

# COMMUNITY HEALTH NEEDS ASSESSMENT

for

Colorado River Medical Center  
1401 Bailey Avenue  
Needles CA 92363  
March 2014

by

  
MJ Philips & Associates LLC  
healthcare consulting



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## Purpose & Method

### **Purpose:**

Colorado River Medical Center (CRMC), a critical access hospital, engaged MJ Philips & Associates to

- complete a Community Health Needs Assessment (CHNA)
- provide information needed for the hospital to issue an assessment of community health needs and to document how it intends to respond to identified needs (*see Attachment I, Colorado River Medical Center CHNA Implementation Plan*)

The healthcare reform law, the Patient Protection and Affordable Care Act, added a new provision to the not for profit hospitals IRS code. Under this provision, not for profit hospitals must conduct a Community Health Needs Assessment every three years. The health needs identified in the CHNA must be addressed in an action or implementation plan. Other requirements of the new IRS provision include:

- the CHNA must take into account the broad interests of the community
- the Assessment must involve individuals with expertise in public health
- the findings must be made widely available to the public

IRS ruling 69-545 established the community benefit standard as the basis for a tax exemption. Community benefit is determined if the hospital promotes the health of a broad class of individuals in the community, based on factors that include:

- emergency room care is open to all, regardless of ability to pay
- surplus funds are used to improve patient care, expand facilities, train staff, etc.
- the hospital is controlled by independent civic leaders, and
- all available qualified physicians are privileged

### **Method:**

Completion of the CRMC Community Health Needs Assessment involved the following steps:

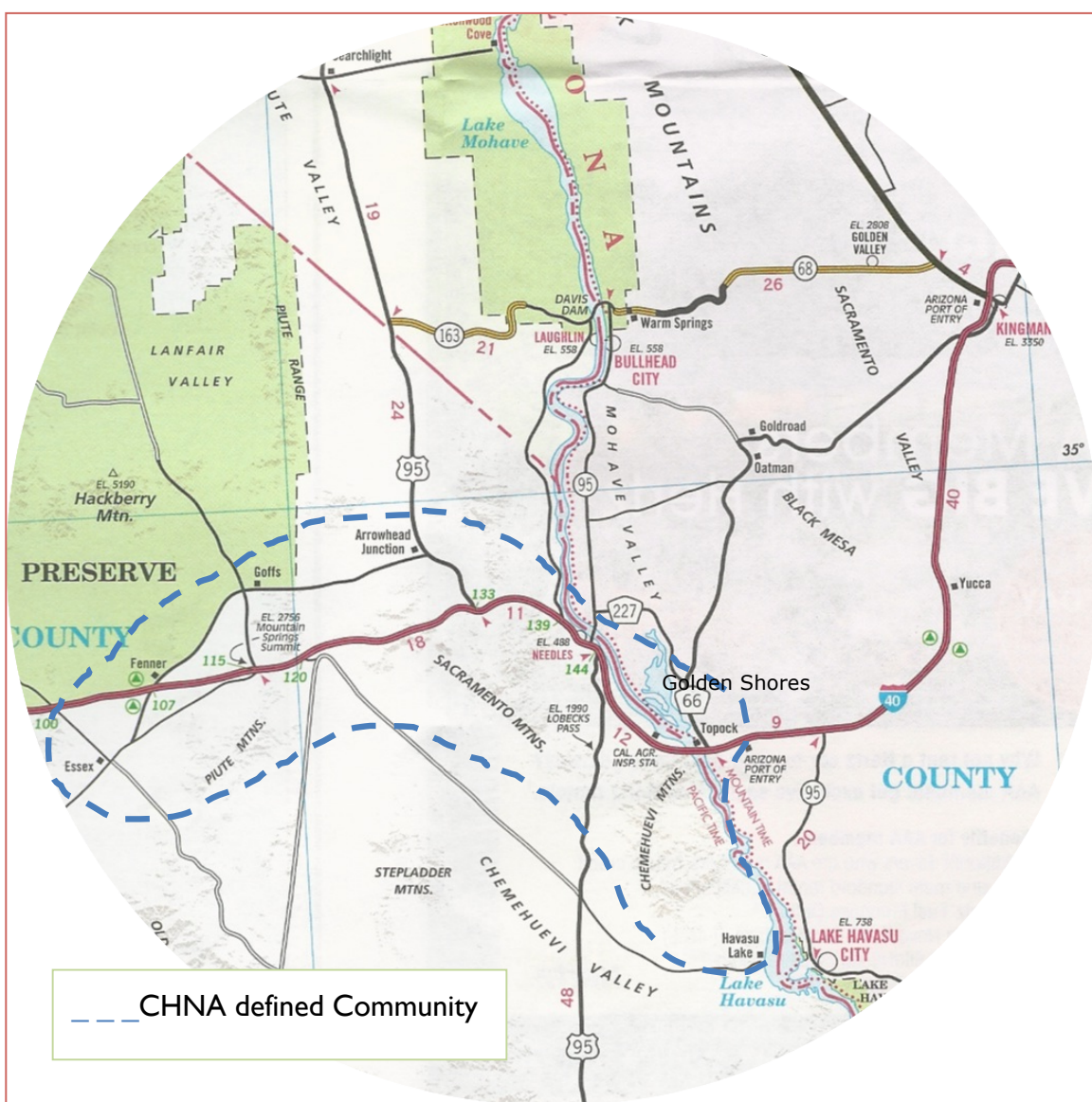
- defining health: *for purposes of this CHNA, health shall be defined as a state of complete physical, mental, and social well being and not merely the absence of disease or infirmity*
- identifying data and information which indicates and describes specific problems and health needs requiring targeted interventions including:
  - **On site and telephone interviews** – interviews with 29 community residents and representatives of community and county healthcare agencies (*see Attachment II, Interview comments*)
  - **Town Hall meeting** – held January 16, 2014 at CRMC (*see Attachment III, Town Hall meeting notes*)
  - **San Bernardino County First 5 Mapping Exercise** – approximately 30 parents, area residents and others were convened to provide input regarding the needs of children in the greater Needles community (*see Attachment IV, San Bernardino County First 5 Mapping Exercise*)
  - **County Health Rankings and Roadmap** – *a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute (see Attachment V, County Health Rankings and Roadmap)*

