



COMMUNICATING with *Grace* IN FAMILY RELATIONSHIPS

Grace-filled communication builds strong families, heals hurts, and reflects the heart of Christ.

WE ARE EACH OTHER'S KEEPER. – Genesis 4:9 (NIV)



Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

– Colossians 4:6 (NIV)

GUIDED BY THE LORNA PILLARS

3 KEYS FOR GRACE-FILLED COMMUNICATION IN YOUR FAMILY

1 RELATIONAL EQUITY

See people the way God sees them.

Be quick to listen, slow to speak and slow to become angry.
– James 1:19 (NIV)



IN THE FAMILY

- Listen before you respond.
- Ask questions before assuming.
- Respect each person's story and background.

REMEMBER:

We all see life through different experiences and biases. Choose compassion over judgment.

Reflection:

Have I truly listened to understand, or just to reply?

2 OWNERSHIP ACTIVATION

Take responsibility for your words.

Death and life are in the power of the tongue.
– Proverbs 18:21 (NKJV)



IN THE FAMILY

- Speak to build up, not tear down.
- Apologize quickly and sincerely.
- Avoid gossip, sarcasm, and harsh tones.

REMEMBER:

Your words can heal, encourage, and restore—just like Abigail's words brought peace. (1 Samuel 25)

Reflection:

Do my words reflect love, respect, and honor?

3 NAVIGATIONAL STRATEGY

Understand the power of holy silence.

Be still, and know that I am God.
– Psalm 46:10 (NIV)



IN THE FAMILY

- Pause before you react.
- Not every moment needs a response.
- Choose silence for wisdom, not for punishment.

REMEMBER:

Sometimes silence is protection, prayer, and preparation—not rejection or weakness.

Reflection:

Is my silence rooted in wisdom or in hurt?



“Speak the truth in love, growing in every way more and more like Christ.”

– Ephesians 4:15 (NIV)



BRINGING IT HOME

Grace-filled communication looks like:

- ♥ Calling instead of texting when it's serious.
- ♥ Encouraging instead of criticizing.
- ♥ Understanding instead of assuming.
- ♥ Forgiving instead of holding grudges.
- ♥ Praying together instead of arguing.



FAMILY IS A GIFT FROM GOD.

Let's honor each other with words that reflect Christ.

Let no corrupt communication proceed out of your mouth, but that which is good for edifying...

– Ephesians 4:29 (KJV)



A Prayer for Our Families

Lord, teach us to speak with wisdom, listen with compassion, and respond with grace. Heal the places in us that speak from hurt instead of holiness. Help us understand one another, honor one another, and reflect Your love in every conversation. In Jesus' name, Amen.



SONG REMINDERS

“Speak to My Heart” – Donnie McClurkin
Speak to our hearts, Lord, before we speak to others.

“I Need You to Survive” – Hezekiah Walker
We need each other. We are all a part of God's body.

