

### Winnipeg Indoor Locations

| Place  | Address               | Contact   | Phone              | Days/Times  |
|--|-----------------------|---|--------------------|---|
| Archwood 55+Center                                     | 565 Guilbault Street  |   | 204-414-1067       |   |
| Bronx Park   | 720 Henderson Hwy     | Hazel   | 204-669-1710       | M- 1:00 to 4:15   |
| Good Neighbours Active Living Centre<br>(Members Only) |                       | <a href="mailto:hrudniski@hotmail.com">hrudniski@hotmail.com</a>        |                    | W- 1:00 to 4:15<br>F- 1:00 to 4:15  |
| Charleswood 55+  | 550 Dale Blvd         |   | 204-888-1192       | M- 10:00 to 11:00   |
| Westdale CC  |                       |   |                    | Tues- 1:00 to 2:00  |
|  |                       |   |                    | W- 1:00 to 2:00   |
|  |                       |   |                    | F- 10:00 to 11:00   |
| Crescentwood CC  | 1700 Corydon Ave.     |   | 204-452-9844       | Tues.&Thurs. 11:00 to 3:00  |
| Dakota Community Centre                                | 1188 Dakota St.       | Dakota Community Centre   | 204-254-1010       | M-F – 8:00AM to 12:00PM<br>4 Adv, 4 Int, 4 Novice Courts<br>Drop in fee \$5.00  |
| East Elmwood Community Centre                          | 490 Keenlyside Street | Chris Getty   | 204-667-2777       | Tuesday and Thursday 9:00am<br>- 12:00pm. Drop In \$1.00  |
|  |                       | <a href="mailto:office@eastelmwoodcc.ca">office@eastelmwoodcc.ca</a>    |                    |   |
| Glenwood CC  | 27 Overton St.        | Coralee   | 204233-6698        |   |
|  |                       |   | Cell 204-770-8732  |   |
| Greendell Community Center                             | 75 Woodlawn Ave       | Ken Kruger <a href="mailto:kenkruger@mymts.net">kenkruger@mymts.net</a> |                    | Wed and Fri 1130-1330   |
|  |                       |   |                    | Singles PB  |
| Jonathan Toews   | 1188 Dakota St.       | Melissa   | 204-254-1010 x 207 | M,T,W,T,F   |
|  |                       | <a href="http://www.dakotacc.com">www.dakotacc.com</a>                  |                    | 8:00 AM to 12:00 PM   |
| Lindenwoods CC   | 414 Lindenwood Dr. W  | Tim   | 204-487-2435       | Regular Play - Mon/Wed/Fri -<br>1:00 to 3:30 Instruction and<br>Clinics - Tues/Thurs - 1:00 to<br>3:30 Drop in fee - \$3.00 |
| Headingly CC   | 5353 Portage Ave.     | Kim   | 204-885-2444       | Call for times  |
|  |                       |   |                    |   |
|  |                       | <a href="mailto:kbartlett10@shaw.ca">kbartlett10@shaw.ca</a>            |                    |   |
|  |                       |   |                    |   |

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|--------------------------|-------------------------------------|--|--|---|
| 17 Wing Winnipeg         | 680 Whytefold Rd.                   | Ashley   | 204-833-2500 x 7013                        | T & Th 6:00 to 8:00 PM  |
|                          |                                     | <a href="mailto:ashley.mcgraw@forces.gc.ca">ashley.mcgraw@forces.gc.ca</a> |  |   |
| Community Rec            |                                     | -  |  | 6 courts  |
|                          |                                     |  |  | Drop in Fee   |
| Oak Bluff Rec Ctr        | 101 MacDonald Rd.                   |  | 204-885-2444                               | Call for times  |
| LaSalle LSCU             | 80 Provincial Rd.                   |  | 204-885-4085                               | Call for times  |
| Oxford Heights CC        | 359 Dowling Ave. E.                 | George Rodrigue  | 204-668-0039                               | Call for times  |
| Sanford Group            | J.A Cuddy School                    | Linda or Karen   | 204-736-3363                               | Call for times  |
|                          | 5 Main St.                          |  | 204-736-4354                               |   |
|                          |                                     |  | 204-885-2444                               |   |
| Norberry-Glenlee         | 26 Molgate Ave                      | Carmelle   | 204-256-6654                               | M/W/F 11:30to 4:00  |
|                          |                                     | <a href="mailto:info@norberry-glenlee.ca">info@norberry-glenlee.ca</a>     |  | Tues & Th 8:00 to 4:00  |
| Rady JCC Fitness Center  | 100-1233 Doncaster                  | radyjcc.com  | 204-477-7510                               | Mon & Fr. 11:55 to 12:50  |
| St James Assiniboia 55+  | SHCC                                | Advanced 8:00-10:15  | Kevin 204-955-7099<br>Kevinh@ketechn.mb.ca | SHCC - M/W/F 8:00 to 4:00   |
|                          | 210 Rita St.                        |  |  | September 1 to June 30  |
|                          |                                     | Intermediate 1- 10:15-12:10  | Randy 204-832-9997<br>rstrachan1@shaw.ca   |   |
|                          |                                     | Intermediate 2- 12:10-2:05   | Joan 204-995-4873                          | drop in fee \$5.00 per group  |
|                          |                                     | Novice 2:05-4:00   | Jae (204) 837-7218<br>jere@mymts.net       |   |
|                          | Westwood Church<br>401 Westwood Dr. |  |  | Westwood Church Tues 1:00 to 3:00   |
| Reh-Fit Centre           | 1390 Taylor Ave                     | <a href="mailto:reh-fit@rehfit.com">reh-fit@rehfit.com</a>                 | 204-488-8023                               | T & Th 2:00 to 4:00   |
|                          |                                     | -  |  | and 6:30 to 8:30  |
| Sunova                   | 48 Holland Ave                      |  | 204-336-0294                               | Tues & Th 1:00 to 4:00  |
| Wellness Insitute        | 1075 Leila Ave                      | <a href="mailto:info@wellnessinsitute.ca">info@wellnessinsitute.ca</a>     | 204-632-3947                               | Call for times  |
| Winakwa Community Centre | 980 Winakwa Road                    | Dino Morin   | 204-253-4418                               | Monday and Wednesday 8:30am - 2:00pm  |
|                          |                                     |  |  | Fridays from 8:30am -12:00pm<br>\$50.00 for 3 month membership<br>or \$4.00 drop in fee |

