

ODE CNP CACFP Menu Form



May 13-17, 2024

Sponsor name/site name Gentog Menu C 2023

Month and Year

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Oatmeal Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) Fluid Milk Meat or meat alternate Vegetables Fruits Grains	Graham Crackers Raisins	English Muffins Melted Cheese	Ritz Crackers Sliced Cheddar Cheese	String Cheese Pineapple	Yogurt Pretzels
 Lunch Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Lasagna w/meat Green Beans Bread (WW) Pineapple Tidbits Whole or 1% Milk	Pork Tenderloin Scalloped Potatoes Carrots & Peas Bread (WW) Pears Whole or 1% Milk	Taco Salads w/ground beef, lettuce, tomatoes, cheese Refried Beans Corn Tortilla Chips Mandarin Oranges Whole or 1% Milk	Chicken Pot Pie Casserole w/Mixed Vegetables (HM) Bread (WG) Peaches Whole or 1% Milk	Baked Ham Slices Mashed Potatoes Broccoli Fruit Cocktail Bread (WW) Whole or 1% Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Orange Slices Triscuits	Bananas Graham Crackers	Vanilla Wafers Raisins	Goldfish Crackers Sliced Apples	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.