



SENIOR CLUB SCHEDULE 2024

8 - 8:30 AM	BREAKFAST/COFFEE/CONVERSATION
8:30 - 10 AM	SMALL GROUP ACTIVITIES AND AM SNACK
10 - 11 AM	*INTERGENERATIONAL FUN*
11 - 12 PM	EXERCISE AND TRIVIA
12 - 1 PM	LUNCH TIME AND VISITING
1 - 2 PM	**SPECIAL AFTERNOON ACTIVITY**
2 - 3 PM	DISCUSSIONS AND ACTIVE GAMES
2:30 - 3 PM	PM SNACK TIME
3 - 3:30 PM	ACTIVITY WITH THE KIDS
3 - 5 PM	GROUP ACTIVITIES AND GOOD-BYES

INTERGENERATIONAL ACTIVITIES VARY DAILY. PLEASE SEE
MONTHLY CALENDAR ON WEBSITE OR BRIGHTWHEEL.

SPECIAL AFTERNOON ACTIVITIES
MONDAY - SPORTS AND CURRENT EVENTS
TUESDAY - SPA DAY (HAND MESSAGES)
WEDNESDAY - BIBLE STUDY & HYMNS
THURSDAY - GENTOG CHOIR
FRIDAY - BINGO