



ODE CNP CACFP Menu Form



Sponsor name/site name FALL 2025 MENU A

Month and Year January, 26th – 30th 2026

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Chicken Quesadillas Refried Beans Cooked Corn Pears Whole or 1% Milk	Ham & Cheese Bow Tie Pasta Bread (WW) Broccoli Peaches Whole or 1% Milk	Pot Roast (Beef) Mashed Potatoes Cooked Carrots Bread (WG) Applesauce Whole or 1% Milk	Turkey w/gravy Stuffing Green Beans Bread (WW) Mandarin Oranges Cranberry Sauce Whole or 1% Milk	Sloppy Joes Sandwiches Mixed Vegetables Pickles Corn Chips Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.