

## **ODE CNP CACFP Menu Form**



Sponsor name/site name Gentog Menu F - 2025

Month and Year 5/5/25 - 5/9/25

| Meal Patterns  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|---|---|---|--|
| Breakfast  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods | Scrambled Eggs<br>Toast (WW)<br>Pears<br>Whole or 1% Milk                         | Light Vanilla NF Yogurt<br>(w/granola for seniors)<br>Toast (WW)<br>Peaches<br>Whole or 1% Milk | Pancakes<br>Tropical Fruit<br>Whole or 1% Milk  | Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk               | Cereal Choice – Oatmeal<br>or Cheerios<br>Toast (WW)<br>Mandarin Oranges<br>Whole or 1% Milk |
| AM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains              | Cheez It Crackers<br>String Cheese  | English Muffins<br>Cheddar Cheese Slices  | Raisin Toast<br>Applesauce  | Cottage Cheese<br>Pineapple   | Yogurt<br>Pretzels   |
| Lunch  Fluid Milk  Meat or meat alternate  Vegetables  Fruits/Veg  Grains  Other Foods   | Chicken Fingers (CP) Tater Tots Bread (WG) Green Beans Pineapple Whole or 1% Milk | Scrambled Eggs Sausage Links Potatoes O'Brien Sour Dough Toast Pears Whole or 1% Milk           | Ham & Cheese Bow Tie<br>Pasta<br>Bread (WW)<br>Broccoli<br>Mandarin Oranges<br>Whole or 1% Milk | Beef Stew w/carrots Potatoes & peas Buttermilk Biscuit Peaches Whole or 1% Milk | Fish Tacos<br>Cole Slaw<br>Peas<br>Fruit Cocktail<br>Whole or 1% Milk                        |
| PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains              | Happy Cinco De Mayo!  | Graham Crackers<br>Apple Butter Dip   | Vanilla Wafers<br>Banana Slices   | Goldfish Crackers<br>Sliced Apples  | Triscuits<br>Orange Slices   |

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.