



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu F - 2024

Month and Year Oct 7-11, 2024

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Oatmeal Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	String Cheese Cheeze Itz Crackers	English Muffins Melted Cheese	Goldfish Crackers String Cheese	Cottage Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Chicken Fingers (CP) Tater Tots Bread (WG) Green Beans Pineapple Whole or 1% Milk	Chicken Taquitos Refried Beans Cooked Corn Pears Whole or 1% Milk	Ham & Cheese Bow Tie Pasta Broccoli Mandarin Oranges Whole or 1% Milk	Beef Stew w/carrots Potatoes & peas Buttermilk Biscuit Peaches Whole or 1% Milk	Fish Tacos Cole Slaw Peas Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Orange Slices Triscuits	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.