



## Senior Club Schedule 2023

8-8:30	BREAKFAST/COFFEE/CONVERSATION
8:30-10	SMALL GROUP ACTIVITIES/AM SNACK
10-11	INTERGENERATIONAL FUN *
11-11:30	EXERCISE/TRIVIA
10-12	ALTERNATE SMALL GROUP ACTIVITIES
12-1	YUMMY LUNCH/VISITING
1-2	SPECIAL AFTERNOON ACTIVITY **
2-3	DISCUSSIONS/ACTIVE GAMES
2:30-3	SNACK TIME WITH THE KIDS
3-5	GROUP ACTIVITIES/GOOD-BYES

**\* Intergenerational activities vary daily. See monthly calendar on website or brightwheel.**

**\*\* Special afternoon activities:**

**Mon - Table Games**

**Tue - Spa Day (Hand Massages)**

**Wed - Bible Story & Hymns**

**Thu - Gentog Choir**

**Fri - BINGO**

**Member schedules can vary. Please provide advance notice of planned visits or of modifications to the normal drop off/pick up times and days.**