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FOUR SEASONS WINGS

GWRRA Chapter NC-M2

HENDERSONVILLE, NC

August 2020

Our next Gathering for Chapter NC-M2 is scheduled for Saturday, August 15th, 2020.

Meet at 9:30am at Mills River Park on Rte 191.

After the meeting there will be a ride to Wheels Through Time if NC is in Phase 3 and museums can open. Otherwise we have an alternate ride planned.

Watch for updated info via email!



Friends for Fun, Safety & Knowledge

Chapter Director's Greetings



Chapter NC-M2 August 2020

By Dale Yager



July has held some unexpected changes or should I say expected at this point. Henderson Co. has canceled the entire Music on Main events thus ending the one and only Throttle Therapy bike night that was scheduled for 9/11/20. We are trying to keep some riding events for our members and trying to keep them less complicated. Longer rides to restaurants right now have too many concerns especially since North Carolina doesn't appear to be beating this virus.

Last month we did have our first real gathering since February. We met at the pavilion in the Mills River Park which worked very well for us. I believe we will be doing the same thing for the August gathering. We will be changing the September gathering date as most of us will be out of town for the Bedford, Va. ride. I have yet to go to Golden Corral to see how they will be handling groups. Keep watch for e-mails to get the final decision.

After the July gathering we had a nice ride to the Blue Ridge Parkway indirectly to the picnic area of Mt. Pisgah. This was a place I have been by so many times but never really knew it was there. The tables were quite a ways apart and worked great for social distancing.

On this coming Saturday **08/01/20** at 10:00am we will be having a group ride. We will meet at Ingles on Rt. 280 in Mills River. This too is a picnic ride but to a different part of the Parkway. This time I will be leading the ride on some back roads I discovered when doing a pre-ride. We will be heading up near Fairview and indirectly to Old Fort. From there we will take 70 east to Rt. 80. This takes us to the top of the Parkway north of Mt. Mitchell. This stretch of the road is known as the "Bushwacker". After getting on the Parkway we will head south to the Craggy Gardens picnic area. After a nice picnic lunch there (there are porta johns) we meander the rest of the way back home. This ride will be about 130 miles total.

Don't forget that this Friday night **7/31/20** will be our ice cream ride led by Bob Topper.

"Wings over the Carolina's" will be taking the place of "Wings over the Smokies". North Carolina District will be holding 3 separate rides across the state with the West ride being held on Saturday, September 26th. The information I have so far is that the ride will be meeting in the Marion area with a ride around Lake James. The start time has not yet been divulged but we will need adequate time to get there. The District is offering the option to buy an event shirt much like what was done for Wings over the Smokies in the past. See order pages in this newsletter.

On Tuesday, July 21st we lost a life member of GWRRA. Mark Quinn at age 59. Mark had been diagnosed with pancreatic cancer last year and had been fighting this all along the way. For a while we thought Mark was ahead of this. In the past few months Mark, while still fighting, was in a losing battle. For those that have been around for a long time, Mark would show up on his Wing, Diedra on her Goldwing trike with their granddaughter Mackenzie riding shotgun with Diedra. They were great Chapter NC -M2 members.

After a while Mark and Diedra found their niche with the Christian Motorcycle Group. Before long, Mark was the President of that group. They helped organize the Henderson County Toy Runs as part of that group. Mark and Diedra were both true motorcyclists and believers in their faith. With group situations being what they are in today's atmosphere I was glad that both current and former M2 members were able to attend the celebration of life in Mark's honor.

When we do ride together, we will still use "social distancing" and we suggest that you wear a mask until further notice. This virus will not magically go away. We still need to be on the safe side. If you choose to ride, be careful and stay safe.

M2 Happenings in July



Bike Safe Class in Fletcher



Finally! We had a gathering!!! And a ride!





Frank Pizzardi Ride Coordinator

As I write this article for this month's newsletter, I hope everyone is doing well, being able to get out some, but also being safe and taking care of yourselves.

We had a good turnout at the last month's meeting at the Park at Mills River, then the ride to Pisgah National Forest, where we had lunch. The only incident we had that day was I dropped my bike twice, but no one got hurt, only my ego. However Dale & Bob T, informed me that they will teach me how to slow down without falling, lol.

As we enter another month we still have more good riding weather ahead, minus the rain. Let's think about safety. The weather is still going to be hot and muggy and we need to be prepared to deal with the heat and mugginess. In the previous newsletter I listed five safety tips for hot weather, now I am going to list the other five tips.