- **Community Health Status Indicators** – indicators for local communities to encourage dialogue about actions that can be taken to improve a community’s health (see Attachment V, Community Health Status Indicators)

The latter two data sources were of limited value since they only make data available on a countywide basis. The CRMC primary service area with a population of 5321 constitutes a very small portion of San Bernardino County, which has a population of 2,035,210.

- defining community: the CHNA shall define the geographic area that constitutes a community for purposes of conducting the CHNA...for this CHNA, community shall be defined as the CRMC primary service area which consists of a single zip code 92363 and very small surrounding communities outside 92363 (see Figure 1, CRMC Primary Service Area Map)

Figure 1 CRMC Primary Service Area Map



## Demographics

The population of the CRMC primary service area (PSA), zip code 92363, is 5321. According to the US 2000 and 2010 Census, the PSA population decreased by 2.7% compared to an increase in population of 9.1% for San Bernardino County, 10.0% for California and 9.7% for the US.

For the CRMC primary service area, 28.8% of the population is under age 19 compared to 32.7% for San Bernardino County, 28.1% for California, and 27% for the US. Within the PSA, 16.2% of residents are >65 compared to 8.9% for San Bernardino County, 11.4% for California and 13.0% for the US.

Racial composition of the PSA is as follows: 72.8% of residents are white, 11.3% are American Indian, and 1.9% are Black or African American.

San Bernardino County has a higher percentage of residents who have graduated from high school...80% compared to 76% for California.

