

ODE CNP CACFP Menu Form

Sponsor name/site name FALL 2025 MENU A

Month and Year December 15th – 19th, 2025

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast - Grains, or meat/meat alternate (no more than 3 times per week) - Vegetables or Fruits - Fluid Milk - Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select two of these five components) - Fluid Milk - Meat or meat alternate - Vegetables - Fruits - Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch - Fluid Milk - Meat or meat alternate - Vegetables - Fruits/Veg - Grains - Other Foods	Chicken Quesadillas Refried Beans Cooked Corn Pears Whole or 1% Milk	Ham & Cheese Bow Tie Pasta Bread (WW) Broccoli Peaches Whole or 1% Milk	Pot Roast (Beef) Mashed Potatoes Cooked Carrots Bread (WG) Applesauce Whole or 1% Milk	Turkey w/gravy Stuffing Green Beans Bread (WW) Mandarin Oranges Cranberry Sauce Whole or 1% Milk	Sloppy Joes Sandwiches Mixed Vegetables Pickles Corn Chips Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) - Fluid Milk - Meat or meat alternate - Vegetables - Fruits - Grains	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.