

## **ODE CNP CACFP Menu Form**



Sponsor name/site name \_\_FALL 2025 MENU C

**Month and Year** 

November 17-21, 2025

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select two of these five components) Fluid Milk Meat or meat alternate Vegetables Fruits Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch  • Fluid Milk  • Meat or meat alternate  • Vegetables  • Fruits/Veg  • Grains  • Other Foods	Cheeseburgers (meat, cheese, lettuce & tomato) French Fries Broccoli Pears Whole or 1% Milk	Sweet & Sour Chicken With Rice, Peas & Carrots (HM) Bread (WW) Peaches Whole or 1% Milk	Spam Fried Rice (HM) with Mixed Vegetables Bread (WW) Applesauce Whole or 1% Milk	Chicken Macaroni & Cheese (HM) Broccoli Bread (WW) Mandarin Oranges Whole or 1% Milk	Bowl of Chili French Fries Mixed Vegetables Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items. This institution is an equal opportunity provider.