In the CRMC PSA, 53.9% of residents own their own home compared to San Bernardino County and California (62.7% and 55.9% respectively). The median value of owner occupied homes in zip code 92363 is \$119,100 compared to \$241,500 for San Bernardino County and \$383,900 for California. The median household income for the PSA is \$29,754 compared to \$54,750 for San Bernardino County and \$64,100 for California. The poverty rate for the PSA is 28.4% compared to San Bernardino County at 17.6% and 15.3% for California.<sup>1</sup>

## Process Used to Identify CRMC Community Health Need Priorities

Identifying health need priorities of the Needles community involved relying on the following information and sources:

- on site and telephone interviews of Needles residents and representatives of health care organizations (including SB County public health agencies)
- comments and input from attendees at a CHNA town hall meeting held at CRMC on January 16, 2014
- results of a San Bernardino County First 5 Mapping exercise designed to provide an opportunity for 30 parents and other residents of Needles to identify what they viewed as the key assets and needs of the Needles community and to suggest possible solutions for addressing identified needs and issues
- Community Health Status Indicators (data available from the Center for Disease Control and Prevention and National Institutes of Health) – indicators for local communities to encourage dialogue about actions that can be taken to improve a community's' health
- County Health Rankings and Road Maps (a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute)

<sup>1</sup> Source: 2010 US Census, American Factfinder, 2008-2012 American Community Survey 5-Year Estimates

## Existing Health Care Facilities

### Acute care

Colorado River Medical Center is the only hospital in Needles, serving residents of the Needles community. Based on hospital discharge data from the Office of State Health Planning & Development (OSHDP) (see *Table 1, CRMC Market Share*) the only other hospitals utilized by a significant number of Needles residents are:

- Arrowhead Regional Medical Center...a 456 bed acute care hospital located in Colton CA approximately 195 miles from Needles
- Loma Linda University Medical Center located in Loma Linda CA...a 900 bed tertiary hospital, approximately 198 miles from Needles (see *Table 2, Existing Acute Care Hospitals*)

**Table 1 CRMC Market Share**

Hospital	Community	Discharges	% Market Share
Colorado River Medical Center	Needles	204	55%
Loma Linda University Medical Ctr	Loma Linda	35	9%
Arrowhead Regional Medical Center	Colton	26	7%
Other CA		60	16%
Other out of state		47	13%
Total		372	100%

Source: 2012 OSHPD data

**Table 2 Existing Acute Care Hospitals**

Hospital	Location	Distance In Miles
Colorado River Medical Center	Needles	9
Loma Linda University Medical Center	Loma Linda	199
Arrowhead Regional Medical Center	Colton	225

Note: Distance per CMS Hospital Compare - 200 miles from center of zip code 92363

### Long term care

There are no skilled care nursing homes located in Needles. The closest nursing homes are across the river in Arizona (see *Table 3, Area Nursing Homes*).

**Table 3 Area Nursing Homes**

Nursing Home Facility	Location	Distance In Miles
Lake Hills Inn	Lake Havasu City AZ	32
The Legacy Rehab & Care Center	Bullhead City AZ	33
The River Gardens Rehab And Care Center	Bullhead City AZ	33
Havasu Nursing Center	Lake Havasu City AZ	33
Desert Highlands Care Center	Kingman AZ	58
Gardens Care Center	Kingman AZ	58
The Lingenfelter Center	Kingman AZ	58
Blythe Nursing Care Center	Blythe CA	97

Source: CMS Nursing Home Compare

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## **Clinics**

- **Colorado River Medical Center**, located in the physicians office building adjacent to the Hospital  
1401 Bailey Avenue, Needles CA 92363  
760-326-6878  
Open two days a week – Thursday and Friday  
Dr. Butler, DO, FP, cardiology, pulmonology, neurology, bone and joint, working with Dr. Irfan Mirza, Fort Mojave  
Thursday 1-5 Vista Health (on another day, a FNP under Vista Health will come if there is a need by endocrinology patients)  
  
Dr. Paglinawan FP  
Friday AM
  
- **Tri State Medical Center**  
1600 Bailey Avenue, Needles 92363  
(760) 326-0222  
Open five days per week  
Monday and Tuesday 9-5 closed 12-1  
Wednesday 9 to noon and 1 to 5 – EKGs and immunizations  
Thursday 9-5 strictly ultrasound – heart, carotid artery, pregnancy  
Second and Fourth Thursday a pediatrician comes 10-5  
Friday Dr. Donovan Anderson 9-3 – As of April 3, Dr. Robert Richardson MD to be there Thursday and Friday instead of Dr. Anderson  
Clinic not currently approved for MediCal patients  
  
