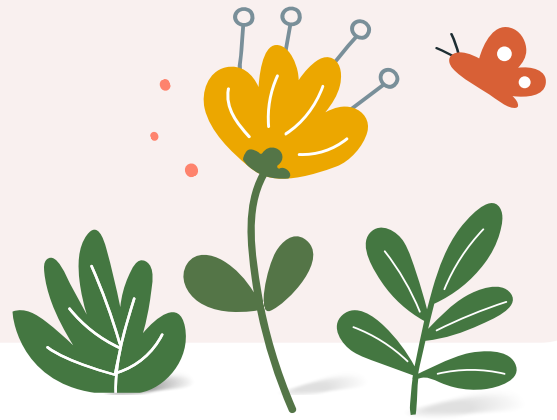


# NCHOG



476701

April 2026



# DIRECTOR'S

## Corner



As the Director of North Cascade Harley Owners Group #476701, a chapter belonging to the greater National Harley Owners Group (HOG), I really look at what we do, why we do it and what things are really important. As the Director, I think these questions are key to managing a chapter. An over-used cliché often uttered or printed is that we should just "Ride and Have Fun." Frankly, that kind of over-simplifies things. If we restricted our "fun" to just when we are riding, then we would be missing out on a heck of a lot of "fun." For instance, take our 1st Sunday General Meetings. Probably about a third of the time, our weather does not encourage folks to ride to the meetings and as such, there is no "After Meeting Ride." But the meeting in and of itself is fun. A lot of fun! Same holds true for our Officer Meetings, our HOG Trough dinners, our Breakfast with Friends, dealership BBQ's, Pool Shoots, Bowling, and Christmas Party just to name a few of the activities that keep our chapter members connected and "having fun." Have you ever decided to play hooky from work when an impromptu "Mid-Week Ride" is announced? THAT is fun! Try it, you'll like it! There is a lot of work the officers put into planning and organizing. There are frustrations at times when things do not go right. We sometimes struggle to find help, and things cost more than we want, etc.... but if we keep our main purpose in focus, these things are okay. That's right, keeping our main purpose in focus. Our roots are based in our shared interest and love for our Harley-Davidson motorcycles. From those roots, the "trees" of friendship have matured and grown over the years through our shared experiences. Whether riding or socializing, we have become family.

And that exactly is what is important.

I am not by nature a competitive person. Rather, I try to do my best. I firmly believe that we all, each day, try to do our best. No one gets up in the morning and decides, "I think I'll screw up today." I don't believe that happens. But we are all human and along with that, well, sometimes we win and sometimes we screw up. But it's okay, as long as we've tried to do our best. It's a good way to end a day when you finally lay your head down on that pillow and drift off knowing that you did your best. Always though, we have to keep in mind that this is a chapter of members. Some, decide to serve as officers for a season or two or more. Others raise their hand when the chapter calls for help. Overall, though, we are all just a group of riders, current and former. It really is a member's chapter and not a work organization with owners, bosses, or managers. Success depends on all of us to make it the best chapter we can.

Looking at it this way makes it a lot more enjoyable. Unlike a job, if things in our chapter do not go as planned or as desired, it is fine. We could eliminate all meetings, events, activities, and just focus on the simple task of riding and we would still be a great chapter. But we would be losing so much more. I enjoy all the other things we do and most of the time they go great. The rare times they do not, it is the members who are speaking with actions and telling us this event or activity is not important. We have dropped some rides and activities based on this. Again, this is fine because it is a member's chapter. At the same time, it is incumbent on members to be active. Either by being an officer or by being an active member. Letting your officers know what you think is helpful and crucial to a healthy chapter environment that works for all members and makes us all glad that we are part of it.

Moving into April the riding season here in the Northwest is starting to come to life and we are all cranked about that! I'm also excited to see you again soon, whether at a meeting, a chapter activity or at one of the many events at our sponsoring dealership, Sound Harley-Davidson.

Have a great day and feel blessed in this Greatest Nation on God's Green Earth!

~Jerry

2nd Annual  
**Fish & Chips**  
**RUN**  
TO OCEAN SHORES  
May 15th & 16th  
Rain or Shine!

