



# ODE CNP CACFP Menu Form



Sponsor name/site name 2026 Spring / Summer – Week 4

Month and Year July 13<sup>th</sup> – 18<sup>th</sup>, 2026

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> </ul>	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
<b>AM Snack</b> (Select 2 of 5 components)	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	Salisbury Steak (Beef) <i>Alt: Veggie Steak</i> Mashed Potatoes Bread (WW) Green Beans Pears Whole or 1% Milk	Pork & Broccoli over Rice <i>Alt: Tofu w/ Broccoli over Rice</i> Bread (WW) Peaches Whole or 1% Milk	Beef Taco Salads w/ lettuce, tomatoes, cheese <i>Alt: Veggie Taco Salad</i> Refried Beans Corn Tortilla Chips Fruit Cocktail Whole or 1% Milk	Ravioli & Cheese <i>Alt: Veggie Sweet &amp; Sour w/ Rice</i> Tossed Salad w/ Italian Dressing Italian Bread Mandarin Oranges Whole or 1% Milk	Chicken Corn Chowder <i>Alt: Corn Chowder w/ Veggie Fried Rice</i> Turkey Sandwich w/lettuce & tomato Fruit Cocktail Whole or 1% Milk
<b>PM Snack</b> (Select 2 of 5 components)	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick
<b>Saturday Am Snack:</b>			<b>Saturday Lunch:</b>		
Light Vanilla NF Yogurt Toast (WW)			Swedish Meatballs (Beef) (CP) over noodles <i>Alt: Plant Based Meatballs over noodles</i> Broccoli Bread (WW) Applesauce Whole or 1% Milk		

Note: Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.