A dentist comes 2 times/year from Barstow for Headstart students – if a child needs to be referred to dentist in Bullhead City Just 4 Kids, they take MediCal Headstart  
600 Cibola St, Needles  
(760) 326-5221
  
- **Needles San Bernardino County Health Department**  
1406 Bailey Ave. Suite D Needles CA 92363  
Call 1-800-722-4777 to make an appointment for all clinic services except Primary Care\*  
7:00 am – 5:30 pm Monday through Thursday  
Every other Tuesday: Primary Care\* and TB Skin Testing  
Every other Wednesday: Primary Care\* and Clinic Operations Services  
Every other Thursday: Immunizations and Reproductive Health/STD Services  
For Primary Care appointments, please call 760-326-9230

### **San Bernardino County Behavioral Health**

See Priority Four

## CRMC Community Health Needs Priorities

In establishing priorities among identified health needs, consideration should be given to the ability of CRMC along with organizations and agencies from San Bernardino County to have an impact on the problem. Based on information obtained from the sources listed above, Needles' health needs priorities are as follows:

### **Priority One: Need for more primary care in Needles**

#### *Telephone and onsite interview comments*

*"The lack of family practice doctors and specialists is a serious problem...there are few/no doctors here...no primary care...people must go out of the city for healthcare."*

#### *Town Hall Meeting comments*

*"The Needles community needs a family/general practice doctor...and more primary care providers, family physicians and nurse practitioners...more doctors."*

#### *First 5 Mapping comments*

*"Families face severely limited medical services in Needles."*

It should be noted that (based on the latest available data) 16.5% of pregnant women in San Bernardino County had no prenatal care in the first trimester (see *Table 4, No Prenatal Care in the first Trimester*)

**Table 4 No Prenatal Care in the first Trimester**

<b>SB County</b>	<b>US</b>	<b>Healthy People Target</b>
16.5%	16.1%	10.0%

*Source: Community Health Status Indicators-2009*

### **Priority One actions to consider**

- coordination of efforts to attract physicians and other providers to Needles – the existing clinics in Needles should meet and develop a common coordinated strategy for increasing the number of family practice physicians and other providers by at least three physicians
- First 5 Title 10 resources for physician recruitment – representatives from Needles (CRMC, City, etc.) could attend a San Bernardino County First 5 Commission meeting to present a proposal for grants to rural communities facing a severe shortage of family practice/primary care. If this effort is successful, primary care sources in Needles (CRMC, SB County Public Health Clinic, Tri-State Clinic) should prepare and submit a joint application for First 5 funds to support efforts to recruit additional primary care physicians willing to live and practice in Needles (professional recruitment services, advertising, etc.).



**Priority Two: Access by Needles residents to physician specialists and specialty care (orthopedics, OB/GYN, neurology, oncology, etc.)**

*Town Hall Meeting comments*

Based on comments during the CHNA Town Hall meeting, residents of Needles requiring diagnostic services and treatment by physician specialists must travel out of town to medical centers in Arizona or to Arrowhead Regional Medical Center in Colton. Many residents lack resources to access these services.

*Interview comments*

"There are no orthopedic services here...patients who need casting must go to Arrowhead Regional Medical Center in Colton (4 hours away)...as do patients requiring pediatrics, internal medicine, podiatry and cardiology...patients requiring dialysis must travel to Bullhead City...there are no OB/GYN services here...we need a network of primary care and specialists working together."

**Priority Two actions to consider**

- CRMC should make an effort to expand its telemedicine services and to attract additional visiting specialists from Arrowhead Regional Medical Center and/or Arizona medical centers. This could require expansion of the clinic building adjacent to the hospital to accommodate the visiting specialists.

**Priority Three: Access to affordable healthy food**

*First 5 Mapping comments*

Basic food items like fruits, vegetables and milk are much more expensive in Needles than in stores across the River in Arizona. The selection at the only grocery store in Needles is perceived as more expensive and of lower quality. "Needles is home to too many fast food establishments that cater to travelers passing through the area."

