

## **ODE CNP CACFP Menu Form**



Sponsor name/site name Gentog Menu D 2025

Month and Year 01/27/25 - 01/31/25

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
• Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) Fluid Milk Meat or meat alternate Vegetables Fruits Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
<ul> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	Swedish Meatballs (Beef) (CP) over noodles Broccoli Bread (WW) Pineapple Tidbits Whole or 1% Milk	Ravioli Casserole (HM) (Italian Sausage &Cheese, pasta for grains) Tossed Salad w/Italian Dressing Italian Bread Pears Whole or 1% Milk	Turkey w/gravy Stuffing Green Beans Bread (WW) Mandarin Oranges Cranberry Sauce Whole or 1% Milk	Chicken Enchiladas (HM) (chicken, tortillas, cheese & sauce) Corn Corn Bread Peaches Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Quesadillas	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Goldfish Crackers Sliced Apples	Triscuits Orange Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.