

TIME STORE

Benoni

MAR/APR 2025

SEX.Ed
Chasteness

MENTAL HEALTH
Thought Process

COMIC
Majesty

Cinematic
Moment of
Realization
in MOVIES.

Holy Words
LYRIC TAVERN

**AUTUMN
WARDROBE**
Buzzin' Items

Scan Me



The New Age
MESIAH

Eazz Meroud



MARCH/APRIL
2025

Content Within

- Pg -4 ● THOUGHT PROCESS
- Pg - 6 ● SEX EDUCATION
- Pg -11 ● WORKOUT ROUTINE
- Pg -13 ● ARIES SEASON
- Pg - 15 ● MAJESTY: EP 5
- Pg - 21 ● CINEMATIC: MOVIES
- Pg - 24 ● THE NEW AGE MESSIAH
- Pg -28 ● SUNSET SOUNDS
- Pg - 29 ● HOLY WORDS - LYRICS
- Pg - 30 ● AUTUMN WARDROBE
- Pg - 34 ● CREDITS

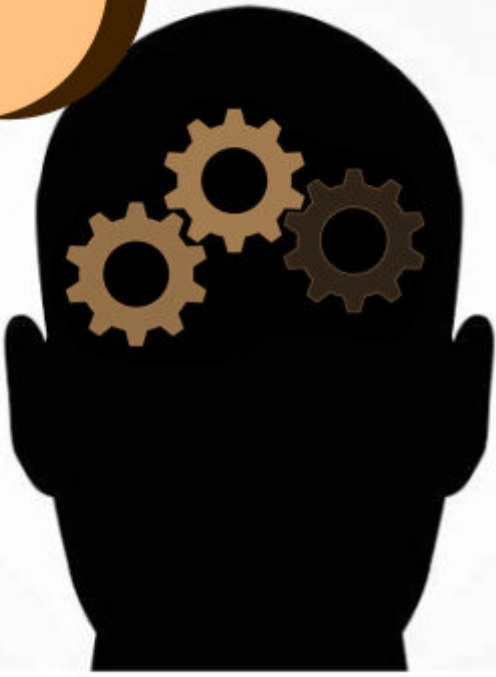
INLINKS INLINKS



Mental Health



THOUGHT PROCESS



ALMOST EVERYONE WHOM HAVE
LIVED IN THIS PLANET HARDLY
UNDERSTANDS HOW THEIR BRAIN
WORKS OR FORMULATE THOUGHTS
AND IDEAS. IN THIS ISSUE WE
WILL TRY TO PAINT A VIVID
PICTURE ON HOW DOES THE
THOUGHT PROCESS HAPPEN.



WHAT IS IT?



An activity in your brain that generates about 25 watts of electricity, where, your brain is either receiving, manipulates, or stores information in less than 150 milliseconds.

Everyone on their daily basis uses their minds to access memories, familiar images, whether, for purposes of continuation from previous mind activities based on what information was sent to the brain or voluntary to remember something, someplace, some event, or generally stressful of things our minds could not make peace with. It is very imperative to understand how our brains work in order to connect with the present and how our future images can be created along how they would be received. For instance, you can plan to do

a task by simply imagining yourself actually doing it, that only can give you an idea on how amazing the thought process would just connect all the components (emotions, judgement, and environmental cognitive), you'll need to fulfil the task altogether. But the only simple part is to instruct yourself to just get up and physically do the task simple as that.



CHASTENES



SEX Ed



Tetelo's Beauty Hands



Our Service:

- Free-hand Braiding ✓
- Cluster Lashes ✓
- Individual Lashes ✓
- Knotless Braiding ✓

Book Now!

0769667551 

6073 Nanaberry Street 
Chief Albert Luthuli Park
Benoni, 1501

HERE, ARE WAYS TO REMAIN PURE PLUS BENEFITS OF BEING CELIBATIC THIS SEASON -

Under the umbrella of Easter season, where pureness engulfs the world, a peaceful mournful atmosphere of sort like taking a break from something. For sex.ed in this issue focuses on celibacy or chasteness - meaning taking time off having sex for certain reasons; might be for health reasons, in a long distance relationship, or for religious reasons. As though, having an active sex life might be in contrast to celibacy dilemma as people believe having an active sex life have benefits and so being celibate. In a world that glorifies instant gratification, celibacy stands as a radical yet empowering choice.