1. Wear an Evaporative Cooling Neck Wrap. Go a step further by adding an evaporative cooling neck wrap. The 100% cotton neck tie is "filled with water-absorbing polymer crystals which can hold 350–400 times their weight in water and they release it slowly (over a period of days)." You can also wear a bandana or neck gaiter soaked in water, but they dry out much faster. Neck wraps have the added benefit of protecting your neck from sunburn.

2. Avoid Riding During the Hottest Part of the Day. Since the hottest time of day is usually between noon and 5 p.m., if possible, plan to ride during the cooler morning and early evening times. Wake up early, have a light breakfast and cup of coffee, then hit the road. You can ride for several hours and then take a break for lunch, nap in the shade (that's what Dale likes to do), catch a matinee in a cool, dark movie theater or do some sightseeing. Early evening rides can be a real treat, but beware that dawn and dusk times often see greater wildlife activity, such as deer crossing the road. Stay cool, but also stay safe. Watching the sun rise on an early-morning ride.

3. Take Frequent Rest Breaks. If you're like us, on scenic, back-roads rides we often don't stop until the low-fuel light comes on. But on a motorcycle with 200-mile-plus range, that often means riding for several hours between stops. On hot days, you should stop more often. If you're not wearing a hydration backpack, frequent stops allow you to drink some water and have a snack. Take off your helmet and pour some cool water on your head. Walk around and do some light stretches to get the blood flowing throughout your body. Sit down in the shade for a few minutes. Or, like many people do these days, take a selfie and post it on Facebook.

4. Use Common Sense. If you start to feel lightheaded or dizzy, have a headache or cramps, or feel your skin becoming unexpectedly cool and clammy, your body could be overheating. Heat exhaustion can lead to heat stroke, which can be extremely dangerous, even fatal. Don't try to be tough and "ride through it." Pull off at the next exit or stop as soon as possible and immediately find a way to cool down. Remove your helmet and put a cold, wet towel around your head. Walk into an air-conditioned store or restaurant and order a pitcher of ice water. Take a dip in a cool lake, river or swimming pool. Give your body a chance to cool down.

5. Taking a Cool Dip on a Hot Day. We go on motorcycle tours because we like to ride, but sometimes it pays to take a day off. Long, hot days in the saddle are more likely to leave you fatigued, dehydrated and sore than long days in cooler weather. Plan your next tour around a daylong visit to a national park, historic site or city that is best explored on foot. Or build in a rest day where you can hang out around the campground or lounge by the hotel pool. Americans are constantly in a rush, always on the go. Summer motorcycle rides are fun, but when it gets really hot sometimes the best thing to do is just put your feet up and chill out.

On another note, we are all aware that our rides have been cut short or cancelled due to the Corvid-19 Virus, we have had meetings concerning everyone's safety during this time, so just be patient and hope that next year will be better. Rusti has planned a trip to Bedford, VA for September 18th, 19th and 20th, information is in previous newsletter or you can contact her for more information.

Also, this Friday the 31st, we have an Ice Cream Ride, hoping it does not rain.

As I end this article let's take care of ourselves, loved ones, ride safe and don't fall down while waiting for traffic to move.



From the Top Reflections of the Membership Enhancement Coordinator



So, are we having fun yet? This year is like one of those fun(?) road trips that you take with the entire family, in the middle of summer. With everyone wanting to be somewhere, but not in the car! All of the best planning goes out the window when road construction or closures disrupt everything. Whether you're the child or the parent, this is not what you expected! Now, we'll just call that a "2020"!

July brought us some decent times. Dale, Frank, and I attended a BikeSafe NC class in Fletcher on July 10th, after it had been postponed since April. It was my first and I would highly recommend attending one of these FREE classes. There is some inside time, but also a couple of rides that you go on where you go for a ride and the police/instructors lead and monitor how you do. They then give suggestions on what you may do, to help make you a better, safer rider. We should never stop learning.

We were able to hold another Chapter Gathering, this time at the outdoor pavilion at Mills River Park. The weather was perfect and we had 15 people attend and share ideas and discuss the chapter. Afterwards, quite a few of us took a long route (of course) up to the Parkway and stopped at the Mt. Pisgah Picnic Grounds for lunch and conversation. It's like all of the tables were preset for social distancing! With thunder in the distance, we left, heading somewhat North to avoid the incoming storm, and I believe everyone was able to get home without even getting a little moisture. Well, maybe not Rusti, as she stopped for some grocery shopping before heading into Etowah...I think she got wet.