WE WILL MEET AT THE KEYSTONE FERRY DOCK ON FRIDAY & ARRIVE IN OCEAN SHORES IN TIME FOR DINNER AT BENNETTS CHOWDER HOUSE. THERE WILL BE TIME FOR A WALK ON THE BEACH SATURDAY A.M. BEFORE WE HEAD HOME! A BLOCK OF ROOMS WILL BE AVAILABLE AT COMFORT INN. RSVP OR QUESTIONS: DONI 425.478.3037 OR JERRY 425.308.1517



*Clear out the winter cobwebs and kickstart the season with a bike trip to the coast for awesome fish and chips!*

# ASSISTANT DIRECTOR

April 2026 | NCHOG



In February and early March my cell phone was blowing up with phone calls from potential spam numbers. I now have a new Samsung Galaxy 26 Android phone. It comes with a call feature that screens my calls for me. The spam calls have been silenced. Hooray!

Our Rockies2Pacific event is coming up fast. I'm pleased to announce that we have enough Road Captain and Sweep volunteers from NCHOG, Great Northwest and Puget Sound HOG to cover our full complement of guided rides. Thanks everyone. However, there are still plenty of volunteer opportunities available. Please add your name to the sign-up sheet at a future meeting or contact Pam and Mark Reeves directly. They are the volunteer coordinators for R2P.

Contact John G at (360) 739-4386 or [johng-nchog@comcast.net](mailto:johng-nchog@comcast.net)

Let's Ride,

John Garrigues

NCHOG Assistant Director



# NCHOG 2026 STATE PARK CHAPTER CHALLENGE.

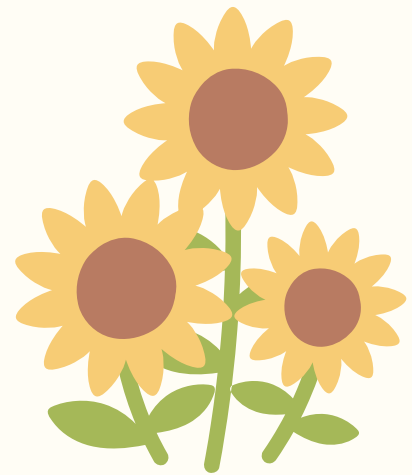
1/1/2026 through 10/31/2026

10 Washington State Parks — Visit 8 parks to earn a 2026 challenge patch!  
You must take a picture of you and your bike in front of a landmark or signage and submit to Head Road Captain, John G.

1. Moran - Orcas Island, Washington
2. Dosewallips - Brinnon Washington
3. Mount Spokane - Mead, Washington
4. Wanapum - Vantage Washington
5. Beacon Rock - Stevenson Washington
6. Cape Disappointment - Ilwaco Washington
7. Ocean City - Hoquiam Washington
8. Pearrygin Lake - Winthrop, Washington
9. Bridgeport - Bridgeport, Washington
10. Lewis and Clark Trail - Toledo Washington



(Extra point for picture with tent) 🤔 😊 😄



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# R2P NEEDS YOU!



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*Volunteer signups are happening now through the end of April!*

*If you haven't contacted Mark or Pam yet, now's the time to do so.*

*There's something for everybody to do, no matter your challenges or skill set.*

*You don't have to commit for the whole event, we work around your schedule.*

*Come join the fun and be a part of the party!*

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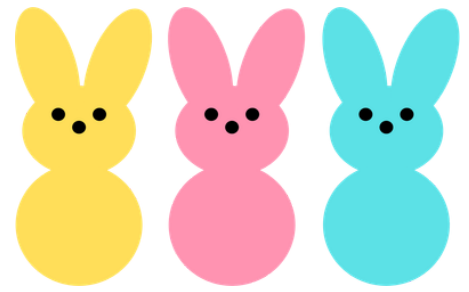
**SAFE. FUN. LEARNING.**

- Learn to Ride Classes
- Washington Motorcycle Testing
- Private Lessons
- Cascade Gymkhana
- Cascade Street Strategies



**CascadeMotoSafety.com**

# April 2026



SUN 29	MON 30	TUE 31	WED Apr 1	THU 2	FRI 3	SAT 4
<b>AFTER MEETING RIDE</b> 8:30am Pre-meeting 10am APRIL Membe						<b>EASTER RIDE</b> 8am R.O.C. Training
5 Easter Sunday	6 Easter Monday	7	8	9	10	11
12	13	14	15 Tax Day	16	17	18 Third Saturday Ride
19	20	21	22	23	24	25 5 PM Spaghetti Feed Hog Trough
26	27	28 5pm Officers Meeting	29	30	May 1	2

**Take Note: April Meeting is THIS Sunday, March 29!**





Long Term Member Ken Simmons



Bowling Fun at Strykers!



