



ODE CNP CACFP Menu Form



Sponsor name/site name FALL 2025 MENU E

Month and Year December 1-5, 2025

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods	Chicken Fingers (CP) Potato Wedges Bread (WW) Green Beans Pears Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Peaches Whole or 1% Milk	Chicken Chow Mein(HM) (Grilled Chicken, Green peppers, carrots, Onions, cabbage, noodles) Bread (WG) Applesauce Whole or 1% Milk	Spaghetti & Meatballs Mixed Vegetables Bread (WW) Mandarin Oranges Whole or 1% Milk	Grilled Cheese (WW) (Meat Alt) Tossed Salad Tomato Soup Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.