



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog – Menu Z 2025

Month and Year August 11th – 15th, 2025

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none">• Grains, or meat/meat alternate (no more than 3 times per week)• Vegetables or Fruits• Fluid Milk• Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits• Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits/Veg• Grains• Other Foods	Grilled Cheese (WG) (Meat Alt) Tossed Salad Tomato Soup Pineapple Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Fruit Cocktail Whole or 1% Milk	WW Spaghetti W/ Meatballs (HM) (WW) Mixed Vegetables Bread Sticks Peaches Whole or 1% Milk	Beef Stew w/carrots Potatoes & peas Buttermilk Biscuit Mandarin Oranges Whole or 1% Milk	Chicken Fingers (CP) Tater Tots Bread (WG) Green Beans Pears Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits• Grains	Quesadillas	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Goldfish Crackers Sliced Apples	Triscuits Orange Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.