

Easy Read Advocacy



This document will help you understand **advocacy** and **who an advocate is**.



Advocacy is when a person publicly helps to **promote, provide and protect your human rights**.



Advocacy can help **your voice be heard and your wishes met**.

Advocacy can **be used to help you become part of your community**.



Sometimes you might find it **hard to say what you want**. You might want someone to:

- **Support** you
- **Speak up** for you
- Be your **voice**.

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An advocate can be that person.

An advocate is someone who provides a **public voice** for you if you cannot or do not want to speak up yourself.



An advocate should be **fair** and treat everybody in the same way.



You can ask someone **you trust** to be your advocate, like your:

- Mum or dad
- Brother or sister
- Close friend.



Or you can ask a **professional, independent advocate** to help you and to be your voice.

They can help you make good decisions and choices that are right for you.

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Your advocate should always:

- **Listen** and **support** you
- **Take your side**
- Help you make your **own good choices and decisions.**



Your advocate can **help you:**

- Get ready for meetings
- Tell people/providers **what you want**
- By signing documents for you.



Importantly, your advocate can **represent you** and speak on your behalf.



Your advocate can help you **make a complaint** if you are not happy **with:**

- Supports provided
- The way you have been treated.



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Your advocate **can speak for you** and tell us how **you have been mistreated.**

They will help us understand the **support and assistance you need.**



Your advocate must keep your information **private.**



Not sure how to **find an advocate?**



Talk to the **Plan Manager** at
Prosper Plan Management Pty Ltd.

Call: **0428 051 001**

They will help you find an advocate.



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PLAN MANAGEMENT

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Our **Plan Manager** can also help you go online to use the NDIS Disability Advocacy Finder