

Sophie Caston #77
419 Fastpitch
Class of 2028



Player Information

DOB: 1/30/2010
Position: C/Utility
Bats: R
Throws: R
Height: 5' 6"

20 yard dash: 3.38
Home to home: 13.47

Defensive Stats:
Pop Time: 2.02
FP: .921

Offensive Stats:
Avg: .304
OBP: .360
SLG: .304

Contact

Player: Sophie Caston
(910) 286-9194
sophiecaston2028@gmail.com
sophie.caston@recruitinginfo.org

Parents:
Scott & Gwen Caston
(440) 228-3182
sgcaston0798@gmail.com

Travel Coach:
Aly Neace
(419) 518-0630
419.fastpitch@gmail.com

High School:
Overhills High School

High School Coach
James Thomas
jthomas3@harnett.k12.nc.us

Academics
GPA: 3.9

High School Athletic Accolades:
2025 Varsity Letter

Academic Achievements:
National Honor Society, Beta Club,
Principles List, Academic All County

Extracurricular Accomplishments:
Volunteer Youth Softball Mentor

Intended Major:
Obstetrics / Gynecology

2025 Fall schedule:

8/16 USSSA @ Raleigh, NC
8/23 USSSA @ Clayton, NC
9/6-7 PGF @ Rock Hill, SC
9/20-21 PGF @ Raleigh, NC
10/4 USSSA @ Raleigh, NC
10/11 USSSA @ Raleigh, NC
11/1 USSSA @ Clayton, NC
11/8 USSSA @ Raleigh, NC
11/15 USSSA @ Raleigh, NC