Celibacy is often misunderstood as mere abstinence from sex, but its true essence lies in discipline, transformation, and the conscious redirection of energy. It is a journey of physical, mental, and spiritual elevation—one that enables individuals to unlock higher levels of clarity, purpose, and success.

Whether pursued for spiritual reasons, personal development, offers a powerful path to freedom, focus, and fulfillment. But how does one truly harness this practice? And what are the profound benefits hidden within celibacy? Let's dive deep.

Benefits of CELIBACY:

Mental Clarity and Enhanced Cognitive Function

- Sharper focus and concentration
- Better memory retention
- Increased problem-solving abilities
- Heightened creativity

Physical Vitality and Increased Energy

- Physical stamina
- Greater endurance and strength
- Youthful vitality and anti-aging effects

Emotional Stability and Inner Peace

- Reduced anxiety and emotional turmoil
- A stronger sense of self-worth
- Detachment from external validation
- Increased patience and emotional intelligence

This newfound emotional strength allows celibate individuals to build healthier relationships based on trust, mutual respect, and intellectual connection rather than physical dependency.

Celibacy and Personal Success: The Hidden Secret of High Achievers

Throughout history, some of the most successful leaders, athletes, and visionaries have attributed their achievements to celibacy. Mahatma Gandhi, a man who led a revolution with sheer willpower and wisdom, practiced celibacy to conserve his mental and physical energy for social reform. Similarly, Nikola Tesla, one of the greatest inventors of all time, once stated: Their celibacy was not about rejection of pleasure—it was about maintaining undistracted focus on their life's work.



How to Practice Celibacy Successfully

Celibacy requires discipline, but with the right mindset and strategies, anyone can achieve it.

1. Set a Clear Purpose

Define why you are choosing celibacy:

- Spiritual growth
- Career focus
- Emotional healing
- Athletic performance

2. Control Your Environment

Eliminate triggers that may tempt you, such as:

- Explicit content in media
- Toxic relationships
- Late-night distractions

3. Redirect Your Energy

Sexual energy must be channeled productively.

Engage in:

- Fitness and sports
- Meditation and prayer
- Building a business or skill
- Creative pursuits like writing, music, or painting



ELECTRICAL SERVICES

Say goodbye to Household wiring problems with our expert electrical solutions.

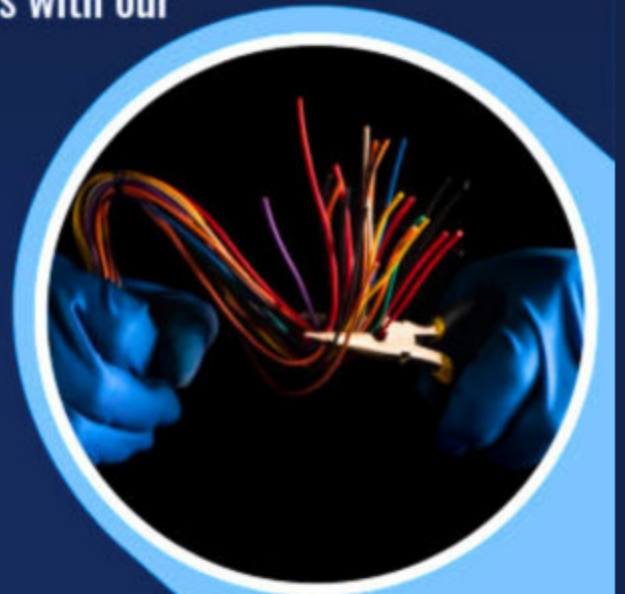
OUR SERVICES:

- Household wiring
 - CCTV installation
- Electric fence
 - Lights installation
- Geyser installation
 - Complete DB wiring
- Gas repair (Heater)

CONTACT INFORMATION:

 **Kamalan Govender**
079 400 5093

 **Godfrey Ngoben**
066 224 4782



WE SUPPLY

Light Bulbs, Plugs, Sockets, Geyser Timer, Wiring, CCTV cameras, etc.



FITNESS

**SETUP YOUR OWN WINTER
WORKOUT ROUTINE &
WEEKLY SCHEDULE
WITH: EXPRESS WORKOUTS**

Free your body from shackles of heaviness and constant fatigue, with easy steps to begin your fitness journey in this autumn season and get a grip to a good active routine.