We will hopefully have had another successful Ice Cream Ride on Friday, July 31st. The summer weather pattern of afternoon thunderstorms is certainly in high gear, making late afternoon rides a little questionable. We do what we can!

And finally, this month, I would like to say Farewell to a truly wonderful man, Mark Quinn. Mark passed on July 21st, after battling with pancreatic cancer. Mark was a Lifetime Member of GWRRA, the President of the local CMA chapter and just a friend to everyone he would meet. Anyone that was with us for our Dave's 209 ride last year will remember that Mark led us in a Blessing of Bikes at the Parkway Visitor Center. So long Mark, you will be missed.



GWRRA Chapter M2 Ride Schedule 2020

Rides after Gathering leave from Golden Corral or other location as needed and are in red.

All other rides will meet at Ingles, N Highlands Rd & Spartanburg and are in green.

Alternative leave location will be Ingles on Rte 280 in Mills River & are in blue.

August

1	All Day Ride & Picnic	10:00 AM	Craggy Gardens	Blue Ridge Parkway		
6	Cook's Night Out	6:30pm	Nachos & Beer	Fairview		
15	Gathering	9:30am	Mills River Park	Mills River		
15	Ride	Wheels Thru Time (if open) or alternate ride TBD				
28	Ice Cream Ride	6pm				TBA

September

3	Cook's Night Out	6:30pm	TBD			
12	Gathering	9a eat, 9:30a meet	TBD	Hendersonville		
12	Ride		Straightaway Café	Black Mountain	Nancy	40
18-20	Virginia Weekend	9am	WWII Monument	Bedford, VA	Rusti	
25	Ice Cream Ride	6pm		TBA		

October

1	Cook's Night Out	6:30pm	TBD			
3	Meltdown	12 pm-5pm	7th Avenue	Hendersonville		
4	Day Ride	10am	Aunt Sue's Loop	SC/NC	Bob T	
17	Gathering	9a eat, 9:30 meet	TBD	Hendersonville		
17	Ride	Flag Museum	Southern Manners	Columbus	Ken/Nancy	54
30	Ice Cream Ride	6:00pm		TBA		

November

5	Cook's Night Out	6:30pm	TBD			
7	Bonfire	6pm	Dale & Michelle's	Hendersonville		
21	Gathering	9a eat, 9:30a meet	Golden Corral	Hendersonville		
21	Ride		Toy Run or Alum Xmas Tree Museum			

December

3	Cook's Night Out	6:30pm	TBD			
12	M2 Christmas Party	6pm	Bay Breeze Restaurant	Hendersonville		

January

1	Icycle Lunch & Ride	12:30pm	Binions Roadhouse	Hendersonville		
	Ride	weather permitting				

IN MEMORIUM



Mark A. Quinn

1960 - 2020

Life Member of GWRRA & Chapter NC-M2

*President of Chapter #520
Christian Motorcycle Assoc.
Master Messengers*

GL 1800 GOLDWING MOTORCYCLE PARTS

FOR SALE

Rain Suit Seat Cover, black with storage bag - \$30

GL 1800 Trike Cover – used inside a garage only, like new - \$50

Factory Honda Goldwing Windshield, new, still in box \$40

Revco heel toe shifter and floor board pedal (no brake pedal attachment), never been used, still in original bags \$50.

GL 1800 Front fender for a 2010 bike, pearl hot rod yellow - \$15

CONTACT ED SPANGLER AT 828-273-6984



GWRRRA Anniversaries
None this Month

August Birthdays
22nd Ed Spangler


August Anniversaries
28th Cliff & Nancy Gammons

Look in the newsletter for your GWRRRA number. If you see it.... let Michelle know at our next meeting and you will receive **Six** 50/50 tickets.



Winners
July
Ride Pot
Rusti Boykin

Chapter Pride
Nancy Skerry

50/50
Bob Topper

M2 Caretaker for the Month
Nancy Skerry

Let Michelle know if it's your Birthday or Anniversary for an extra 50/50 ticket!

WING NUT AWARD
None this month!

All M2 Gatherings will be scheduled on a month to month basis during the pandemic. Time & place will be emailed.