The Good ol' Days!



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# In Memorium

## MARJORIE ANN DANNENMILLER

June 10, 1946~March 1, 2026



BOW, WA — Marjorie A. Dannenmiller passed away on March 1st, 2026, at the age of 79.

Marjorie was born in Burlington on June 10th, 1946, to Horace and Ellen Wright. She grew up in Burlington attending grade school and graduating from Burlington Edison High School in 1964. After high school she attended Skagit Success Business College.

Marjorie enjoyed playing LRC with friends at the Eagles and riding her Harley with the HOG group and the Ladies of Harley.

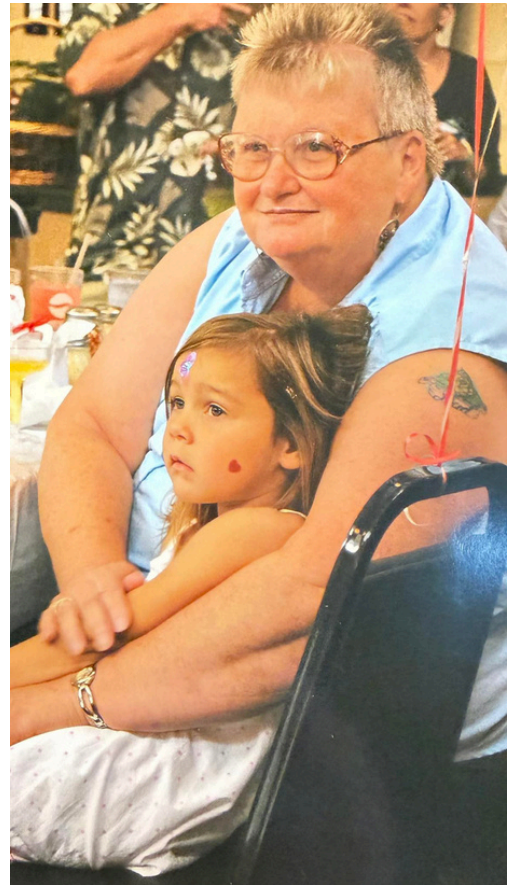
Marjorie worked in the Skagit Valley most of her life with longest being Foothills Toyota and Pioneer Center North.

Marjorie is survived by her husband Randy of 52 years, daughter Maria, granddaughter Miranda (Jeremy) Cross, granddaughter Camille Timlin, great-grandchildren Gavin, Harper, Ty, Taylee, James III,



Jasmine and Jacklyn, brother Dennis (Lei) Wright, Sister Kathi (Jim) Conat, numerous cousins, nieces and nephews and her very special best friend Katie Marrs. Marjorie is preceded in death by her parents Horace and Ellen Wright, sister and brother-in-law JoEllen and Selmer Peterson, parents-in-law Ed and Helen Dannenmiller.

A graveside service will be held at Bow Cemetery on Tuesday, March 10th, 2026, at 1:00pm with a potluck reception of sandwiches, salads and finger foods at the Eagles in Burlington from 2:00 pm to 4:00 pm.



Mark Reeves  
Cell 425.210.1221  
Hm 360.629.2625  
Pam Reeves  
Cell 425.330.8236



### Praying For Healing

We have had a month of an abundance of health issues including the loss of Margie. Her service was the same day Pam was at Cherry Hill Hospital for her 6th heart procedure, which was very successful. We must pray for Deb.F. who has had a recurrence of cancer to fight. Darlene H. is going between hospital and convalescent care. Rick and Donna battle each day, just to name a few

3 John 1:2 (NIV)

Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

Isaiah 40:29 (NIV)

He gives strength to the weary and increases the power of the weak.

Lord please bless our family and our Country  
Love you all, Mark



# From Historian Mona Hering



Members of two South Sound chapters of the national Women on Wheels motorcycle organization ride from Auburn to Issaquah. JANET JENSEN/The News Tribune

## WHEELS CONTINUED FROM C1

transportation until she accidentally stumbled on the Mecca of motorcycling, Sturgis S.D.

Since the 1930s, motorcyclists from all over the country have been converging on the city each summer for races, rallies and raucous fun. Today, the event attracts hundreds of thousands of people.