In the beginning when you want to plan your workout schedule and diet - first you have to set a goal to what achievement you want for your health. It could be to reduce body weight, to have a nice fit body with abs or having an active healthy lifestyle that includes working out. Fitness express have general workout routine for beginners:



1. JOGGING

Jog around for at least 10 mins, twice a day or 20 mins once a day, for 3 days a week. The body needs to heat up and burn excess fat in your body.



2. WARMING-UP

There's various ways to warm up before workout is important to allow your body to easy adapt to the atmosphere. You can start by kicking the air, swing your upper body left to right with your arms in folding position and your legs spread out still.



3. BODY STRETCHING

An essential part of working out, is to stretch after each workout, to avoid cramps and muscle pulls. Simple way to it: while standing, bent over and touch your toes either with legs close, crosses, or and spread. Back stretch, by spread your legs straight and bend backwards with your hands on your waist.



4. PUSH-UPS

One of the best exercise to begin your routine with. You need to be able to lift your own body, at first it would be hard, however, you can start with 10 push -ups per day everyday until the weight of your body feels lighter.



5. HYDRATE

During workouts, your body losses lot of water due to sweating and it is also very imperative to fuel it with water. Drink water to maintain balance and a healthy diet as well.

ARIES

SEASON



Date

21 MARCH - 19 APRIL

Ruling Planet

Mars

Element

Fire

*H*APPY  *G*ALLERY

ISSUE
#1

MAJESTY



EPISODE 5



VERY WELL,
PLEASURE DOING
BUSINESS WITH
YOU.

LIKEWISE...





YOUR
MAJESTY
...
GENERAL.



THIS
DOESN'T FEEL
RIGHT.

WHAT
IDIOTS.

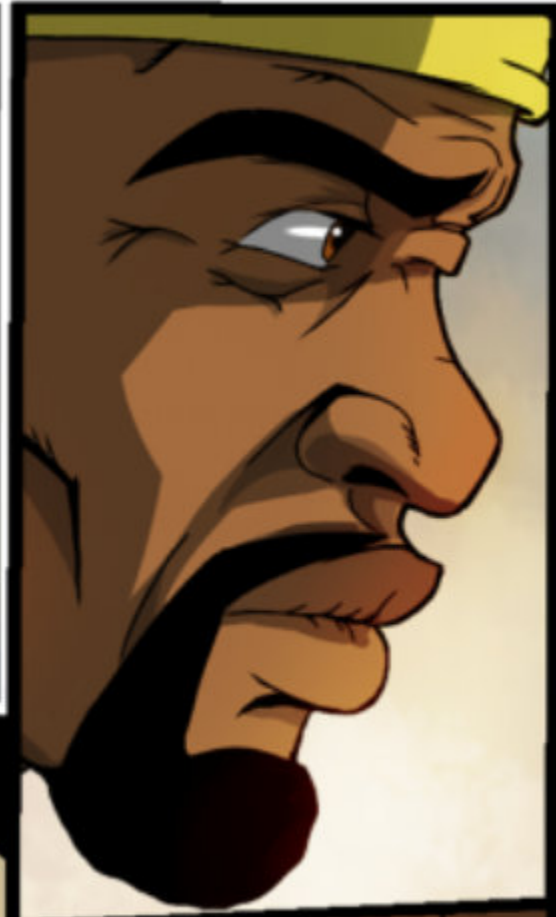
NONE OF
YOU KNOW WHAT'S
COMING NEXT...

NONE OF YOU.
!!!





ARE
YOU SURE
ABOUT THIS?



SCARED
OF A LITTLE
CHANGE?



...I JUST
DON'T TRUST
THEM...