*Interview comments*

Needles does have a successful farmer's market, which provides access to healthy foods. The market operates on Saturdays from 9 am to 1 pm, February through June and October through December. However, the produce comes mainly from Arizona. More California farmers need to be attracted to the market without discouraging participation by Arizona suppliers. This farmer's market tends to be patronized heavily by middle and upper income residents who may already have relatively healthy diets...while not reaching the lower income residents of Needles (those most in need of more affordable healthy fresh fruits and vegetables).

**Priority Three actions to consider**

- encourage the Department of Transitional Assistance to make subsidies available to low income Needles residents. Care needs to be taken to ensure that this could be done in a manner that does not discourage Arizona farmers from participating in the Needles farmer's market.
- expanding public transportation to less expensive fresh food sources in Arizona...perhaps by subsidizing the Needles Area Transit, this could enable NAT to make more scheduled trips to food stores in Arizona
- approach Palo Verde Community College and/or University of California Cooperative Extension San Bernardino County to provide educational and mentoring services for low income families in making wise food choices,

creative food preparation, how to maintain a pantry– the concept of having healthy meals for two or three days in a row – avoiding fast food sources

#### **Priority Four: Mental health services**

The need for mental health services was frequently mentioned at the CHNA town hall meeting. Based on interviews of the staff at the Needles County of San Bernardino-Department of Behavioral Health, the issue might be a lack of awareness by PSA residents of the mental health services actually available locally. The County Department of Behavioral Health occupies new office space at 1600 Bailey Avenue, Needles. There are no obvious signs identifying the office...partly out of concern for patient confidentiality. According to staff at this office and the agency's office in San Bernardino, services are available (in house and via data telemedicine line) as follows:

- two licensed adult psychiatrists 3 days per week
- one adult Spanish speaking psychiatrist 3 days in office and 2 days via telemedicine with Barstow with the patient in Needles office
- a child psychiatrist 1 day per week via telemedicine on Mondays
- licensed clinical therapist
- individual and group therapy, case management, crisis intervention

#### **Priority Four actions to consider**

The primary issue regarding mental health services in Needles appears to be “get the word out” regarding actual services available. This could be done through

- memos or bulletins to Needles clinics, community agencies and organizations (e.g. churches) and posters on display at various locations
- newspaper ads in the Desert Star

#### **Priority Five: Elderly residents who need support and assistance**

As indicated above, within the Needles community, 16.2% of Needles residents are >65. While Needles has an excellent and heavily used senior center, interview and town hall meeting comments indicates the community lacks:

- its own home health services...home health is provided on a limited basis from Apismellis Home Health Care out of Big River AZ
- skilled nursing or assisted living facilities for support after a hospitalization or recuperation/rehabilitation from an illness, injury, or surgery
- skilled nursing close to home...relieving the burden on families and friends of traveling out of town to see SNF patients
- hospice services for potentially terminally ill residents...limited hospice services are available through agencies in AZ

#### **Priority Five actions to consider**

- regarding home health services, CRMC staff could approach Apismellis Home Health in Big River to see whether they would be willing to open an office in Needles
- swing bed and skilled nursing care...CRMC should consider opening or expanding its swing bed program and/or establishing a small (6-10 bed) skilled nursing facility unit – this could probably be accomplished with minimal renovation or new construction within CRMC's existing physical plant
- hospice services...initially CRMC may want to establish a volunteer hospice service similar to programs operating at Southern Inyo Hospital District, Lone Pine CA and Southern Coos Hospital, Bandon OR...if there proves to be

sufficient demand for this service, CRMC might consider approaching a national or regional hospice company to establish a hospice office in Needles

### **Priority Six: Stroke-appropriate stabilization and treatment**

San Bernardino County has a stroke rate (53.7) that is higher than the US (47.0) and the Healthy People Target (50.0)

<b>SB County</b>	<b>US</b>	<b>Healthy People Target</b>
53.7	47.0	50.0

*Source: Community Health Status Indicators-2009 (rates are age-adjusted to the year 2000 standard; per 100,000 population)*

#### *Interview comment*

*"Don't go to CRMC with heart, stroke."*

Arrowhead Regional Medical Center (ARMC), the principal California hospital for patients from the Needles Community, is a recognized leader in the care and treatment of strokes. In December 2013, ARMC received the American Heart Association's "Get With the Guidelines, Stroke Silver Plus Quality Achievement Award" which recognizes the ongoing commitment and success in higher standards of care by ensuring that stroke patients receive treatment according to nationally accepted guidelines.