MEMBER'S INFORMATION

“COOK'S NITE OUT”



August 6, 2020

Cook's Night Out

Nachos & Beer
230 Charlotte Hwy
Fairview

**Meet at Mills River Ingles at
5:45 pm**

**RSVP:
Rusti by noon Wednesday
trikelady@yahoo.com
or call 891-7399**

This is YOUR newsletter. If you attend any of the Chapter events, please take a few minutes to email some tidbits about the event and a picture or two...to new-larz@yahoo.com Don't worry about composition...your Editor will paste the words together.

Not everyone can be at ALL events and your shared-experiences may make those that didn't attend; wish they had! Newsletter deadline: 28th of each month!

Member Wellness

**Hope Everyone is Staying
Healthy!**



UPCOMING EVENTS

Sept 26th	Wings Over Carolina Western NC Ride
Dec. 5th	Gifts on Cycles J Iverson Riddle Developmental Ctr.
Dec. 12th	M2 Christmas Party Bay Breeze Seafood Restaurant

August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 All Day Ride
2	3	4	5	6 CNO Nachos & Beer	7	8
9	10	11	12	13	14	15 M2 Meeting 9:30am Mills River Park Ride After
16	17	18	19	20	21	22
23	24	25	26	27	28 Ice Cream Ride	29
30	31					



September 2020

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 CNO	4	5
6	7	8	9	10	11	12 SPECIAL DATE M2 Meeting Ride after
13	14	15	16	17	18 Virginia Weekend Ride	19
20	21	22	23	24	25 Ice Cream Ride 	26 Wings Over Carolina Ride
27	28	29	30			

Wings Over Carolina

Order Your Shirts Now

We hope all of you are well and staying safe, and that you are managing to stay mentally and physically strong. If so, you might be ready to ride! We are and are excitedly looking forward to the three Wings Over Carolina rides.

Chronologically listed: The East ride is scheduled for Sept 19th. The ride in the West will be on September 26th. The Central October 10th. Details regarding each ride will be forthcoming very soon.

In the meantime, I am pleased to share that we have jumped on board with Steve Cline's suggestion to offer event shirts! (Thank you, Steve!) We will work furiously to have these shirts imprinted with an event logo, and ready to distribute at each Wings Over Carolina ride. These event shirts will be available by pre-order only. Below is an order form and a sizing chart. Note: These are the same prices advertised for WOTs 2020 shirts. Note to the ladies: Beware-these are unisex sized shirts. Think of what size a man with your stature would wear. You may order your shirt with your personal info added to the shirt, as many of you are accustomed to doing at the rally. Also note we are marking the season by offering Covid masks. These masks also will be imprinted with an appropriate and corresponding logo. Orders must be mailed to Libby by **August 31**-that's one month and counting!

T-Shirts: Short Sleeved
without pocket

T-Shirts: Long Sleeved
without pocket

Golf Shirts: Short Sleeved
with pocket

S, M, L, XL--\$17

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

2XL & 3XL--\$19

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

4XL & 5XL--\$22

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

S, M, L, XL--\$19

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

2XL & 3XL--\$21

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

4XL & 5XL--\$24

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

S, M, L, XL--\$23

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

2XL & 3XL--\$26

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

4XL & 5XL--\$29

Qty ___ Size ___ \$ _____

Qty ___ Size ___ \$ _____

Imprinted Covid Masks \$7

Qty ___ \$ _____

TOTAL _____

Personal Info \$1.25 per line

of lines ___ \$ _____ Check desired boxes below

Name on shirt _____

Chapter/State _____

Position _____

Please make checks out to **NC GWRRA**

And send to: **LIBBY JENNINGS**

422 PATRIOT POINTE DR

Signature _____

HILLSBOROUGH, NC

Address _____

27278-9018

City, State, Zip _____

Remember preorder only and by August 31. The countdown is on!

Chapter NC-M2 Web Site

Check it out: <http://gwrrancm2.org>

We have launched a Facebook Group open to all GWRRA members!
Check it out at: <https://www.facebook.com/groups/587996265048173/>

Also visit our Facebook site: **Hendersonville Goldwings–Chapter M2.**
Everyone can post pictures & comments there.



Keep your eyes and ears open !!!!

The WING NUT AWARD is always up for grabs!!!!



M2 celebrating National Lollipop Day

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