Jewel Beauty Studio

BEAUTY SALON

OUR SERVICES:

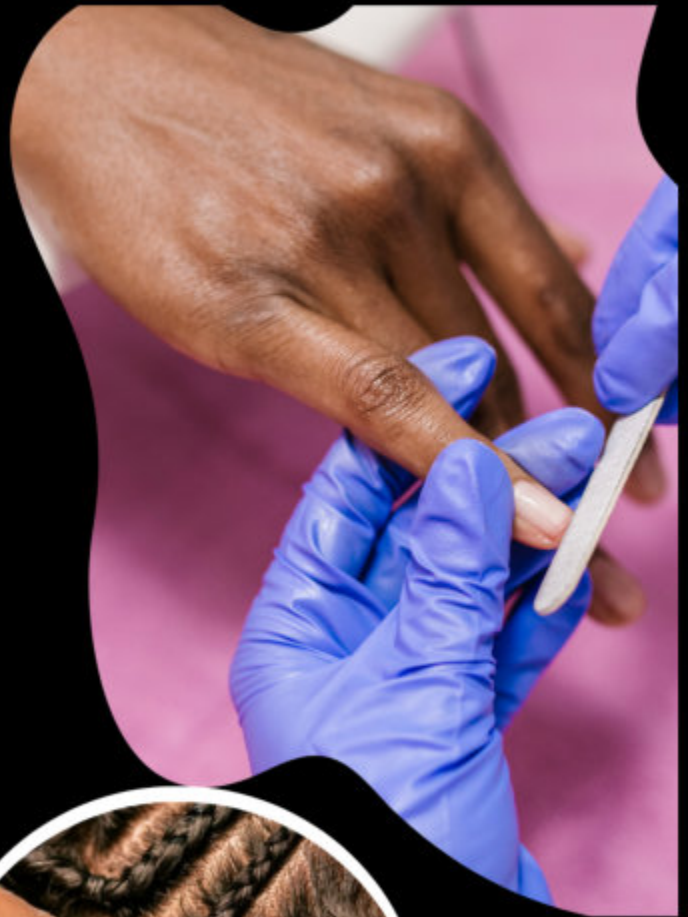
- Braiding
- Manicure
- Pedicure



BOOK NOW

☎ 068 368 1789

📍 Cloverdene, Chief Luthuli
Park, ext 6, phase 3.
Next to the Park



Cinematic

Moment of realization, in a motion picture.

A must watch list of movies where characters understand the quest at hand to get through. These are the moments somehow even as viewers we connect the dots and realize the message of the plot on how the director or the writer shows the elements of emotion emission, realism and impact of the character's portrayal of the role. Even the flow on the story begins to make a huge turn - unexpected plot-twist. Movie lovers would appreciate the list we have compiled for this issue:

The Wolf of Wall Street (2013)

Comedy/Thriller
DIR. MARTIN SCORSESE

Introduced to life in the fast lane through stockbroking, Jordan Belfort takes a hit after a Wall Street crash. He teams up with Donnie Azoff, cheating his way to the top as his relationships slide.

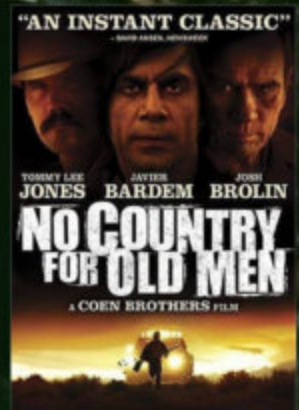


No Country For Old Men (2007)

Western/Thriller

DIR. ETHAN & JOEL COHEN

A hunter's life takes a drastic turn when he discovers two million dollars while strolling through the aftermath of a drug deal. He is then pursued by a psychopathic killer who wants the money.



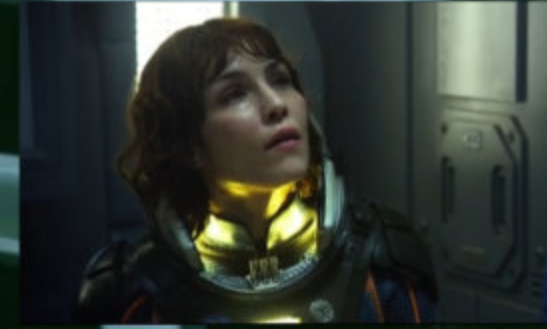
Cinematic

Moment of realization, in a motion picture.

Prometheus (2012)

Sci-Fi/Horror

DIR. RIDLEY SCOTT



After a clue to mankind's origins is discovered, explorers are sent to the darkest corner of the universe. Their different expectations take a toll on them when they find something unimaginable.



Thriller/Action

DIR. ALFONSO CUARON

A hunter's life takes a drastic turn when he discovers two million dollars while strolling through the aftermath of a drug deal. He is then pursued by a psychopathic killer who wants the money.



