

Moments that Matter

Gentog - Where generations connect, care and grow together.



May 2026

#adultdaymoments

11535 SW Durham Rd, Ste. C5, Tigard, OR 97224

503-639-2600



Senior Club Activity Calendar

May 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
8:45-Baby Time
10-Art Adventures
10:30-Bubbles
1 - Art w/ Music
3-Games

4
8:45-Baby Time
10-Art Adventures
10:30- May The
4th Be with You-
Dance Party
1 - Sports Fans
3-Story Time

5
8:45-Baby Time
10-Ukulele Lessons
10:30-Cinco de
Mayo Art
1 - Sr Choir
3-ASL Lessons
**Happy Cinco
De Mayo!**

6
8:45-Baby Time
10-Baby Animals
1 - Bible Talk
3-Yoga

7
8:45-Baby Time
10-Ukulele Lessons
10:30-Volleyball
1 - Gentog Pokeno
3-Music Lessons
5 - Family Fellowship
"Just Give Me Jesus"

8
8:45-Baby Time
10-Art Adventures
10:30-Building
Blocks
1 - Art w/ Music
3-Coloring

11
8:45-Baby Time
10-Art Adventures
10:30-Bean Bag Toss
1 - Sports Fans
3-Story Time

12
8:45-Baby Time
10-Ukulele Lessons
10:30-Art
1 - Senior Choir
3 - ASL Lessons

13
8:45-Baby Time
10:30- Music
w/ Brother Sidney
1 - Bible Talk
3-Yoga

14
8:45-Baby Time
10-Ukulele Lessons
10:30-Obstacle
Course
1 - Gentog Pokeno
3-Music Lessons
5 - Family Fellowship
"Sing-Spiration"

15
8:45-Baby Time
10-Art Adventures
10:30-Games
1 - Art w/ Music
3-Hide and Seek


18
8:45-Baby Time
10-Art Adventures
10:30-Bingo
1 - Sports Fans
3-Story Time

19
8:45-Baby Time
10-Ukulele Lessons
10:30-Art
1 - Senior Choir
3-ASL Lessons

20
8:45-Baby Time
10:30-60s & 70s
Music w-Ken
Brewer
1 - Bible Talk
3-Yoga

21
8:45-Baby Time
10-Ukulele Lessons
10:30-Puzzles
1 - Gentog Pokeno
3-Music Lessons
5 - Family Fellowship
"Lay My Burdens
Down"

22
8:45-Baby Time
10-Art Adventures
10:30-Accordion
w- Joe Szabo
1 - Art w/ Music
3-Hopscotch

25

**MEMORIAL
DAY**
Center Closed

26
8:45-Baby Time
10-Ukulele Lessons
10:30-Art
1 - Senior Choir
3-ASL Lessons

27
8:45-Baby Time
10:30-50s & 60s
Music w-Dave
Dohren
1 - Bible Talk
3-Yoga

28
8:45-Baby Time
10-Ukulele Lessons
10:30-Bowling
1 - Gentog Pokeno
3-Music Lessons
5 - Family Fellowship
"I'm Gonna Light
A Candle"

29
8:45-Baby Time
10-Art Adventures
10:30-Parachute
1 - Art w/ Music
3-Bubbles

Intergenerational Activities

Senior Club Only

Families Activities

Daily Schedule



MONDAY - FRIDAY

EARLY RISERS

8am - Breakfast Club

8:30 - Baby Visits in Family Room

AM SESSION:

9 - Small Group Activities

9:30 - Snack & Conversation

10 - Exercise Class

10:30 - IG (Intergenerational) / Small Groups

11: - Trivia / Brain Games

12:10pm - LUNCH & FUN

PM SESSION:

1 pm - Club Time (See Calendar)

2 pm - Yoga/Balance Class

2:30 - Snack and Table Games

3 - Children Visit Grandparents' Room

3:30 - Group Activities /Music/Visiting

HAPPY HOUR

4pm-5pm - Group Choice

SATURDAY

10 am- Greetings & Hot Chocolate

11 - Exercise/Active Games

Noon - Lunch & Fun

1 - Crafts/Games/Trivia

2 - Active - Music, Dancing, Games

3- Good-byes

SPECIAL EVENTS FOR CAREGIVERS

- Monday, 5/4 @ 9:30am - Basics of Caregiving - (*FREE Training Class for Family Caregivers*)
- Thursday, 5/7 @ 3:00pm - Care Partner Support Group
- Thursday, 5/7 @ 5:00pm - Family Fellowship
- Monday, 5/11 @ 9:30am - Care Partner Support Group
- Thursday, 5/14 @ 3:00pm - Basics of Caregiving - (*FREE Training for Family Caregivers*)
- Thursday, 5/14 @ 5:00pm - Family Fellowship
- Thursday, 5/21 @ 3:00pm - Care Partner Support Group
- Thursday, 5/21 @ 5:00pm - Family Fellowship
- Thursday, 5/28 @ 3:00pm - Jammin with Joe
- Thursday, 5/28 @ 5:00pm - Family Fellowship
- **SPECIAL EVENT**
• Saturday, 5/30 @ 4:00pm (Doors Open @ 3:30pm)
Lexi Tucker - Live in Concert @ Gentog

Intergenerational Connections are Everything



Intergenerational connections are truly special. They have the power to transform lives, alleviate feelings of loneliness and depression, and create joy for everyone involved. We love the moment depicted above, shared between a young adult, a child, and an elder – three generations connecting, sharing laughter, and building lasting memories. These moments are precious, and at Gentog, we get to witness those magical moments every day.

We feel especially blessed to enjoy intergenerational connections between our own family members. Our Senior Care Director is pictured on the front of this month's edition...she is surrounded by 4 of her grandchildren...all of whom attend our preschool program. She enjoys seeing them every day at work...but this is nothing new. Gentog's first infant was Cathy's eldest granddaughter. Family is everything, and Cathy is very happy to share hers with the "grandparents" at Gentog.

Find and follow our Intergenerational Daycare here:

www.gentog.com

[Facebook.com/GentogLLC](https://www.facebook.com/GentogLLC)

[Instagram.com/GentogDaycare](https://www.instagram.com/GentogDaycare)

[YouTube.com/c/GentogLLCTigard](https://www.youtube.com/c/GentogLLCTigard)

Learn about our Caregiver Services and Events here:

www.gentogcs.org

[Facebook.com/GentogCS](https://www.facebook.com/GentogCS)

[Instagram.com/GentogCS](https://www.instagram.com/GentogCS)

