Wood
	6	Bob Martin
	13	Gerry Boykin
	15	Craig Lembke
	16	Bill McGill
	25	Cliff Gammons

No DECEMBER Anniversaries

Monthly Gathering Winners:

CNO Ride Pot: Rusti

Sponsor give-away: Gerri-gift certificate to Great American Hot Dog

Chapter Pride: Bob T.

50/50: Bob T.

M2 Caretaker: Rusti

Wing Nut Award: Norma

EVENTS:

Hump Day Breakfast Rides-Wednesdays

Eggs Up Grill

637 Spartanburg Hwy, Hendersonville, NC

Breakfast 9:00am Ride approx. 10:00am

Open to all members. Destinations and length TBD each week. Suggestions welcome.

Cooks Night Out-

First Thursday of each month. This month December 5, 6:30 pm. @ Sol Y Luna in Laurel Park

RSVP to Rusti by Dec. 4, 1 pm. ggboykin@yahoo.com

Rides & Rallies

- **Gathering meeting; December 21** Jim & Norma Brabb, 3 pm, Christmas Party, \$20 or less gift for exchange game.

FOR SALE

CONDOR PIT STOP With Trailer Adaptor Kit

Part #PSTK-6400

\$150.00

Contact: Ken Weglarz

8280749-8463

Email: newlarz@verizon.net

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Smart Phone Smarter than you thought?

Your phone may save your life or at least assist emergency medical providers in treating you. Some phones will automatically call 911 in a crash, and if they cannot get through due to no signal sometimes will try connecting with 911 through a satellite. **Do not take it for granted, call 911 yourself too if you can!!!**

First, where do you carry your phone when you ride?

Many of us have it attached to the bike for navigation, music, or other reasons. If you crash your bike, you will probably be separated from your bike and your phone. If you are alone what is next? Wait and hope someone comes along or maybe after several hours (6,8,10 or even 12) someone will notice you have not returned from your ride. Hopefully you have a phone smart enough and not too damaged to automatically call 911. If not??? A phone should be carried in your pocket to be useful in case of a crash (especially if you are alone), otherwise **who is going to call 911.**

How can your smartphone assist medical treatment?

Do you have your medical information setup in your phone? If you do, you probably already know most of what this article is about. But read it anyway because knowledge is power, and it could save you, your riding partner, or friend's life. I cannot explain how to set this up on all phones, so I will use my phone for an example (other models should be similar but check your phone's manual or see me and I will assist you). I have an I-phone 14 with IOS17.7 on it:

Open the Health app and tap the Summary tab.

Tap your profile picture in the upper-right corner (or your initials)

Under Medical Details, tap Medical ID.

Tap Edit in the upper-right corner.

To make your Medical ID available from the Lock screen on your iPhone, turn on Show When Locked. In an emergency, this gives information to people who want to help.

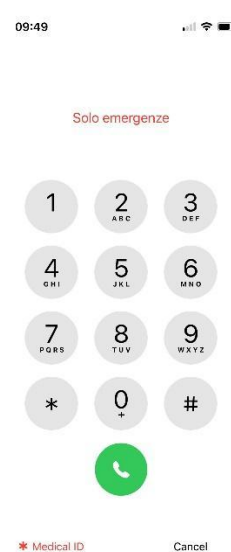
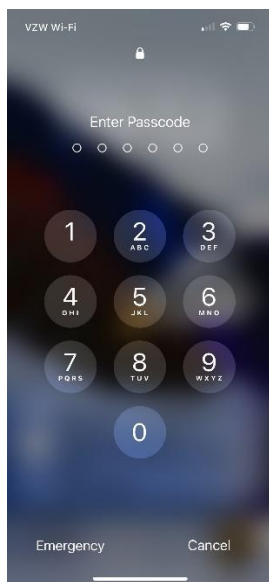
Enter health information like your date of birth, allergies, and blood type.
Tap Done

Why did you fill out the info? So, anyone treating you in an emergency can find this info to assist them with the correct treatment, and to notify your emergency contacts if needed (note: some phones will even call the emergency contacts automatically).

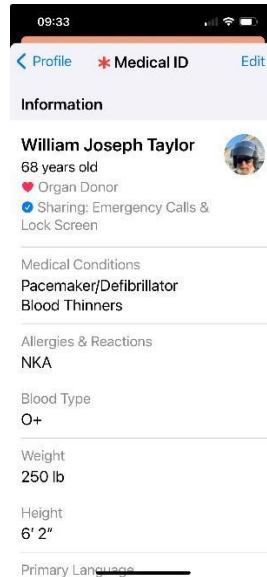
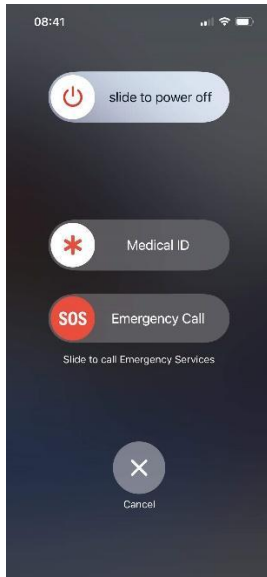
How does someone access this information when needed (yes even if you have your phone password or facial recognition protected)?

There are a couple of ways:

Try to open the phone, if enter passcode screen opens look in the lower left corner for the word Emergency and tap that. It will bring you to a screen that has a keypad for making a call. On the lower left tap the “Medical ID” which will bring you to the person’s medical information.



Another way to access it is by pushing the right-side button at the same time as one of the volume buttons on the left side. Then slide the bar that says “Medical ID” to the right. This will bring you to the person’s medical information.



This does not cover everything about your phone, but if it can save 1 life (maybe yours) then it is worth the read and follow-up action!