



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog A - 2024

Month and Year September 2-6, 2024

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	Labor Day – Center Closed	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Oatmeal Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 		English Muffins Melted Cheese	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods 		Sweet & Sour Chicken With Rice, Peas & Carrots (HM) Bread (WW) Pears Whole or 1% Milk	Salisbury Steak Mashed Potatoes Bread (WW) Green Beans Mandarin Oranges Whole or 1% Milk	Breakfast Casserole (Sausage, Eggs, Potatoes O'Brien) Pancakes Applesauce Whole or 1% Milk	WW Spaghetti W/ Meatballs (HM) (WW) Mixed Vegetables Bread Sticks Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 		Graham Crackers Apple Butter Dip	Vanilla Wafers Sliced Bananas	Goldfish Crackers Sliced Apples	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.