



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu E 2025

Month and Year 7/21/25 – 7/25/25

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Beef Hot Dogs on Buns Cup of Chili French Fries Mixed Vegetables Pineapple Tidbits Whole or 1% Milk	Meatloaf (Hamburger) (HM) Scalloped Potatoes Green Beans Bread (WW) Pears Whole or 1% Milk	Chicken Mac and Cheese (HM) Broccoli Bread (WW) Mandarin Oranges Whole or 1% Milk	Chicken Stew (HM) with Chicken, tomato base, peas, carrots Rice Peaches Bread (WW) Whole or 1% Milk	Sloppy Joes Sandwiches Carrots Pickles Corn Chips Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Quesadillas	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Goldfish Crackers Sliced Apples	Triscuits Orange Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.