### **Priority Six actions to consider**

To ensure that residents from the Needles Community who experience stroke symptoms receive appropriate care and stabilization prior to transport (via helicopter or fixed wing) to ARMC or to another recognized stroke center, CRMC should look to ARMC's Stroke Program for education and training of emergency department, EMS, and other staff regarding adherence to the American Heart Association's stroke treatment guidelines. ARMC Stroke Program staff could be invited to CRMC to conduct structured training sessions. Alternatively, staff from CRMC and Baker Ambulance could travel to Colton for these sessions.

It should be noted that CRMC in concert with local service and civic organizations could play a role in informing the public how to recognize the signs of a stroke in an individual (*see Attachment VI, National Stroke Association Signs of a Stroke*),

### **Priority Seven: The need for increased neighborhood walkability, bicycle trails, running and walking paths**

#### *Interview comments*

*"There are no sidewalks, bike trails, places for people to exercise safely outdoors... the recreation center is very good, they have an after school program."*

#### *First 5 Mapping comments*

*Duke Watkins Park houses the community recreation center and State Park. It is highly utilized by families and is a source of pride for the community. Parents indicate that more extensive hours and lower prices would benefit the community. Parents cite issues of neighborhood walkability as barriers to accessing basic services for families and recreation activities for their children. Parents also expressed concern regarding gang activities in or near Needles' public parks.*

**Priority Seven actions to consider**

The City of Needles should be urged to improve neighborhood walkability with appropriate arterials, handicap access ramps, and create running and/or walking paths where possible. The San Bernardino County Sherriff's Department should consider or continue conducting periodic patrols in and around city parks to discourage gang activity.

**Attachment I, Colorado River Medical Center CHNA Implementation Plan**

<b>Priority and Issue to Address</b>	<b>Anticipated Change</b>	<b>Action Required</b>	<b>Suggested other organizations and agencies</b>	<b>Resources Required</b>
<b>Priority One Need for more primary care</b>	Sufficient supply of primary care available in Needles	Recruit primary care physicians and nurse practitioners	Other local clinics First 5 Commission	Funds to recruit physicians and NPs \$10,000 to \$15,000
<b>Priority Two Access to physician specialists</b>	Additional visiting specialists  new telemedicine linkages	Establish affiliation relationships  Purchase and install telemedicine equipment  Provide physician office space	ARMC  AZ medical centers	Funds to establish visiting specialist office space and to purchase needed telemedicine equipment
<b>Priority Three Increased access to healthy affordable food</b>	Improved access to healthy food  Expanded farmer's market  Transportation to AZ food stores	Request SBC Transitional Assistance Department (TAD) support for purchasing farmer's market produce  Increase subsidy for public transit	Needles Business Alliance  TAD  City of Needles  Senior Center "Dial a Ride"	TAD dollars  City Transit subsidy support
<b>Priority Four Lack of awareness of mental health services</b>	Increased awareness by Needles residents of locally available behavioral health services	Get the word out regarding available mental health services in Needles	SBC Behavioral Health Department  Other community organizations and churches e.g. school district, sheriff's department, other health service providers, etc.	Funding for publicity and newspaper ads
<b>Priority Five Lack of supportive services for the elderly</b>	CRMC adds swing and skilled nursing beds	Achieve regulatory approval for CRMC's swing and SNF beds  Volunteer hospice program created	CRMC  OSHDP  Office of Rural Health	Funds for CRMC to accommodate SNF and swing beds
<b>Priority Six Appropriate stroke stabilization and treatment</b>	Increased knowledge and understanding of appropriate stroke stabilization and treatment protocols	Link with ARMC Stroke Program	ARMC  CRMC  Baker Ambulance	ARMC and American Heart Association for training and education
<b>Priority Seven Lack of neighborhood walkability</b>	Improved sidewalks and additional walking and running paths	Redo and/or add sidewalks to accommodate strollers and wheel chairs  Construct walking and running paths	City of Needles  Community service clubs	Resources for sidewalk improvement and walking and running paths

