



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog – Menu B 2025

Month and Year 6/30/25 – 7/04/25

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Fruit Cocktail Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Grilled Cheese (WG) (Meat Alt) Tossed Salad Tomato Soup Pineapple Whole or 1% Milk	BBQ Chicken Potato Salad (HM) Whole Wheat Dinner Rolls (WG) Green Beans Pears Whole or 1% Milk	Pot Roast (Beef) Mashed Potatoes Cooked Carrots Bread (WG) Mandarin Oranges Whole or 1% Milk	Chicken Chow Mein(HM) (Grilled Chicken, Green peppers, carrots, Onions, cabbage, noodles) Bread (WG) Peaches Whole or 1% Milk	Center Closed
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Quesadillas	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Goldfish Crackers Sliced Apples	Triscuits Orange Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.