



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu F - 2023

Month and Year June 3-7, 2024

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Oatmeal Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Graham Crackers Raisins	English Muffins Melted Cheese	Goldfish Crackers String Cheese	String Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Chicken Fingers (CP) Tater Tots Bread (WG) Green Beans Pineapple Whole or 1% Milk	Goulash (HM) (Ground Beef, Cheese, Noodles) Peas Pears Whole or 1% Milk	Ham Sandwiches with Tomatoes & Lettuce (WW) Potato Chips Broccoli Mandarin Oranges Whole or 1% Milk	Beef Stew w/carrots Potatoes & peas Buttermilk Biscuit Peaches Whole or 1% Milk	Chili Con Carne (CP) (hamburger & cheese) Corn Bread Peas Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Orange Slices Triscuits	Bananas Graham Crackers	Vanilla Wafers Raisins	Goldfish Crackers Sliced Apples	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.