

## **ODE CNP CACFP Menu Form**



Sponsor name/site name

FALL 2025 - MENU F

**Month and Year** 

**December 8-12, 2025** 

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast  Grains, or meat/meat alternate (no more than 3 times per week)  Vegetables or Fruits Fluid Milk Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch  • Fluid Milk  • Meat or meat alternate  • Vegetables  • Fruits/Veg  • Grains  • Other Foods	Fish Tacos Cole Slaw Peas Pears Whole or 1% Milk	Meatloaf (HM) Tater Tots Green Beans Bread (WW) Peaches Whole or 1% Milk	BBQ Chicken Potato Salad (HM) Whole Wheat Dinner Rolls (WG) Green Beans Applesauce Whole or 1% Milk	Baked Ham Slices Potatoes Au Gratin Broccoli Mandarin Oranges Bread (WW) Whole or 1% Milk	Scrambled Eggs Sausage Links Potatoes O'Brien Pancakes Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.