But Alexander knew nothing of Sturgis' reputation the year she took her kids to see Mount Rushmore and South Dakota's Black Hills.

The noisy bikes around Sturgis drove her husband - now her ex - crazy. But they were music to the ears of Alexander. She vowed that once her kids were grown up, she was going to get her own motorcycle.

As a single mom, she remembers having to dip into her Harley fund to buy the kids shoes.

But she eventually got her own bike. Riding it makes her feel closer to her son, who died in a car accident at age 18. She wears a white butterfly pin on her leather vest in his honor.

"After he died, I needed to be alone with my grief," she says. "It's therapy. It's relaxing."

*"It forces you to put aside the day's problems."*

**JAN ROARK**

Biking takes concentration and focus, say the women riders. And they all say the best way to get started motorcycling is to take a safety course.

Motorcyclists need to stay constantly aware of what the cars around them are doing. Often, drivers of cars can't see them approaching.

"You need to drive defensively," says Jan Roark, who drives a 1500cc Gold Wing two-wheel motorcycle that's powerful enough to haul a small pop-up camper. "You need to concentrate on the road when you're out in the open on a bike."

But like other women in the motorcycle clubs, she finds the need to focus relaxing, rather than stressful.

"It forces you to put aside the day's problems," Roark says.

Jeanette Sayers, chapter director of Olympic Thunder, grew up in a family of cyclists that includes both her parents, aunts, uncles and brothers-in-law, among others. But she says being part of a club makes riding fun.

She was happy to find Olympic Thunder after moving to Washington state two years ago from Utah.

"Some of these gals are now my best friends," she says. "They're kind of like family."

Savanna Stevens started riding 11 years ago.

"I wanted to take possession of my own life," says the grandmother of five. That's one reason her Harley is called "Freedom."

She wants to get a new bike, and pass on "Freedom" to the oldest of her five grandchildren, who just graduated from high school. And she will direct the oldest to keep passing it down in the family until every grandchild has had a chance to taste "Freedom."

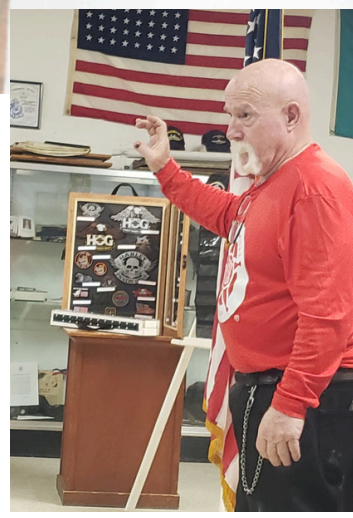
Debbie Cafazzo: 253-597-8635  
debbie.cafazzo@thenewstribune.com

**Come To A Meeting!  
It's Fun!  
And there's Food!  
Our Next Meeting is  
March 29, 2026**

**Breakfast @ 8:30 - 9:30  
Meeting @ 10**



**And there's prizes to be had!**



# HEAD ROAD CAPTAIN

APRIL 2026



## **HOG, The World's Greatest Motorcycle Riding Club**

The days are getting longer, and the weather is beginning to improve. Have you been out to view the daffodils in Mount Vernon? The tulips will be out soon.

Have you heard the news about the recent rockslides on Northbound I-5 just before Bellingham, Chuckanut Drive and Highway 20? The ground has been saturated by rain. The rain is quickly melting the mountain snow and causing floods on the Nooksack, Skagit, Stillaguamish, Skykomish, and Snoqualmie rivers. I hope that everyone can stay dry.

Near Future Rides will depend on the weather.

- Sun, Mar 29 – After Meeting Ride, John G
  - Sat, Apr 4 – Easter Ride, Kurt M
  - Sat, Apr 18 – Third Saturday Ride, Jerry
- Watch for a Mid-Week Ride announcement when the weather is too good to pass up

Let's Ride,  
John Garrigues  
NCHOG Head Road Captain  
[johng-nchog@comcast.net](mailto:johng-nchog@comcast.net)



# Motorcycle Safety

Jim Self

Getting back into motorcycle riding shape is about rebuilding three things at the same time: physical readiness, mental sharpness, and riding skill memory. Whether you've been off the bike for months or years, easing back in deliberately makes riding safer — and more enjoyable.

Here's a practical, rider-focused approach you can follow.

## 1. Mental Readiness — Rebuild the Rider Mindset

Your brain is your primary safety system. Skills fade faster mentally than physically.