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**Attachment II, Interview comments**

Comments from CHNA interviews conducted 11-19-2013 in Needles

- SB, Topoc, Golden Valley, Ft. Mojave, Bullhead
- Valley View takes medical, trying to work with AZ
- Las Vegas and Arrowhead
- Mental health
- Lack of FP – specialists, home health and hepatic...nearest is in AZ – not licensed in CA
- No elderly care, people are cared for by neighbors and friends
- ER is primary care
- Addiction an issue

Low income – parents and adults need to be educated

Schools are better – new superintendent, new principal for elementary school

An economic development presentation showed needles has flat lined for years

There are no sidewalks, bike trails, places for people to exercise safely outdoors  
Recreation center is very good – they have an after school program

BSNF is doing well

- Diabetes, obesity, and addiction
- Air and water environment no issue
- Homelessness is an issue
- St Vincent DePaul, catholic church, Salvation Army all help
- 24 hour hold through ER – they pay 1 million per year to the sheriffs dept

look at discover needles face book and city web pages – maybe the public meeting could be advertised there.

- no doctors here
- run the dial a ride in city
- 3 and 4 generations of subsidized living
- people go out of city for healthcare
- dentist and vision services good – those offices are next to the public health office
- ambulance all weekend goes to Sunrise at Las Vegas
- have 2 pharmacies – Rite Aide and Needles Point
- there are certain prescriptions that cannot be filled so you need to go to Bullhead etc.
- big cities tell their citizens on welfare to move here where it is cheaper
- meals are \$3 at the Sr. center
- for community seniors
  - caregivers from social services clean, shop etc.
- no primary care here
- this primary care clinic is held 2.5 days per month – they see 30-40 patients in 2.5 days – this is a satellite clinic of Arrowhead in Colton – there are certain referrals back down to Arrowhead

- they provide shots, TB screening, birth control, etc. – lab work is sent to CRMC – County has contract with CRMC
- no specialties in Needles
- there is Tri State Community Health for low income healthcare at the FQHC in Needles
- smoking
- diabetes
- Acute pediatrics is seen in Bullhead
- is the hospital opening a PC clinic?
- re health of kids here:
- obesity
- children go to Barstow or Blythe for dental
- mental health here
- elderly pop are low income
  - transportation to AZ to medical – don't take MediCal
- no diabetes support here
- people with ArrowCare – low income health plan – come here from Big River, Needles, and Havasu Landing
- January all will be MediCal
- No MRI for MediCal patients
- A cardiologist in Bullhead takes MediCal
- No casting here – patient goes to Arrowhead 4 hours away
- There is dialysis in Bullhead – they take MediCal

Arrowhead has been in this community for 20+ years

Baker Ambulance Covers 4000 sq miles

Main calls are;

Chest

Breathing – COPD

Just "sick"

People they pick up Medicaid pts in the wilderness, those people don't know about healthcare

CRMC – don't go there with heart, stroke

They say they don't go to Bullhead unless they have to

10-15% go to Valley View

Care Flight out of Bullhead is the helicopter service

Baker Ambulance medical base center is Arrowhead and County is communications center

Cost for air flight is \$48K

Kids need help – they can't afford to be part of extra curricular activities

**Attachment III, Town Hall meeting notes**

**Notes from Town Hall meeting held at CRMC on January 16, 2014**

Question: in your view, what are the three most critical health needs in the greater Needles community; actions or initiatives?

