



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu D 2025

Month and Year 7/14/25 – 7/18/25

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none">• Grains, or meat/meat alternate (no more than 3 times per week)• Vegetables or Fruits• Fluid Milk• Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits• Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits/Veg• Grains• Other Foods	Swedish Meatballs (Beef) (CP) over noodles Broccoli Bread (WW) Pineapple Tidbits Whole or 1% Milk	Ravioli Casserole (HM) (Italian Sausage & Cheese, pasta for grains) Tossed Salad w/Italian Dressing Italian Bread Pears Whole or 1% Milk	Turkey w/gravy Stuffing Green Beans Bread (WW) Mandarin Oranges Cranberry Sauce Whole or 1% Milk	Chicken Enchiladas (HM) (chicken, tortillas, cheese & sauce) Corn Corn Bread Peaches Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits• Grains	Quesadillas	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Goldfish Crackers Sliced Apples	Triscuits Orange Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.