



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu D 2023

Month and Year May 20-24, 2024

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Oatmeal Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Graham Crackers Raisins	English Muffins Melted Cheese	Raisin Toast Applesauce	String Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Swedish Meatballs (Beef) (CP) over noodles Broccoli Bread (WW) Pineapple Tidbits Whole or 1% Milk	Ravioli Casserole (HM) (Italian Sausage & Cheese, pasta for grains) Tossed Salad w/Italian Dressing Italian Bread Pears Whole or 1% Milk	Turkey w/gravy Stuffing Green Beans Bread (WW) Mandarin Oranges Cranberry Sauce Whole or 1% Milk	Chicken Enchiladas (HM) (chicken, tortillas, cheese & sauce) Corn Corn Bread Peaches Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Orange Slices Triscuits	Bananas Graham Crackers	Vanilla Wafers Raisins	Goldfish Crackers Sliced Apples	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.