Focus on:

- Situational awareness — constantly scanning 12–15 seconds ahead
  - Risk prediction — asking “What could go wrong here?”
  - Patience over speed — smooth riding beats aggressive riding
  - Relearning traffic patterns — drivers may not expect motorcycles
- Good habits to restart
- Full head checks before lane changes
  - Verbalizing hazards while riding (“car pulling out,” “gravel ahead”)
  - Ride shorter distances first to rebuild concentration endurance

## 2. Physical Conditioning for Riding

Motorcycling uses endurance and fine muscle control more than brute strength.

Key areas to train

Core strength

- Stabilizes your body during braking and cornering
- Planks, bird dogs, light rotational exercises

Leg strength

- Supports balance at stops and slow-speed maneuvers
- Squats, step-ups, wall sits

Grip & forearms

- Reduce fatigue and whiskey throttle risk
- Stress ball squeezes, light dumbbell holds

Neck & shoulders

- Helmet weight + wind fatigue add up quickly
- Gentle stretches and resistance band work

Even 10–15 minutes, 3–4 times per week makes a noticeable difference.

## 3. Eyes and Vision Skills (Often Overlooked)

Returning riders commonly stare too close to the bike at first.

Practice:

- Keep eyes level with the horizon
- Look through turns, not at the pavement
- Use mirrors every 5–8 seconds
- Avoid target fixation — look where you want the bike to go

## 4. Skill Reconditioning (Start Like a Beginner Again)

Treat yourself as a refresher student, not an experienced rider returning.

Parking-lot drills (best first step)

## Motorcycle Safety - Continued

Jim Self

- Friction zone control
- Smooth starts/stops
- Tight turns & figure-8s
- Emergency braking practice
- Quick swerves

Start slow – muscle memory returns quickly but confidence often returns faster than skill.

### 5. Bike Familiarization

Before longer rides:

- Check tire pressure and age
- Practice braking feel again
- Relearn throttle sensitivity
- Adjust controls and mirrors
- Do a short neighborhood ride first

Even the same motorcycle can feel different after time away.

### 6. Progressive Return Plan (Recommended)

Week 1:

Short 15–30 minute rides, low traffic.

Week 2:

Add moderate roads and gentle curves.

Week 3–4:

Longer rides, varied speeds, light highway exposure.

After Month 1:

Resume normal riding distances.

#### Common Returning–Rider Mistakes

- Overestimating retained skill
- Riding too far too soon
- Death grip on handlebars
- Looking down in turns
- Ignoring fatigue signals

#### Quick Self–Check Before Each Ride

Ask yourself:

- Am I alert and focused?
  - Do I feel relaxed on the controls?
  - Am I scanning far enough ahead?
  - Am I riding smoothly instead of fast?
- If yes – you're rebuilding correctly.

# LOOKING AHEAD

APRIL 2026



## Monthly Meetings

**Take Note of Change in Dates & Locations!!**

March 29 - Sedro Woolley Legion  
May 3 - Sedro Woolley Legion  
May 31 - Burlington Haggan  
July 5 - Sedro Woolley Legion  
August 2 - Sedro Woolley Legion

## Upcoming Rides

**April 4 - Easter Ride:** 1:00 PM KSU @ Sound Harley; 2:00 PM KSU @ Holiday Market; 3:15 Jimmy's Pizza (9819 WA 532, Stanwood); 4:45 PM Stanwood Foursquare Church (27008 90<sup>th</sup> Ave NW Stanwood)

**April 18 - 3<sup>rd</sup> Saturday Ride**

**May 3 - After Meeting Ride**

**May 15/16 - Fish and chips run to Ocean Shores**

**May 31 - After meeting ride**

**June 20 - 3<sup>rd</sup> Saturday Ride**

**July 10 - 12 - Chaplain's Ride to Winthrop; 9:30 AM KSU @ Sound Harley**

**July 16-19 - Rockies 2 Pacific**

**April 4 - Easter Bunny Photos 11 AM**

Sound Harley Davidson

**April 25 HOG Trough: 5 PM**

Spaghetti Feed Fundraiser @ Sedro Legion

**June 20 - Bike Blessing/BBQ @ Sound Harley**

**June 27 - Bike Show @ Sound Harley**

## Upcoming Fun Stuff

**Look for details on chapter picnics, parties and rides on Facebook and the NCHOG web page!**