



# ODE CNP CACFP Menu Form



Sponsor name/site name 2026 Spring / Summer – Week 5

Month and Year July 20<sup>th</sup> – 25<sup>th</sup>, 2026

| Meal Patterns   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|---|--|--|--|
| <b>Breakfast</b><br><ul style="list-style-type: none"> <li>• Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> </ul>          | Scrambled Eggs<br>Toast (WW)<br>Pears<br>Whole or 1% Milk                 | Light Vanilla NF Yogurt (w/granola for seniors)<br>Toast (WW)<br>Peaches<br>Whole or 1% Milk  | Pancakes<br>Applesauce<br>Whole or 1% Milk   | Sandwich – (WW) English<br>Muffin w/Sausage<br>Mandarin Oranges<br>Whole or 1% Milk                    | Cereal Choice – Oatmeal or Cheerios<br>Toast (WW)<br>Fruit Cocktail<br>Whole or 1% Milk                                      |
| <b>AM Snack</b><br>(Select 2 of 5 components)   | Cheez It Crackers<br>String Cheese  | English Muffins<br>Cheddar Cheese Slices  | Raisin Toast<br>String Cheese  | Cottage Cheese<br>Wheat Thins  | Yogurt<br>Pretzels   |
| <b>Lunch</b><br><ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> <li>• Other Foods</li> </ul> | Fish Tacos<br>Cole Slaw<br>Tortillas<br>Peas<br>Pears<br>Whole or 1% Milk | Meatloaf (Beef / HM)<br><i>Alt: Veggieloaf</i><br>Tater Tots (Potatoes)<br>Green Beans<br>Bread (WW)<br>Peaches<br>Whole or 1% Milk | BBQ Chicken<br><i>Alt: Veggie BBQ</i><br>Potato Salad (HM)<br>Whole Wheat Dinner Rolls (WG Bread)<br>Green Beans<br>Applesauce<br>Whole or 1% Milk | Swedish Meatballs (Beef) (CP) over noodles<br>Broccoli<br>Bread (WW)<br>Applesauce<br>Whole or 1% Milk | Scrambled Eggs<br>Sausage Links<br><i>Alt: Veggies</i><br>Potatoes O'Brien<br>Pancakes<br>Fruit Cocktail<br>Whole or 1% Milk |
| <b>PM Snack</b><br>(Select 2 of 5 components)   | Graham Crackers<br>Apple Butter Dip                                       | Vanilla Wafers<br>Banana Slices   | Triscuits<br>Orange Slices   | Goldfish Crackers<br>Sliced Apples   | Ritz Crackers<br>Beef Stick  |
| <b>Saturday Am Snack:</b>   |   |   | <b>Saturday Lunch:</b>   |  |  |
| Light Vanilla NF Yogurt<br>Toast (WW)   |   |   | Baked Ham Slices<br>Potatoes Au Gratin<br><i>Alt: Veggie BBQ w/ Rolls (WG)</i><br>Broccoli<br>Mandarin Oranges<br>Bread (WW)<br>Whole or 1% Milk   |  |  |

Note: Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.