Needs:

Family/general practice doctor

OB/Gyn

Open ICU

Also, podiatry, general surgery, internal medicine, pediatrician, bus system to Arrowhead

Actions:

Recruit FP/general medicine doctor with desire to do obstetrics

Add OB/Gyn

Open OB department in hospital

Open ICU in hospital

Needs:

24 hr emergency care

more primary care providers-family, physicians and nurse practitioners

internal medicine specialists for adults, ENT for children

Actions:

Hire more physicians, nurse practitioners for the community to work in the hospital

Also, provide more family oriented resources i.e. schools to attract them, to relocate them, and settle here

Needs:

Emergency services/care

Pediatric, mental health

Actions:

Proper education

Retaining proper/qualified personnel

Needs:

emergency services

specialist care-re heart disease

general health care

Actions:

Make this place a worthwhile place to work

Friendly, professional environment

Sufficient attractive pay

Needs:

Pain management doctors

More doctors, different

MRI

Actions:

Heart

MRI

Pain management

Mental health



Needs:  
Ear and throat  
Pain care management  
Medical doctors and heart doctors  
Actions:

Needs:  
Education of consequences of medical services as to electronic health records of their personal health  
Education about advances in treatment via internet  
More of 1 and 2  
Actions:  
Work with schools  
Work with media

Needs:  
More doctors/specialists  
Home health/hospice  
ICU  
Actions:  
Present the critical needs to doctors and other health agencies like home health and Apismellis home healthcare

Needs:  
More doctors  
Managed care or network of primary care and specialists working together with hospitals and clinics  
Actions:  
A plan and persons to make it happen

Needs:  
Psychiatric services  
Youth counseling  
Domestic violence counseling for the victims  
Actions:  
Doctors  
Counselors for youth  
Trained personnel for victims of domestic violence

Needs:  
To accept more insurances  
Mental health referrals and options-housing  
A staff that listens to the patient more - not disclaim what they say  
Actions:  
SB County Health – Mental all work with hospital and school  
Need transportation

Needs:  
Obesity (childhood and adult)  
Cancer care (infusions)

Chronic health issues (OB/Gyn, foot care, women's issues, diabetes) need more often than once a month

Actions:

Adult care living (affordable)

More in-house doctors (now have one primary care)

VA services or info office

Needs:

Physicians who take MediCal (including pediatricians)

Transportation or clinics etc. easy to access

Affordable options (low income area)

Actions:

Some way of making services of all kinds accessible and affordable

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**Attachment IV, Description of the San Bernardino County First 5 Mapping Exercise**

On April 30, 2013, a Needles Asset mapping session was conducted in Needles. With the assistance of a number of community organizations and churches, 30 parents and other residents were recruited to participate in exercises aimed at identifying both community assets and needs.

Childcare services were provided and dinner was served...thus freeing parents for maximum participation in the mapping exercise. The process was structured to permit parents to participate regardless of education, literacy level, language spoken, or prior experience with this type of activity. "Word Clouds" were used to illustrate those resources most desired for Needles and surrounding communities. The Harder Community Research Company facilitated the exercise.

1. Childcare
2. Jobs
3. Recreation
4. Kid activities
5. Doctors
6. Employment
7. Foster homes
8. Prenatal care
9. Parenting classes
10. Preschools
11. Safe houses
12. Family activities



***Attachment V, County Health Rankings and Roadmaps and Community Health Status Indicators***

**County Health Rankings**, Since it started in 2010, ranks the health of nearly every county in the nation and is collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. The program awards grants to local coalitions and partnerships working to improve the health of people in their communities.

**Community Health Status Indicators** (CHSI) provide an overview of key health indicators for local communities to encourage dialogue about actions that can be taken. The CHSI report contains over 200 measures for each of the 3141 counties in the US.

**Attachment VI, National Stroke Association Warning Signs of a Stroke**

Learn the many warning signs of a stroke. Act FAST and CALL 9-1-1 IMMEDIATELY at any sign of a stroke. Use FAST to remember the warning signs:

**FACE:**

Ask the person to smile.

Does one side of the face droop?

**ARMS:**

Ask the person to raise both arms.

Does one arm drift downward?

**SPEECH:**

Ask the person to repeat a simple phrase.

Is their speech slurred or strange?

**TIME:**

If you observe any of these signs,

Call 9-1-1 immediately