The Brutalist (2024)

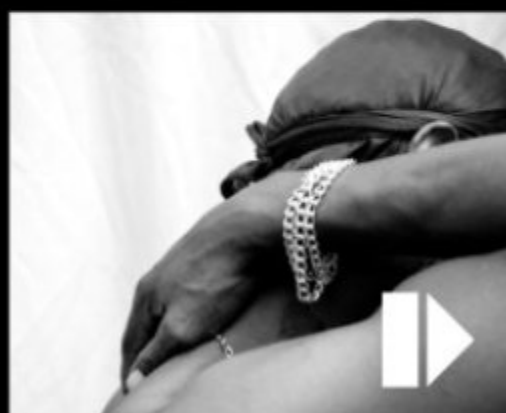
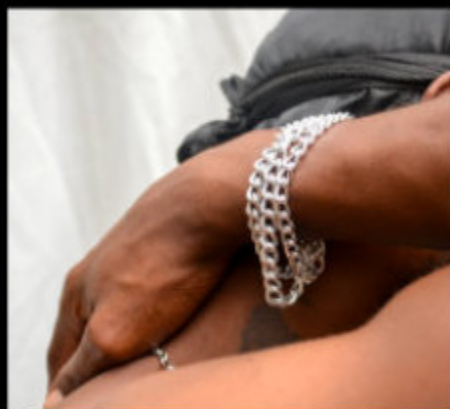
DIR. BRANDY CORBET

Drama/History



Escaping postwar Europe, a visionary architect comes to America to rebuild his life, his career, and his marriage. On his own in a strange new country, he settles in Pennsylvania, where a wealthy and prominent industrialist recognises his talent.





The New Age MESSIAH

What an exuberant feeling to have an exclusive interview with the new age messiah of South Africa Hip Hop.

Article by
Inno Josh

Photographed by
Hail The Vision

On the contrary to the now technological world where, everyone seem to be globally lobotomized - A robotic and dependent behavior as a result of tirelessly in pursuit of freedom and happiness. Somewhere around the corner of the globe, the streets mummurs the name of the new age MESSIAH, whose purpose isn't quite different from what nature intended: to produce fruits of knowledge to men living in various ways. However, the hip hop savior has brought rhymes, flows and freshest vibrant sounds up in your eardrums.

Time store Magazine presents: Emmanuel Emeraude aka EAZZ MEROUD, a hip hop trap/rap, recording artist and producer, based in Johannesburg (South Africa). In regards to how fate sometimes sets up obstacles along the track to your dream goal, and we always find our way around them. Pulling up socks had become our daily habit as though the mindset is susceptible to objectify failure as the death of our dreams, rather, as an opportunity to experience the process throughout. Of course, we wouldn't have had a conversation with Eazz Meroud or-

published this article, if Eazz hadn't held it together to get this far and conquered his challenges - both as a person and an artist, navigating his way in this life. Eazz's life had never been perfect, then nor now. But things are much easier today - in contrast to the atrocious event that happened when he was young, which intensified his family's faith and vigorous church visits: wherefore, Eazz did not only recognize the lord as the source of life, -





but also discovered his love to music too. The church's environment encouraged him to garner confidence in his social life amongst his then peers, essentially learning to play most of the instruments the church possessed at the time. Microscopically, tracing his musical genes, and finding that his bloodline is full of musical geniuses and music lovers, passed down to him. An abundance of ancestral musical knowledge in a human form.

Over the years different people have their own ways to express how they feel using various mediums or platforms - some paint, some are actors and actresses, others are poets and more others and their ways. It is the process that involves one being able to translate raw emotions into tangible products for the masses to receive the message. Music could be the viable way to extract images from his thoughts sent to his ego to our ears. Though music can be categorized with different genres, however, for Eazz to relay his emotions, Hip Hop music is preferable for the intended notion.



SECOND HAND BRAND

THRIFT
FRENZY



Combining all the music knowledge he had garnered including with his bloodline in music, he finally got to witness the greatness at first hand. In 2020 during COVID -19, Eazz started working on creating hip hop instrumentals/beats, also on the other hand he was still doing some production work for the church, for his fellow church members: whom are doing Gospel music. His musical background is so great that it wasn't a rocket science to establish himself as an artist, when it took off in the following year with a song titled 'Heading To Greatness', prompting the possibility to his way to the top. For a guaranteed desired outcome, you should structure the process to conform with your abilities and talent, and for Eazz Meroud that is the part he is fond of. He worked on numerous project thereafter, with collaborations with 031Choppa on a song titled 'Eazz summary', and yet another collab with the South African Hip Hop veteran, Kid X on a heartwarming song called 'Fed Up'- a single extracted from his debut album (Third Eye's Perspective). He even shot music videos for respective song.

The love that he has for music is unmatched to anything you can think of right now. His dedication grows exponentially and the sound evolves - visit his spotify catalogue and listen from first song to last, Eazz is the proof of tireless workmanship, within a span of five years his catalogue is three scrolls to reach the bottom.

In spite to all the oncoming avalanche of challenges the music business has- especially as an independent artist, can break you if you are weak. The best way to overcome is to remain yourself and be grounded as possible, thats how Eazz move in these streets. However, a dream to be signed by a recored deal was never subsided, given what the label offers plus the resources you get to work with.

His latest Ep title L'ambiance basically means 'vibes' in french - out on all DSPs- a joyous upbeat sounds project beckoning how he felt at the time.

2025, has much locked in the vault for us, we still have to find out what it is- on that note Eazz Meroud will be looking forward to more stage performances and more music is coming.

MESSEGE VAULT

TO: Big Eazz

*"Dear future, I'm working
hard to make you
proud Big Eazz,
I promise to never stop
and keep going we got this".*



PLAYLIST UPDATE SunSetVibe



ADD THESE SONG TO YOUR PLAYLIST
TO SIMULATE SUNSET OR EXPERIENCING
LIVE, HOWEVER IT IS, ENJOY.

**Eazz Meroud
FT. KID X**

FED-UP

Kanye West

**FOLLOW
GOD**

Travis Scott

**STOP TRYING
TO BE
GOD**

Jay-Z

4:44

**Drake
FT. PND**

CN TOWER

Smino

No L's

Ella Mai

LAY-UP

Aaron May

LET GO

Redveil

WEIGHT

**The Weeknd
FT. Playboi Carti**

TIMELESS

GUNNA

ARGENTINA

**Don Toliver
FT. Travis Scott**

YOU

**Trippie Redd
FT. Col Leray**

**EVERYTHING
BoZ**





Music is defined by the beat and lyrism. This issue we scouted few bars from different artist around the globe.

Biking
"God gave you
what you could
handle"

Frank Ocean

*Do For
Love*

"I should've seen you
was trouble right from
the start, taught me so
many lessons"

2Pac

*REACH THE
SUNSHINE*

"It's only us left.
Dividing time,
livin' between
the lines. Only
one goal: to reach
the sunshine.

Lil Yachty

*One Bad
Decision*
"Rather give
my time back
than spen it
on a timepiece".

Roddy Ricch

CHAMPION

"When I see the
man in the mirror,
me no run. Cause
I know I'm the one"

A-Reece

Used

"Moments
stolen
taste
better"

SZA

Klipa

"Taba e kopele
ke heaven or
hell"

Thato Saul

TOLD ME

"I woke up this
morning and I
was higher than
Jesus woah"

Future

No Face

"I'm over the
moon, yeah,
we'll see you
boys soon"

Drake

AUTUMN WARDROBE

Buzzin' Items

Zip up your jacket, cold seasons are upon us. Buzzin' Items went to look inside the wardrobe for AUTUMN outfits. Get your style on point this autumn with these items and stay relevant within the fashion society.



1



2



3



4





AUTUMN WARDROBE Buzzin' Items



5

6



7



AUTUMN WARDROBE Buzzin' Items

1. Loafers Black Unisex
2. Black Leather Jacket Men
3. Black Leather Jacket Ladies
4. Unisex Puffer Jacket
5. Black Beannie
6. Formal Trousers Men
7. Cargo Baggy Pants



TIME STORE MAGAZINE

READ
THE
Universe

2025

CREDITS

SBUDA

THULI BLOSSOM

INNO JOSH

RASH-CASH

MASH REAPER

MAVERICK RSA

X

HAILTHEVISION

HAPPI GALLERY

TIME STORE MAGAZINE

Time Store Group © 2024